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The Newspaper of the Essex Police

February '90 No 204

HONOURS FOR ESSEX POLICE

Services rendered recognised

D.C.C. Peter Simpson, OBE, FBIM

In this New Year's Honours List, the Deputy Chief Constable, Mr Peter Simpson, was created an Officer of the Order of the British Empire (O.B.E.).

A Policeman for almost 31 years, Mr Simpson came to Essex in May 1981, from Hertfordshire, when he was appointed A.C.C. (P). He was promoted D.C.C. in October 1986.

Essex born and bred, (his father was also an 'Essex

Bobby', retiring as Chief Superintendent at Brentwood). Mr Simpson regards his award as bringing credit to the whole Essex Force. As he says "Obviously, I am delighted to receive this award, but these things are seldom achieved by one person alone. They are achieved by being part of a team, and I am particularly fortunate in having a fine team of professionals to work with".

Mr Simpson will collect his award from Her Majesty The Queen at Buckingham Palace later in the year.



B.E.M. For S.D.O. Gordon Austin

Gordon Austin, Special Sub-Divisional Officer responsible for the Saffron Walden Sub-Division was awarded the British Empire Medal (BEM) in the New Years Honours.

A Special Officer for 32 years (he joined 2nd July 1958) he is another Essex Boy born and bred.

He was promoted Special Sergeant (now Section Officer) in 1965 and Sub-Divisional Officer in 1986. He received his Long Service Medal in 1967 and now has two bars, thereon.

Gordon, who is the General Manager of a Caravan Company is married and lives at Stansted. He had four



grown-up children, and six grandchildren. Asked about his medal, he said, "I see it as a reflection on the Essex Special Constabulary as a whole".

Sixty years old this year

and due to retire from the Service in July he says "I shall miss it very much. I have enjoyed myself immensely".

He is very active locally, apart from his Police duties, being Chairman of the Takeley Parish Council, Chairman of the Dunmow Road Safety Committee, and of the Youth Club Advisory Committee.

One of the high spots of his Service he says, was an invitation to the Queen's Garden Party in 1988. The award of the B.E.M. sets the seal on a long and dedicated period of Public service. Congratulations and a happy retirement!

Mr Terry Rands



In January Mr Terry Rands was appointed ACC (Personnel) of the Essex Police, to fill the vacancy created by Mr Dickinson's appointment. Another "Home-grown" product, Mr Rands joined the Southend Borough Force in 1962.

Since January 1989 he had been a Temporary ACC, fulfilling the duties of the post he has now been appointed to.

One of Mr Rands' abiding interests is the preservation of Wildlife.

He is the Force Wildlife Liaison Officer, and is an elected member of the Council of Management of the Essex Naturalists Trust.

Mr Rands is married with four children and lives in Norfolk.



Mr Jim Dickinson

Mr Jim Dickinson, Ex-A CC(O) of this Force, has been appointed to a prestigious Home Office post as, Assistant to Her Majesty's Chief Inspector of Constabulary (Crime and Technical Services).

He took up his post in December after completion of his year-long course at the Defence College. This appointment is of two years duration.

The job involves liaising with Forces throughout the country. Mr Dickinson, who has previously served at the Home Office as head of the Police Research and Services Unit Crime Group, says that now he has had time to settle down he is enjoying the new challenges. The post gives him "new opportunities to see the

Police Service from a new perspective."

An Essex and Southend policeman for 28 years, Mr Dickinson will continue to live in Southend.

SGT GEOFF LEE BEM

ONGAR police sergeant Geoff Lee was awarded the British Empire Medal in the New Year's Honours List.

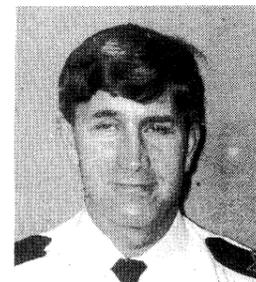
The honour is made in recognition of his charity work, general community work and his police work during his 27 years with the force.

Sgt Lee joined Essex Police in 1963, serving at Basildon and South Benfleet before being promoted to sergeant in October 1972, when he was posted to Ongar.

Since then he has received two police bravery awards, as reported in the Law.

