



## Bill buys childhood home DISCOUNT HOUSE SALES TAKE-OFF

**THE FIRST** surplus police house to be sold under the new discount scheme is to be handed over this month.

Ex-PC Bill Pepper, who just recently retired as the beat officer at Rettendon, is to buy the old police house at South Woodham Ferrers, at what he describes as "a very fair price."

This move is a particularly happy time for Bill. The South Woodham Ferrers house was his home as a child. His father was the residential bobby in the village.

Tentative



Ex PC Bill Pepper and the house, his new home.

The new scheme to sell surplus houses was announced to the force only two weeks ago and represents 6 years of negotiations and behind-the-scenes activity.

The Essex Police Federation made its first tentative steps to suggesting

a discount scheme in 1976, but the scheme didn't really get off the ground until the Housing Act in 1980, and the governments determination to sell-off council houses. Consent was given to the police

authorities to look into the matter, and the present scheme grew out of that.

Federation Secretary, Jim Rogers was delighted to see the scheme getting off the ground. "We're especially delighted that Bill was the first," he says, "Not only did he come within the discount scheme, his case also demonstrates how an officer can save up his tenancy towards getting the maximum discount on a surplus house he hasn't even lived in."

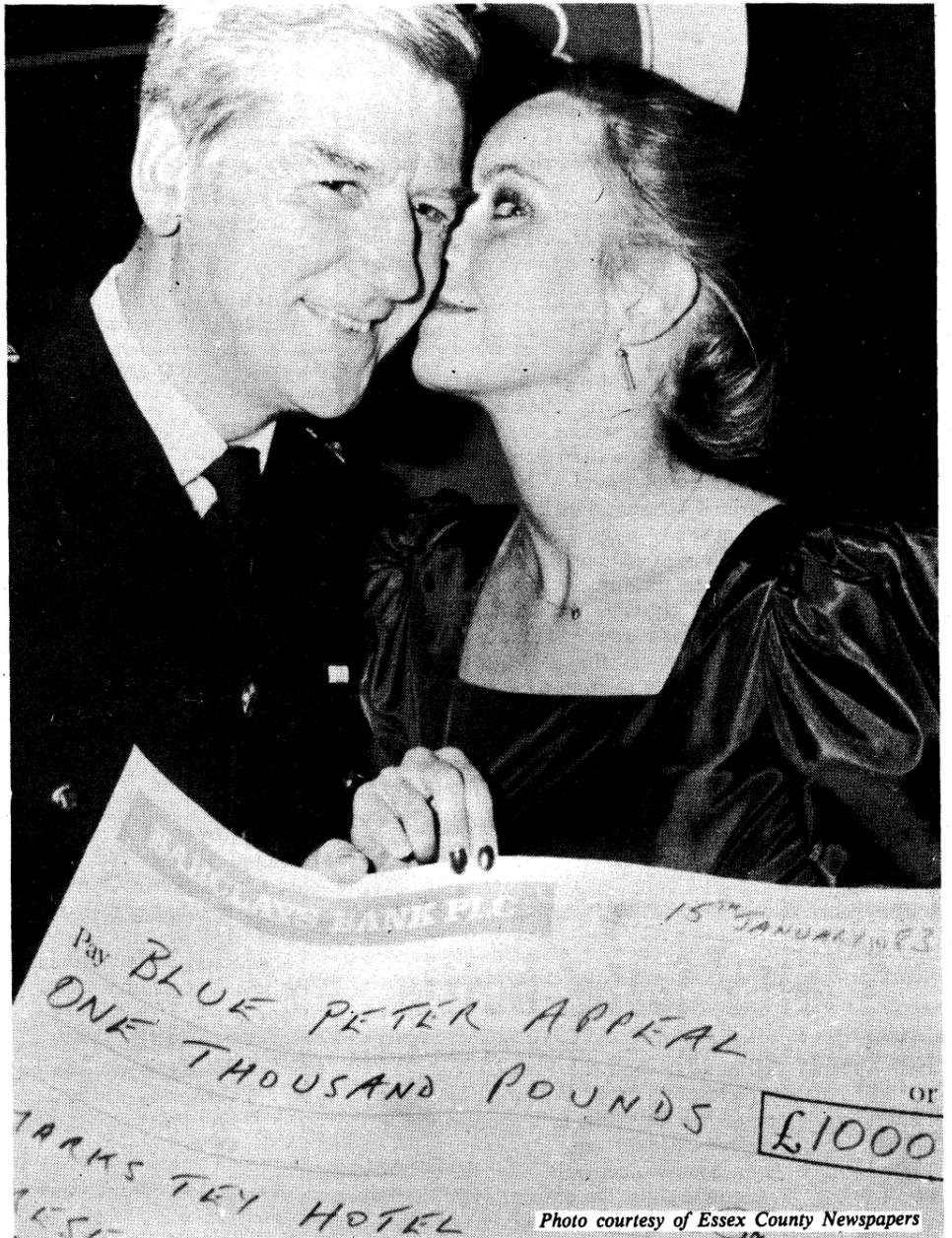


Photo courtesy of Essex County Newspapers

BBC Blue Peter presenter Sarah Green came to Colchester recently to receive a monster cheque for £1,000 to be donated to their appeal for Dialysis machines and other equipment for children throughout the country.

The money was raised by Sgt Malcolm Scott and his 'C' shift colleagues at Colchester who had been working to an objective of close liaison with other public services.

They organised an evening function at the Police station involving all the public services and other members of the community to raise funds for charity.

Pictured above is Colchester Divisional Commander Bert Dawson presenting the cheque to Sarah Green on behalf of Malcolm Scott and colleagues.

**NO 'LAW'**  
**NEXT MONTH**  
**NEXT ISSUE**  
**WILL BE ON**  
**MARCH 14th**

## COME ON IN NUMBER 2000



'Essex 2000'.

'PC 2000' is to take to the streets of Brentwood next week in the shape of Tom Morgan, who is transferring here after nearly 3 years in the West Mercia Force.

This is the first time that the '2000' mark has been reached, and must reflect the success in police recruiting during the last year or two — not that collar numbers need to bear any particular relationship to the Force's establishment and strength.

There have been a number of systems in operation since police collar numbers were introduced somewhere around the mid-nineteenth century, but its still not all that straight forward. Personnel Department Sergeant, Mick Stanbury, explains.

"Usually Sergeants have the first numbers, followed by the constables to avoid duplication. But of course, in this

force things were complicated by the Amalgamation in 1969, and then we prefix all Women constables with the number 3. That should cause a problem in about the year 2020, when the male officers get to 2998!"

To avoid confusion and embarrassment '999' and '1999' and similar combinations will not be issued.

In addition to a collar number all officers will soon be allocated a Personal Identification Number (PIN), which is the computer based heir to the old official Register of Members of the Force which was started in 1874 and finished last July.