With Ongar Pc Mick Page, Sgt Lee built a patio in the grounds of Ongar's sheltered accommodation for the elderly — Frank Bretton House in Basons Way — and recently was instrumental in getting a tiered water garden constructed at the house — the work being paid for by local groups, individuals and businesses.

He has also raised money himself by taking part in sponsored events.



In 1985 he raised £400 for St Francis Hospice in a sponsored run, raised £6,500 the following year by running from Lands End to John O'Groats, and in 1987 raised £1,500 for Frank Bretton House.

For four years he has been a member of Ongar Rotary Club and for three of those has been its community services chairman. Elderly residents of the Ongar area know him best as the organiser of the annual senior citizens' Christmas party held at the Budworth Hall.

To mark his contributions to the community he was presented with the Community Service Medal of the Epping Forest District Council in April 1989. The medal is awarded annually to an Essex or Metropolitan police officer.

The Chief Constable's High Commendation Award was presented to him in March 1988 after he and Pc Mick Page, who also received an award foiled a kidnap attempt at a house in Marden Ash, Ongar.

Several years earlier Sgt Lee disarmed a man after being called to a house in Beauchamp Roding.

He has lived in Ongar for 17 years with his wife Edna. He has a married son David and daughter Helen.

William Gray

AFTER six years as the Force's Assistant Chief Constable, Mr William Gray (right) was appointed Deputy Chief Constable of Bedfordshire Police on October 18.

Mr Gray, 53, succeeded Mr Michael Taylor, who has returned to the Metropolitan Police as a Deputy Assistant Commissioner.

Mr Gray was a Police Cadet and served with Essex Police before moving to Bedfordshire. He is married with sons aged 16 and 21, and his



hobbies include gardening, walking and caravanning.

Law Letters

Essex Hospices

Dear Friends
On behalf of the five Essex Hospices I am grateful to have the opportunity through The Law to thank Force and Civilian Personnel and Pensioners for the splendid response to the payroll giving leaflet recently circulated by the Essex County Council. Early indications are most encouraging and we are also grateful to the senior staff around the Force who are providing facilities for follow-up canvassing.

Unfortunately too many of us have been close to the protracted terminal illness of loved ones, friends or colleagues. Whilst Hospice care provides no miracle cure and may not be viable in every case there will be many occasions where a referral will provide relief and support to both the sufferer and their nearest and dearest.

The Essex Hospices are almost entirely dependent on financial support from the local community and volunteers who give their time in a variety of ways. I would therefore also like to thank the many groups and individuals around the Force who, over the past ten years, have given such support and I am sure will continue to do so.

Yours sincerely
GEORGE HARRIS
(ex C/supt)
Appeal co-ordinator
Chelmsford Hospice

Many Thanks

Dear Sir,
Through your column, I and my family would like to thank the Chief Constable and all ranks of the Essex Police for the beautiful floral tribute on the death of my dear husband, Bill Cook, last December. Thanks also to friends and colleagues of Southend Police Club for their flowers and messages of sympathy.

We were also most moved by the small Guard of Honour at Southend Crematorium.

My husband would have been very proud.

Yours sincerely
FLORENCE COOK

Reunion

Dear Sir,
I thought that you might be interested in the story I am about to write for The Law newspaper. So that you know who the writer is I will tell you that I am Ex Det Con 371 Long and I served in the Essex Police for 25 years and was discharged on medical grounds on 31st December 1976.

In April, 1989, my wife and I went to visit Bert and Marion Atkinson at Vacaville, California, USA. They are my brother and sister-in-law. While staying with them we also went to Solvang, California, and we met and stayed with Jack Woodards and his wife, for a few days.

So that this letter is not too long I will try and keep matters short for you and will give details of Bert Atkinson and Jack Woodards, and then this story will unfold.

On 28th March, 1946, Bert joined the Glasgow City Police and transferred to Essex County Constabulary in 1948. For a time Bert was stationed at Clacton-on-Sea where he was on the beat and then went in Admin. He was only in Admin for a short time and was then posted to Harwich and took over from a Pc Bull in the Admin office. He remained in the Force until 1953, when he and Marion left the area and went to the USA to start a new life. In fact the year 1953 will not be forgotten because in March 1953, I married Marion's sister Janet and Bert and Marion left for the USA that same year. For the first five years in the States, employment was hard to get but they managed and it was after they became American subjects that Bert got a job with the 'AAA' and was dealing with 'stolen' car claims etc.