The PIN's will be needed in official forms for the first time when the sickness scheme starts next month, and these will be passed to Divisions very soon.

# Editorial

## PUBLIC CONCERN

A newspaper contacting the force the other day, asked if there was anything happening and were told that there had been an armed robbery at Brentwood.

"Uh-huh" said the young reporter. "Is there anything special about it?"

Anything special about it! Isn't it absolutely fantastic — that in a few months the public interest in violent crime can be so satiated that an armed robbery, in full daylight, in a crowded shopping centre, needs something extra to make it newsworthy?

This is not a criticism of either the young journalist or his employers. Although they obviously introduce a degree of distortion, the media do reflect the public interest. So what is happening? How can it be that attitudes change so rapidly; that the unthinkable becomes acceptable so quickly!

### Explanations

Any officer half way through his service will remember that, not too long ago, when a police officer was shot-at, the whole police service was mobilised and the newspapers splashed it across their front pages.

Last week an unarmed Essex officer was shot at whilst chasing armed robbers and it caused hardly a ripple of public interest.

There are as many explanations for the phenomenon as there are commentators, but the solution should be at the centre of everyone's attention. The ever accelerating downward movement of standards and the accompanying insensitivity to the results can only lead to chaos, if present trends continue.

And who will be left to clean it all up? Right you've got it in one! — Your actual, smiling, neighbourhood British Bobby. And — if there isn't some dramatic and determined support for that jolly, smiling, neighbourhood British bobby, he's going to lose his interest and his determination — and then we'll all be in a lot of real trouble!

## A lotta' letta' bottle

IF YOU live on the coast, there's a postal service available that's cheaper and quicker than the Post Office.

On December 12 last, PS Mick Williams' son Simon, threw a bottle containing his name and address and age into the sea at Walton-on-the-Naze.

Twelve days later, Simon received a letter posted from Noord-Incht in Holland, on December 19th, with a Christmas card and a 5 gilder note. The sender had found the bottle washed up on the Dutch coast.

A suitable reply has been sent and no doubt further communication will result.

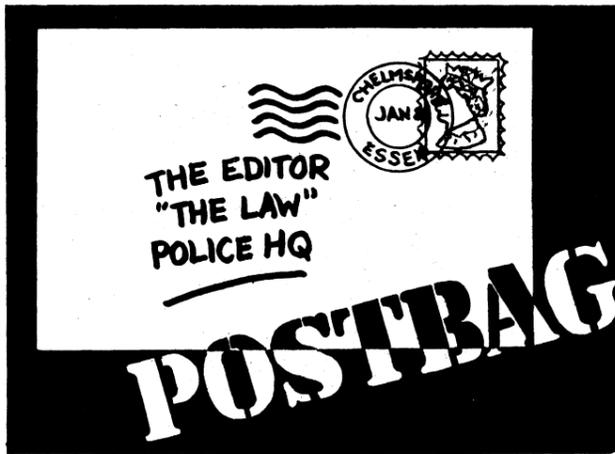
## INDIA

Dear Sir,

May I take this opportunity to wish all friends and colleagues in the Force a very happy New Year. My greetings come from the city of Visakhapatnam on the eastern seaboard of India where I am with the Group Study Exchange Team of the Rotary Foundation of Rotary International. Our reception in India to date has been quite overwhelming with all possible hospitality extended to us. Intense interest is shown in the English Police system and I am regularly asked to what extent our police are under political control, are there any channels through which the public can complain about the police and whether corruption is an everyday occurrence.

These questions arise from direct comparison with the Indian Police Service which, regrettably, appears to hold very little public support or confidence. I will have a better opportunity to study the police at close quarters towards the end of this month when I am due to spend several days in the company of a District Superintendent. Meanwhile, I have had an interesting interview with the Additional Inspector General (Crimes) for the State of Andhra Pradesh, Mr R. Prabhakar Rao and have visited the Sadar Vallabhbai Patel National Police Academy near Hyderabad. This Academy provides direct entrant recruits to the Indian Police Service at the rank of Superintendent following an 11 month course.

There has been much excitement everywhere due to the State Legislative Assembly elections held on Wednesday 5 Jan 1983.



The streets have been full of people and every wall has numerous rival slogans painted on. It is now known that the ruling Congress party of Mrs Gandhi has been heavily defeated and much hope is held out for the new State government. It is widely believed corruption and abuse of power may now cease.

Yours  
M. J. BREWER  
C/Insp

### PRIZE-WINNER

Dear Ed,  
Maybe this letter would be of interest to others who, like myself, are fortunate enough to win second prize in the Force lottery.

Perhaps, in future, it may be necessary to have a box to tick so as to avoid publicity!

"Deer Uncle Jon

I had a luvverly christmas. Mummy got sum scraps of chicken from the boocher and made a broth and she let me dip my crust of bread in it for christmas dinner. It was not very hot becose the candel ran out. (Daddy says we can use the cooker wen the man from the elektrik cumpany comes back and mends the meter).

Farver christmas did not bring me any presents becose daddy says his sley had broken down again.

After dinner daddy said he had sum good news. I thought he was going to tell me I could have sum shoos but no, he told us that his very best frend had wun a lot of muneey and he dezerved every penny of it as he was a very kind and generous man. I woz wondering if yoo had sum muneey you could give to me so I could send it to farver christmas for him to mend his sley and so he could bring me sum prezents.

If you send me sum muneey do not tell daddy coz he will take all the muneey and buy his speshial medicine to keep him warm. His medicine is called 'Teechers'. Its not very good medicine becose wen daddy drinks it he falls over.

I must finish now coz mummy wants the candel too warm her hands.

luv from  
Helen Cole."

J. LINDOW  
Dog Handler  
Police Constable 1555

Ed: We referred the letter to an independent witness at Stansted and he immediately pronounced it a fake. It was not, he said, written by little Helen, who's a very bright kid. It was definitely the work of her dad PC COLE — he'd recognise his spelling anywhere!

## THANKS

Dear Sir,

I would like to thank everyone who kindly sent me their used stamps. I had a tremendous response to my request.

The arms of 'The Law' stretch much further than I realised. I had a shoe box full of stamps from Devon, sent by ex PS 24 G. Reid, who retired from this Force almost 16 years ago. I also had a lovely selection of stamps from Hong Kong, which were sent to me by Mrs Bob Finch. My special thanks go to them (and a Brownie badge for effort!).

Any further contributions will be gratefully received.

Yours sincerely  
Jacky Merrison  
HQ CID

## STAMPS

Dear Sir,

I would like to take the opportunity to thank all the many friends and colleagues for their kind gifts and the many cards and enquiries we received on the birth of our baby son Simon.

Both mother and baby are well, and we are now settling into a routine of restless nights and dirty nappies.

We both look forward to his first words, which if dad has any say will be "What would you like to drink?"

For the benefit of those interested, he doesn't have grey hair or a moustache, but looks very much like his mum.

Yours  
Brian & Carol Jones  
PC 1465 & WPC 3052  
Westcliff

Letters to  
The Law,  
Force H.Q.,  
Chelmsford



**HQ MUSICAL SOCIETY**  
by arrangement with Chappell Music Ltd present

# 'OKLAHOMA'

**HQ Assembly Hall**  
**Monday Feb 21 to**  
**Sat Feb 26 incl.**  
**Curtain rises 7.30pm**

**Ticket application forms from**  
**Roger Barkway HQ Driving School**  
**tel ext 418**

# FINGERPRINT DEPARTMENT TOPS 2000



THE BEGINNING of 1983 marked a worthwhile achievement for the hard working staff of the fingerprint bureau at Headquarters.

It brought to an end a bumper year of finger-print identifications. As far back as 1971 the milestone of

1,000 IDs per year was achieved and 1982 saw that figure more than doubled to 2,077 with the figures steadily climbing as the years go by and the experience and expertise of the staff showing through.

Pictured above are members of the bureau cele-

brating the occasion with a cake specially made by Mrs Bragg, wife of Detective Superintendent Gerry Bragg.

Gerry is justifiably proud of the achievement by his department with the knowledge that such a large number of identifications is of immense benefit to the rest of the Force in their fight against crime.

## Heaven 'n' Hell

THE FOLLOWING was found in the Daily Mail. It came from a correspondent in Oklahoma. It's great to know that somebody, somewhere still thinks our police are 'Jus wunnerful'!

'Heaven is where the police are British; the chefs

are French; the mechanics are German; the lovers Italian and it is all organised by the Swiss.

Hell is where the chefs are British; the mechanics are French; the lovers are Swiss; the police are German, and it is all organised by the Italians'.

## REUNION

THE FORCE SUPPORT UNIT INTEND TO CELEBRATE THEIR 10TH ANNIVERSARY WITH A FUNCTION AT HEADQUARTERS ON SATURDAY, APRIL 30TH.

ALL OFFICERS WHO HAVE SERVED ON THE FSU AND ARE INTERESTED, PLEASE CONTACT FSU HQ EXTENSIONS 213, 206 OR 209.

COST:- £7.50 (DOUBLE), £5 (SINGLE) — INCLUDES FSU ANNIVERSARY TIE.

## Collator's B.A. degree

PC TONY Conerney, the Witham Collator, has just received a Bachelor of Arts degree from the Open University.

Studying a varied course, including the humanities,

English literature and English art, 44 year old Tony has spent all his spare time at his books for the last six years.

Tony's comments on his success? "Never again", he says.

# Basildon hosts new attack on robberies

A SPECIAL team of detectives was drafted into Basildon this week to look into armed robberies in the south-west of the county.

Although it is expected that the statistics for 1982 will not show a dramatic increase in robberies, Essex has suffered nearly 30 robberies involving firearms since October — mostly in the Basildon, Chelmsford and Grays divisions. Although this statistic is serious enough in itself, concern reached new heights last week, when a pair of gunmen, being hotly pursued by an area car, opened fire on the unarmed police officers.

The detectives, making up the new team are mostly seconded from the Divisions in question, with a few Headquarters officers added. Under the overall command of Detective Superintendent Mike Ainsley, these specially selected officers are there to support and assist the local

CID in their investigations, and to re-investigate all the robberies, with a view to establishing similarities or links which might bring the robberies to light.

### Publicity

Most of the attacks have been on business premises, during office hours and have taken place in busy areas in full view of the public. It is for this reason that the robbery team are giving maximum publicity to their effort to ensure that they speak to anybody who might have seen something useful.

Detective Superintendent Mike Ainsley is optimistic, "These are specially selected experienced officers, working areas they're familiar with, and with the full support of the local people. I expect a positive result. These sort of attacks have to be stopped, before someone gets really hurt."

# SEAT-BELTS

AS THE seat-belt comes into force this week, the argument still rages between the 'fors' and 'against's'.

The Essex Police Road Safety Unit are very clear about the issue and are presenting very strong arguments in favour of the use of the seat-belts.

In 1981, in Essex, 9 driving and front seat passengers were killed and 190 seriously injured while wearing seat-belts. But 26 were killed and a massive 609 were seriously injured in cars, fitted with seat-belts, which were not used.

"There are a lot of myths about this matter," says PS Stan Billings of the Unit. "Drivers think they can brace themselves on the steering wheel or dashboard, but on an impact at only 25mph the body weight is increased 13 times, so a 12 stone man weighs over a ton!"

Stan goes on to explain that, even with the most careful, pre-planned drive, accidents occur in a split second and there is just no way to take avoiding action or to throw yourselves across a seat.

The Road Safety Unit's position is clear and they are exerting all their influence in support of the new legislation. "It's a simple message," says Stan. "Belt up — Every trip..."

# SUPPORT UNIT GOES CO-ED!!



Linda Jackson looks happy enough in her new role

FOR THE first time since it was founded in 1973, the Force Support Unit accepted two women constables this month.

W/PCs Taryna Humm from the Information Room and Linda Jackson from Harwich, started work with the Unit two weeks ago. They both are pleased with their



Taryna Humm knocking on the divers' door

reception and are more than happy with their new shifts. Taryna has passed her aptitude tests for the diving team and hopes to join them as soon as possible.

The girls will undertake all support unit functions, except crowd control in the public order situations.

Two more policewomen have applied to join the FSU since Taryna and Linda were posted.

# A reminder of disaster



THIRTY YEARS ago this month the coast line of Essex was the scene of serious extensive flooding. Canvey Island was the worst hit and the police resources were stretched to their limits. Sixty nine people lost their lives.

A reminder of that tragic time arrived with this picture of an anti-looting squad, that was set up to protect the homes of several thousand people evacuated from the island.

The squad was formed four days after the floods and worked for a successful two weeks.

## H.Q.



Hells Angel (John Har Lambeth) add the mode



A view from the stage gives faces in the densely packed

**Essex Police Band  
Charity Concert**

**Towngate Theatre      Wednesday  
Basildon                      March 9 8.0pm**

**Admission by ticket £1.50  
from Sgt Kennedy at Basildon**

## Danish Mini Cruise



**DUE to the overwhelming response and success of the last trip to Denmark in October of last year which was featured in "The Law", an identical trip has been arranged at the same price. Don't delay, send your application in today to avoid disappointment.**

Mini Cruise to Esbjerg, Denmark from Parkeston Quay, Harwich on Thursday, 3 March, 1983, Over 700 miles of luxury cruising on DFDS ship MS Dana Anglia, 14,000 tons. (As featured on BBC TV series 'Triangle').

Cost — £20 per person, £10 children under 16 years. No charge children under 4 years.

Accommodation will include a 2 or 4 berth cabin with toilet and shower.

Times: 16.30 hrs, March 3, '83 depart Parkeston Quay.  
1330 hrs, March 4, arrive Esbjerg  
1730hrs, March 4, depart Esbjerg  
1130 hrs, March 5, arrive Parkeston Quay.

There will be about four hours ashore in Denmark. Subject to numbers it may be possible to arrange a coach trip to the 12th Century town of Ribe, which will include afternoon tea and Danish pastries. This will be inclusive of the fare.

The town of Esbjerg is about 10 minutes walk from the Quay and is about the size of Colchester. It is a very pleasant shopping centre.

Passports are required.

Please complete the application form below and return to DS 231 B. R. Firmin, at the Port of Harwich by February 21, 1983, with cheques made payable to DFDS.

## PHOTOGRAPHIC COMPETITION

'THE LAW' regrets to announce that the number of entries for the Photographic Competition has been so low that judging would be impossible and unfair on those few who did send in entries.

Accordingly a voucher is being sent to all entrants with a letter explaining the situation and thanking them for their interest.

## HAND IN P



The Chief Constable — Mr Robert Bunyard — and his Deputy — Mr Ronald Stone — entertained Southend's Mayor at Police HQ this month. Mrs Beryl Schofield was accompanied by a companion, and they spent the whole day looking around the building. They are pictured here in the force control room, looking at a computer display.

Photo courtesy Evening Echo

| Surname | Christian name | Age (if under 16) |
|---------|----------------|-------------------|
|         |                |                   |
|         |                |                   |
|         |                |                   |
|         |                |                   |

I am/not interested in the coach trip to Ribe\*

I require a two berth/four berth cabin\*

Home address/Station

Telephone number

\*Delete as applicable

# MUSIC SOCIETY'S PANTOMIME SUCCESS



and Russ Abbott (George Lambeth) put to this age-old panto.

Two hundred children from Essex County Council residential schools were guests at Police Headquarters last week. They came to see the Music Society's annual pantomime. This year — Cinderella.

The children came from all over the county on the Friday evening, and besides taking in a rather 'loose' version of the Cinder's story, all received a small treat. The generosity of local groups gave a 'raffle' prize to one in four of the children, and sweets and novelties for all.

The humour in the show was provided by 'Ammer and Tongs' the comic heavies — alias George Lambeth and John Hart from Headquarters Traffic, and the Ugly Sisters were played by Linda Barkway and Jackie Lee, whose husband Derek was Prince Charming. ("Thats round the wrong way" some unkind person said. "she's charming and he's ugly.")

The whole show was produced by Clara Smith and the leading lady was Eileen Kleigerman.



The ugly sisters come off stage and dance with members of the audience.



panto stars a chance of a good look at the sea of young assembly hall at headquarters.



The wicked stepmother really doesn't look quite so wicked in this pose.



Looking at these ugly sisters it's easy to see why Cinderella gets the sympathy of the crowd.



Cinderella makes a plea to the audience to get them on her side.

## DISABLED SOCIETY PLEA FOR DRIVERS

CHELMSFORD'S disabled are not getting vital treatment, and are asking Essex Police officers for help.

Many disabled and handicapped adults attend regular classes in Chelmsford to help their recovery. Because of their

disabilities they cannot use public transport, but the Essex Physically Handicapped Association does have a Ford Transit Ambulance, specially equipped for the job.

The trouble is that there are never enough drivers for the ambulance and they

need some more volunteers.

The Association's Liaison Officer, Mrs Barbara Anderson explains, "We have found from experience that our disabled people have much more confidence in drivers from the emergency services, and that's why we are asking the police. I do hope you will be able to help us."

Volunteer drivers would be required to drive one or two hours a week and would, in no way, be committed to regular driving.

Anyone who can help should contact Mrs Barbara Anderson of the Essex Physically Handicapped Association at 90 Broomfield Road, Chelmsford. (Telephone Chelmsford 51296).



The ambulance in action.

## Civilian retirements



Recently retired after more than 17 years' service as a shorthand typist at Maldon Police Station is Phyllis Church, pictured above being presented with retirement gifts by Maldon's sub-divisional Commander Chief Inspector Wally Thurgood.



Pictured above with his retirement gifts is Frederick Wood (second left) who has recently retired from Basildon police station. He previously worked in the Finance Department at HQ and also in Recruiting and Training where he was responsible for taking recruits to court to be sworn in as Constables.

**Remember —  
No February 'LAW'  
Next issue March 14th**

# National Association of Retired Police Officers by Bert Brinkley

## New Membership

New members are asked to take notice of the following points:-

(a) Enrolment forms should NOT be sent to the General Secretary, Alec Faragher at Liverpool. Although his name does appear on the form the enrolment form should be sent to the Secretary of the Branch in which it is desired to be enrolled — Chelmsford Colchester or Southend.

(b) the form should be accompanied by the subscription which is — pensioners £2.40 pa. Widows 60 pence pa.

Unfortunately some forms have been sent out showing the old rates which which increased in September 1982

(c) Subscriptions are payable by December 31, for the year following. Receipts are always posted at the most convenient time — to save postage.

## Widows Preserved Rate pension.

One feels a certain amount of annoyance at the reception given to the Home Secretary, Mr William Whitelaw, at the Metropolitan Police Federation Annual General Meeting on October 20. Although it may at first seem that pensioners are not concerned that is very far from the point as our Parliamentary Advisor, John Blackburn MP had a meeting arranged for the following day with Mr

Whitelaw on the question of the Widows Preserved Rate Pensions. Needless to say Mr Whitelaw was in no mood to discuss any police matter until he had assimilated what had happened, and that attitude could be appreciated as he was not in the frame of mind to hand out any largesse the date after this unfortunate experience.

However, it is encouraging to note that on October 22 Mr Whitelaw was given a standing ovation after addressing the Federation Meeting at Bedford — a fact not mentioned in the Press.

It is interesting to note that amongst the written questions placed by John Blackburn MP as to how many Widows of Police Officers who retired before April 1, 1956, are classed as Preserved Rate-widows for the purpose of Pension Regulations, the Home Office came up with the answer 'it was not known and it would be too expensive to determine,' in these days of computerisation it is all the more remarkable that such information was not more readily available. The Association came up with the answer that the number of such Widows was below 10,500 and the pension increased envisaged by the NEC would cost barely £600 per annum diminishing each year as the numbers decreased.

A further report will be included in the New Year's bulletin which will be despatched in the very near future.

It will be seen in the bulletin that the Scheme is still in progress, although slowly, donations are still coming in from sources outside the pensioners field, but a great deal has yet to be done.

## 1984 Diaries.

A warning is given that more diaries will be ordered in 1984 but it is essential that all orders are placed by May, full information will appear in the Spring bulletin.



Essex Branch were pleased to host the 10-Regional Annual General Meeting at Headquarters on 12 January, although it was not as well attended as hoped for. Regional officers' reports were well received, although Chairman Craig Bailey voiced the concern of us all over the lack of younger members taking an active part in IPA activities at all levels. Treasurer Ian Ritchie informed us of a most satisfactory financial situation, and Section representatives gave an outline of their activities and forthcoming events.

Regional officers were re-elected as follows:-

Chairman . . . . . Craig Bailey  
Vice-Chairman Mick Dunman  
Secretary . . . . . Dave Bryan  
Asst. Secretary . . . . . Andy Odell  
Treasurer . . . . . Ian Ritchie  
Supplies Officer Len Fleming  
London Reception Andy Odell  
Editor . . . . . Bert Chalmers

Both Ian Ritchie and Dave Bryan took re-election on the understanding that this would be their final year in office.

Delegates to a National Executive Conference in Manchester in May were agreed as Dave Bryan, Ian Ritchie and Mick Dunman with Andy Odell and Paul Adams as observers.

The Annual General Meeting of the Essex Branch will be held in the Quiet Room, New Building, Headquarters, at 8.00 pm on Friday, 4 March, 1983. Agenda and Notices and Minutes of the last Meeting will be circulated as soon as possible, and all members are requested to attend.

A buffet meal will be supplied and there will undoubtedly be time for a social gathering after the meeting.

# Police Mutual — Still Looking After Your Interests

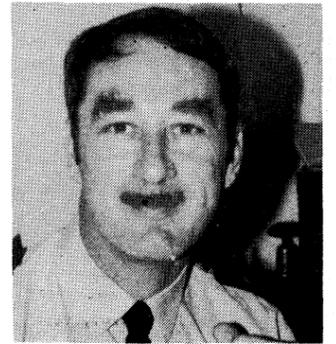
THE Police Mutual Assurance Society undoubtedly remains the best source of insurance for Police Officers, and continues to provide for us by tailor made policies at rock bottom premiums but not, needless to say, rock bottom bonuses or maturity payments.

One policy of particular interest at the present time is the commutation protection policy, particularly in view of our enhanced commutation rates introduced on January 1, but as the limit on the value of policies held by Friendly Societies members has now involved in commutation you may consider a short term endowment or money spinner policy as a more profitable means of

covering loss of commutation through any unfortunate mishap.

The latest policy introduced by the Police Mutual is the Police 4,000 — and this is a winner! Designed particularly with the late service man in mind; it is issued in units, basically giving life cover for each unit of £4,000 until aged 55, then, and here's the bonus, cover continues for life at £1,000 per unit, even though no further contributions are payable. This policy is, of course, purely for death benefit but its great advantage is the continuance of cover, even though reduced after aged 55 without further payment of premiums.

The PMAS bonus rate was increased last year to an impressive 4.5%, so this, coupled with the lowest administration cost of any other life insurance company, means that particularly from the short term aspect, PMAS can offer special value for money with such policies as the Ten Year Money Spinner and Fifteen Year Prosperity Plan, or middle term endowment assurances. Whatever your requirements, even if PMAS do not show on their extensive literature exactly what you require,



by Mick Stanbury

they will always be pleased to quote to your own needs. Nowhere is this more relevant than in the question of house purchase where PMAS have made special arrangements for reserved funds with Lloyds Bank for 100% mortgages, coupled with endowment assurances, and have very many satisfied police officers to prove the worth of the scheme.

So remember, the Police Mutual is YOUR Assurance Society with YOUR interests at heart. Any queries may be resolved through your local PMAS Authorised Officer, the Divisional Chief Inspector Administration, or by 'phone to Sergeant Stanbury on Headquarters 314 or, of course, direct to Head Office of the Society, Alexandra House, Queen Street, Lichfield, Staffs.

# Pagan—Right?

## ONE LAST comment on the Christmas period.

At a festive lunch at the Headquarters Canteen, a senior officer remarked to a young lady in her paper hat that it was all very enjoyable, but a 'little bit pagan'.

"Well" she replied, "if you can't be a bit pagan at Christmas time, when can you be?"

Wow!!

# Force lottery

THE following is the result of the 79th Draw, the Force Lottery held at Rayleigh on December 23, 1982: 1st prize: Pc 896 M. Barker, Southend, £1,389.54; 2nd prize: Pc 1555 J. Lindon, Stansted Airport, £694.77; 3rd prize: Wpc 3809 J. Madigan, HQ Traffic, £347.38; 4th prize: Pc 1138 J. Barrett, Grays, £173.69. Consolation prizes at £34.74 each: Pc A. Tillman, Clacton; PS I. Ellison, Corringham; Pc N. Crabb, Chelmsford; Pc F. Wilkin, Laindon Traffic; PS K. Hutchins, HQIR.

**FOR SALE:** Glazed window frame and sill, good condition, 4ft wide, 3ft 6in high, buyer collects, £10 ono. N. Eastbrook, HQ Ex 556 or telephone 0621 817697.

**FOR SALE:** Two Cintree chairs, very good condition, £40 each; one Ercol table, 775 Refcty, needs re-polishing, £40. Margaret White, telephone Southend 523175.

**FOR SALE:** Vauxhall Victor Super Deluxe 1962, as new, 30,500 miles, original owner, garage kept, no rust, £500. Collector's car. C. F. Radley DC 923, Wickford, tele 03744 66191.

**FOR SALE:** Double wardrobe, teak veneer finish, hanging space on one side, shelves and trouser/shirt rails on other side, tie rack. Both locking doors. Very good condition, £15; Single wardrobe, natural wood

with hanging space. Contact PS Norman, Chelmsford Town Police Station.

**WANTED:** Cabin trunks, metal preferred, good condition. Ch Insp K. Adams, Force Training or Chelmsford 353543.

**FOR HIRE:** Six berth, fully equipped holiday caravan at Felixtowe. Electricity, main drainage, wc, fully equipped and full amenities inc swimming pool etc, approx half mile sea front and town centre. Apply Insp Deal, H.Q. Extn 577.

**FOR SALE:** Suzuki GT 750 water cooled 2-stroke, VGC, 9,000m, MoT, many extras, £600. Tel. 353364 Chelmsford.

**FOR SALE:** Marshall 100w Lead/Bass Amplifier, £50; Also H H 150w Bass Cabinet, £100. Tel Chelmsford 353364. Supt H. J. Sutton, tel. Chelmsford 353364.

# Market Place

**FOR SALE:** Lancia HPE 2000, 1977 (S) reg, MoT, vgc, sunroof, electric windows, etc, £1,295 ono, consider P/X cheap Mini. Pc G. Franklin, telephone Southend 552351.

**FOR SALE:** Caravan, 12½ft Mardon Classique, tows well, fridge, oven, awning, bottles, other gear, plan your holidays now, £700. Det Supt Blyth, telephone HQ ext 501.

**FOR SALE:** 14ft Clinker sailing day boat, Silver Century Seagull outboard engine with all gear, outstanding condition, £575 ono. Ex Sgt L. A. Langford, telephone Chelmsford 69230.

**TO LET:** Somerset holiday cottages. Fully equipped for four, immaculate village, 1½ miles coast, Quantock Hills, personally

supervised. From £55. Contact Mrs Milnes, telephone 0984 32194. Retired Sgt T. Milnes, telephone 0984 32194.

**FOR SALE:** Suzuki GSX 750cc, 'V' 1980, taxed, black, superb condition, £800 ono. Dc Coleman, telephone Colchester 210073.

**FOR SALE:** Volvo 145 Estate, MoT, 1974 'M' reg, 75,000 miles, very good condition, £875. Pc Clancey, telephone Southend 548738.

**FOR SALE:** Boys sports cycle, 19in frame, 26 x 1½ wheels, completely rebuilt. Pc 669 Perry, Witham.

**FOR SALE:** Lounge diner Wilton carpet, dark green, 24ft by 10ft, buyer collects, £30. N. Eastbrook, HQ Ex 556 Photographic or telephone 0621 817697.

# Force Magazine

THE winter edition of the Essex Police Magazine has now been received from the printers and sent out to divisions and sub-divisions for sale.

Each copy contains ten pence worth of good reading. Amongst many interesting articles in this issue is an account of the Stansted hijacking; a children's colouring competition; and an account of Essex Police involvement in the Papal visit to Warwickshire. This is illustrated by four superb COLOUR photographs.

If you haven't already bought a copy, then seek out your sub-divisional sales point NOW.

THIS is your FREE small-ad service. Please use this form as we regret that ads cannot be accepted over the phone or on plain paper. Send your ad to "Market Place", The Law, Police HQ, Chelmsford. Thank you.

BLOCK LETTERS PLEASE — ONE WORD PER BOX

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Name and Rank

Station

Home telephone

Signed

## Federation Notes



### RETIREMENT TABLES

AS predicted in my column, the new tables have been introduced with effect from January 1, 1983, and the figures involved do provide a 5 to 7 per cent increase on the previous tables. The Joint Central Committee are continuing with their research and it may be possible to effect further improvements at some later stage.

I think a vote of thanks to the Chief Constable is in order. As soon as the news about probable changes in the tables was received, officers contemplating — or who had notified their intention of retiring — were informed and permitted to hold their retirement till after January 1 so that they could benefit from the increased tables. A very compassionate attitude, and one that we have come to expect would be shown. Nevertheless, on behalf of the membership, we thank you.

# TION NEWS...FEDERATION NEWS...FEDERATION NEWS...FEDERAT

## THE NEW YEAR

A NEW YEAR. A freshly re-organised Force. A newly-formed Branch Board as a direct result of the latter factor. The Joint Branch Board has lost quite a few experienced members because of the vagaries of their place of duty apropos the new divisional boundaries. Some have voluntarily stood down rather than contest a place on the Board held by an executive member of the J.B.B., some lost out in the democratic elections held last December. For whatever reason, the Police Federation wishes to thank those representatives who have given service on behalf of their colleagues, and more especially for their support of the J.B.B. in its endeavours over the past few years. We, more than anyone, appreciate that it is sometimes an onerous task at times, but in the long term can give a

certain sense of satisfaction at a job well done.

We would like to record our thanks to Peter Marks, Jim Gorham, John Stenson, Tony Boreham, Les Seals, Gerry Tuthill, Jim Brennan, Charlie Collins, Phil Baxter, Dave Ross, Malcolm Briggs and Bert Ruggles.

A special thank you goes to Dennis Mason, who has decided to retire from Federation work to spend more time with his family. He has been a staunch member of the Board, and has been chairman of the Constable Board for some years. At their meeting on January 24, 1983 it was a unanimous decision of the J.B.B. that he be presented with the Federation Plate for his services to the organisation.

In case any of you are wondering who the present members of the J.B.B. are, here is the full list:—

Chairman — Inspector Ted Davidson  
Secretary — Yours truly

| Division    | Inspector Rep  | Sergeants Rep  | Constables Rep    |
|-------------|----------------|----------------|-------------------|
| BASILDON    | Alec Fox       | Bert Wallace   | Dick Richards     |
| CHELMSFORD  | Brian Palmer   | Bob Ward       | Frank Boyle       |
| COLCHESTER  | Jim Watson     | Malcolm Scott  | Jack Woodcock     |
| GRAYS       | Ken Goldsmith  | Jim Graham     | Ian Heffron       |
| HARLOW      | Ian Cotgrove   | Dickie Doe     | Jim Goldie        |
| SOUTHEND    | Alan Easter    | Dave Gilbey    | Brian Pallant     |
| TRAFFIC     | John Harvey    | Brian Lawrence | Phil Charters     |
| HQ, STAFF   | John Pudney    | Dickie Bird    | Malcolm Kohler    |
| HQ, Ops     | George Thurkle | Bob Needham    | Terry Spelman     |
| CID         | Tom Dickinson  | Bob Davis      | Mick Radford      |
| POLICEWOMEN | Gina Kaye      | Joan Sage      | Barbara Washbrook |

by  
*Jim  
Rodgers*

## SALE OF HOUSES

Quite properly, the Editor has in another part of The Law covered the fact that the scheme is at last published in Force Orders, and the first sale has been agreed. It has been a long hard road to achieve this facility, at times against the wishes of The Big House as well as the Police Authority. There have had to be many compromises along the way, but at last a worthwhile scheme is approved and in operation. There should be a few houses gradually filter onto Force Order "B" over the next few weeks. All of these will represent a considerable saving to the purchasers.

## CHANGE OF OFFICERS

MY NEW Assistant Secretary is Brian Pallant, and he will combine that role with that of J.B.B. Treasurer. He will be contactable on HQ extension 386. He will not be taking over the role of Claims Secretary, which was held by Dave Ross. This function will now be carried out by Phil Charters, the

new Constables Branch Board Secretary, who is stationed at Harlow Traffic Office. For the time being, however, whilst Dave Ross is teaching him the intricacies of the job, correspondence on new and existing claims should be passed to the J.B.C. Office at Force Headquarters.

## OPEN MEETING

It has been decided that this year the Force Open Meeting will be held at Force Headquarters in the Assembly Hall. Headquarters Canteen and Bar will undertake the catering arrangements on our behalf, and it is hoped that some form of entertainment can be provided after the business of the Meeting has been concluded. The Meeting will be on Monday 20th June 1983, so make a note in your Diary now!

We have taken this step because we understand that the venue at the Lion & Lamb was not to everyone's liking, hence the low attendance. It is now up to you to show us whether that is true or not. Don't forget its the 20th June 1983.

## SICK PAY

At the present time, officers who are sick receive their full pay packet, and when paid their DHSS Giro's, they submit them through Divisional administration to be paid into Force Funds. A proposition was put to the JBB at a recent meeting, that the system should be reversed so that it fell in line with the manner in which civilians (and many other Forces) operate. That is to say that the Giro is cashed by the sick officer, and retained by him or her, then his subsequent pay cheque has that amount deducted from it. After due consideration, we decided to retain the present system until we had been able to properly assimilate and evaluate the new Statutory Sick Pay arrangements which will come into force in April 1983.

### Disqualification Factor

From that date the Employer will be responsible for payment of an employee for the first eight weeks of sickness UNLESS such employee is excluded from this facility because of a disqualification factor. This disqualification factor is quite complicated, but briefly relates to benefits that may have been received by him or her within the preceding 56 days. For instance an employee who is in receipt of a DHSS disability pension, or is over the normal retirement age (65 for men, 60 for women; or is in receipt of a maternity allowance, or during the preceding 56 days had been in receipt of DHSS Sickness benefit. There are several other disqualifications from Statutory Sick Pay beside these. This does not mean that you will not receive sick pay, it merely changes the method by which you are required to claim it.

If you are excluded from SSP, then it is incumbent on the Employer to notify you at a specified time of that fact, so that you can then claim from the DHSS. When the period of eight weeks SSP is due to be completed, the Employer is required to warn you to make a claim against the DHSS for any sick period which will extend beyond the SSP period.

### Responsibility

The onus will be placed on the sick officer to take swift action to ensure he receives his full and proper entitlement under the scheme.

A greater responsibility will fall upon the officer's supervisors to hurry the paperwork through to the DHSS.

A greater need will fall upon the force to record full details of an officer's medical history, so it is intended to computerise these records.

The Full scheme will be published in a detailed Force Order.

**YOU IGNORE THIS FORCE ORDER AT YOUR FINANCIAL PERIL. PLEASE READ IT . . . AND INWARDLY DIGEST.**

## RENT ALLOWANCE

There is still no news relating to the Official Side of the Police Negotiating Board's attack on Rent Allowance. I understand that there is a meeting of the PNB in the next few days, but no indications have been made that this matter will be tabled at that Meeting.

However, the local Rent Allowance is due for review with effect from 1st April, 1983, and the Joint Branch Board has made its first sorties. We have asked two local Estate Agents to give independent valuations on the Force Selected House, and these valuations will assist us in considering the fairness of the District Valuers assessment when it is done. The occupant of the house at South Benfleet has willingly agreed to these two additional invasions of his privacy, from which he will not individually benefit. We thank him on behalf of all members of the Force who are in receipt of a Rent Allowance, and we will make sure his wife receives a big bouquet of flowers for any inconvenience caused to her daily routine.

### Full Support

The Police Authority have already indicated that they fully support the principle of free provided housing or Rent Allowance in lieu, and we are sure that there will be no political interference in the system whilst it is still Home Office policy. We cannot of course expect them to go against a policy decision which might alter the way in which Rent Allowances will be assessed in the future, but early indications are that we could probably rely on their support in any future problems we might experience with regard to a diminution of Rent Allowances payable.

## POLICE OF ESSEX GOLF SOCIETY

All members of PEGS are reminded that their 1983 subscriptions are now due and should be forwarded without delay to Inspector Bob Hayes at Chelmsford. New members are welcome.



A relaxed looking Chris Turner of Colchester comes in to take first place.



... Closely followed by Barry Daymond of the Information Room

ON 5th JANUARY just over 100 starters lined up for the Force cross country Championships at Channells Pits near Chelmsford, including all ranks from Cadets and PVC students up to Deputy Chief.

The course had been devised by Inspector Barry Daymond whose 14-year-old daughter Angela, running as a guest in the ladies race, beat all-comers including the Lamb twins. Running nowadays for Harlow they gave this Division a good start

by taking the top two scoring places.

Barry Daymond himself began the men's race as if he was going for a family 'double' but before the end of lap one Chris Turner of Colchester had pulled him back.

The Colchester man went on to win ahead of Daymond, Tony Robinson — Harlow and Andy Down — Southend. Colchester, despite having only three men in the first 22 home, did some good packing later to win the team event for the third successive year.

## Force 10 Mile Walk

A MAGNIFICENT response to this event saw over 100 competitors on the course on a bright but chilly afternoon.

Colchester, eager to retain their team title were never in trouble with their combination of numbers and speed. They put 4 in the first 8 in the womens race and then 4 in the first 10 in the mens — and this good start saw them home.

Southend, who lost cross-country runners-up spot through having no women taking part, made no mistake this time and relegated Harlow to 3rd place.

Denis Sheppard was the comfortable winner with John Hedgethorpe a surprise second due to one or two absentees. Sally Brown was womens' champion by just 2 seconds from Marion Tankard.

In the mens match against Met Police and Met Cadet School, Essex came rather unstuck and at 10 to score the result was Metro 76, Essex 150, Cadet School 256.

## POLICE MARATHON FEVER

THE FORCE Cross Country Championships saw many new faces all of whom completed and I hope enjoyed the undulating five miles course. Anyone who ran that course, or by following the schedule in the December edition of 'The Law' is jogging for half an hour a session, is now capable of moving into the second phase which will become more interesting and probably testing as well.

### Speed Sessions

Jogging is fine but to build sufficient stamina to complete a 'Marathon' you'll need to spend many hours a week on your feet. Shorter, faster sessions will require less training time, and mixed with the long sessions that are still necessary, will make those slow runs seem much easier on the legs. Your speed session will obviously get faster as you get fitter, so don't worry about how fast you're going, just run at as fast a speed as you can maintain for the given time.

### The Schedule

To start with try:  
Jog 10 mins followed by 2 mins fast running, followed by 10 mins jog. Don't stop between effort and jog, make it continuous running.

As this session become easier try:

Jog 10 mins, 2 mins fast jog, recovery (until breathing back to normal) 2 mins fast followed by 10 mins jog.

Again, as the session becomes easier add 2 mins 'fast' plus 'recovery' until you can manage 6 'fast 2 mins' a session.

Do two speed sessions a week.

### Hills

Run at least one hilly course a week. Try 30 mins for the first week, building up by 5 mins a week so that by mid March they will be about one hour long.

### Long Run

One long session a week. Start with 45 mins, adding 10 mins a week so that by mid March it's about a 1½ hours session. After that I'll arrange a 'team run' each week.

### Easy Jogging

We've taken care of four days a week. Try to add two more days of easy jogging between ¼ hour and ½ hour depending on how you feel. You can manage that before breakfast.

### An Ideal Week

Try not to have two hard days training in a row. An ideal week might read:

Sunday, Long Run  
Monday, Jog  
Tuesday, Speed  
Wednesday, Hills  
Thursday, Jog  
Friday, Speed  
Saturday, Rest

A diary of what-where-how you felt could help you in the future and could also make quite amusing reading later.

Don't forget to VARY the running surface (Country-park-road) and Don't do too much too soon.

If you want any guidance or company training occasionally, contact me via Headquarters Information Room, or any members of the Force Cross Country Team.

By Barry Daymond.

## Football Round-Up

by  
Charles  
Clark

ON THE Saturday before Christmas the force team went to Burnham on Crouch to play Burnham Ramblers on a bitter cold afternoon. The game was generally uneventful and ended in a goalless draw.

Despite the result the team felt glad to have gained a much needed league point and with encouragement were keen to take on Cambridgeshire Police in the Area Final of the PAA National Cup which was to be played at the end of December.

The game against Cambridge was played at their Headquarters and with 30 minutes gone the Cambridge centre forward broke away and scored.

Half-time came and there was no further score.

With a few minutes to go most of the Force team had pushed forward to get an equaliser leaving the defence short and the opposition were thankful to clear the ball in any direction.

One such clearance by a Cambridge defender allowed his centre forward into the Essex penalty area where he was tackled by Tony Snow and the referee pointed to the penalty spot. A fine save by Bob Scott saw the game end 1-0 to Cambridge.

The following Saturday the force team travelled away to Takeley in the Olympian League.

The first half belonged very much to the force team and they were unlucky not to score through Paul Pratt and Phil O'Connell. However, at half-time there was no score.

The second half saw Takeley move on top and with about 20 minutes left to play they scored a goal that was strongly disputed by the police team, but which proved to be the winner.

As the force team took the field

the following Saturday every player was aware that they would have to be at their best to beat their opponents, Dagenham Reserves, in the Essex Intermediate Cup. Dagenham are the current holders of the cup.

The game was generally even with the majority of play confined to mid-field. With 35 minutes gone, however, Dagenham took the lead. It was their tall centre half who caused the trouble heading firmly home as the ball was crossed from the right.

One nil down and against good opposition, it was clear that the force team had to 'up' their game. This they did and with a few minutes to go to half-time Phil O'Connell was put through on the right and he ran on to crack a fine shot just inside the post for the equaliser.

The final score was 2-1 to Dagenham and although the force team had a few chances towards the end of the match, the best team, on the day, had won.

The force team were looking forward to getting some revenge when they visited Thames Valley Police on Wednesday, January 12 in the PAA No 5 District Cup.

However, revenge was not to be had with the force team being beaten 5-4. There was some encouragement from the result in

that Essex were 5-0 down with 15 minutes of the match remaining.

The final game to be reported is hopefully a good omen for the coming weeks. On Saturday, January 15, the force team were again on League duty when they visited Cossor at Harlow.

The force team had the benefit of the wind in the first half and consequently pinned their opponents into their own half for long periods. Moreover, the police team was beginning to play the sort of football that has been missing for the past few weeks.

The pressure was beginning to tell on the Cossor defence and with 20 minutes gone their sweeper conceded a penalty when he handled a through pass. Roy Scanes stepped up and blasted the shot towards goal. The shot, however, lacked direction enabling the goalkeeper to save what seemed a certain goal.

Nevertheless, the force team kept the pressure on and it was no surprise when Phil O'Connell hooked a right wing cross in the net from close range to give the Force a 0-1 lead.

With about 10 minutes of the game left a good six man move out of defence culminated with Brian Ganly splitting the Cossor defence for Terry Rackley to run on and score goal number two for a 0-2 result.

## Force Rugby Club Review

By MICK HALL

### TOUR

The tour to France has died amidst the ruins of our over ambitious attitude. Maybe next year? It is proposed therefore that we make a short tour during the week of the PAA Sevens. They are being held at Winchester this year and it is proposed that we go to the Sevens have a game against Hampshire and then confront the Dragon in its den by taking on 2 Para at Aldershot. The details will be worked out in the near future and we will require commitments from you very soon.

### BASILDON TEACHERS

A player from Basildon Rugby Club was injured before Christmas and has been paralysed from the neck down. A Trust Fund has been erected by Basildon Rugby Club and is quite healthy. I would like to think that we could contribute to this fund as we have strong links with the Club through our fixtures with the Basildon Teachers, who all play for Basildon. I therefore propose to hold a collection, which has already begun, and give the

### MATCH REPORT

#### ESSEX vs SUFFOLK

Once again the team was ravaged by the inability of people to get to the game. However, we set off with a thirteen which as it happened coincided with the number that Suffolk could put out. We dominated the game from the start and I don't think we were ever in any danger of going down. The author scored the first try. The backs then took over with tries by Simon Halford (2), Mark Chapple, Doug Bedford, Mark Jones and John Richards. Simon converted several of them and we won 38-12. We had our problems in the forwards as Graham Reid had never played before and was struggling with the complexities of tight forward play. However we did win a lot of the ball and gave the backs the opportunity to show their class. I don't think we've seen Simon Halford play better.

proceeds to the Club at some stage.

### LADIES NIGHT

The County Hotel has been booked and the menu decided for the Ladies Night which we hope to make an annual event. The cost will be £12.00 per head which includes dinner and disco. We have got no further with a guest speaker but we're still trying. The ladies of the Rugby Club are long suffering and ever forgiving and they deserve a good evening. The dinner will be held on Friday 22nd April 1983 and your support is expected. We also intend to have a Player of the Year award, you will soon be getting voting forms to complete and return to me.

### ANNUAL GENERAL MEETING

This is probably the most important fixture of the season and normally goes unsupported.

It will be held at Police Headquarters on Wednesday 20th April 1983. The Agenda will be published prior to the meeting and will include election of officers, if you want to be considered for office in the Club please don't be reticent in coming forward.

### GENERAL

The club is healthy and progressing well and if only we could improve the attendance there would be no holding us. I can only ask you to try and get to the games or let me know at the Support Unit office, well in advance, it you can't make it. There must be plenty of good players in the Force who we see neither hide nor hair of, find them for us, will you? What we really need is support from the whole Force in general to generate a healthy interest in us and our activities and who knows what will happen.

# The Law

H.Q. phone extensions  
374 and 375

NEXT ISSUE

MARCH 14