He then stayed with the company and was in Real Estate. He retired from the three 'A's 7 years ago and at that time was Branch Manager. So you will see did very well for himself and also Marion gained employment as hairdresser/manicurist and for several years was working in a Travel Agents business. Both are still in very good health and 'do not look their age.' Bert plays a lot of golf these days and in fact has a very nice house which backs onto the Golf Course - very convenient. Jack Woodards joined the

Essex County Constabulary in March, 1935. No. Pc 565. At this time he served at Romford and Collier Row. (At that time Romford was in Essex Police District). During the war Jack served in the Royal Air Force and when discharged he came back to Romford Division. In 1950 Jack was promoted to Sergeant No. 52 and was posted to Harwich. You will note that this is when he met Bert and this is where the link comes in with this story. Jack resigned from the Force in March, 1953. Since being in America, Jack has been a carpenter and of course he has now retired and is aged 75. Jack has a son and he is a Sergeant in California Highway Patrol at King City, California.

When Bert and Jack left the Force there was a story in



Reunited — Wally, Jack and Bert.

the local paper about them. Briefly the story was that Bert put his 'ticket' in and unbeknown to him, the very same day Jack put his 'ticket' in. When Bert spoke to Jack about it, Bert stated he was going to USA, California. To his amazement Jack stated that he was doing the same thing. After further conversation they found that they were both going on the same boat on the same day. That really was an unbelievable coincidence. Naturally enough they have remained friends ever since.

While staying with Jack naturally enough a lot of talk was about 'The Force' and old times and experiences. Jack very kindly gave me 3 photographs. One is of a

group at Romford Police dance on 21st November, 1937. Another is Jacks Class on joining the force and the other is of 4 classmates. Jack could not remember all the names of the classmates but the names some of them and they are Williams, G. Sutton, Ron Bearman, Don Murray, Ken Watson, Bill Simpson and George Holliday. It would be very interesting to know if a retired member can remember any more of the officers in the photograph. Should anyone inform you of this I will be only too glad to inform Jack and also if anyone wants Jack's or Bert's address I will assist them in any way I can.

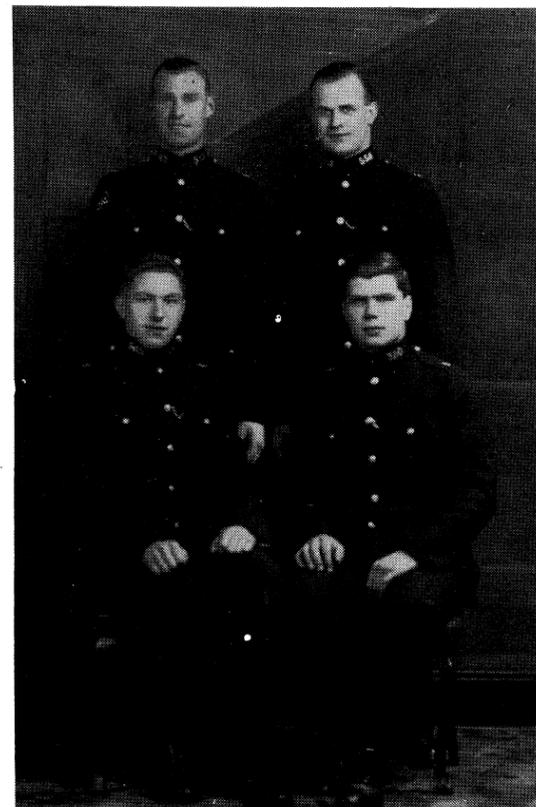
Yours faithfully,
WALLY LONG



Romford Police Dance, November 1937.



Jack Woodward's class of yesteryear.



Four more of Jack's classmates... do you recognise any of them?

National Association of Retired Police Officers by Doug Rampling

Now that Christmas is but a blurred memory the time has come once again to get the ancient machine working and produce the column before I get the usual reminder from the press office.

I suppose the most important item for our attentions at this time of year is what kind of pension increase we can expect come April, well, it is all a matter of wait and see as far as I can ascertain. My guess would be an increase within the region of 7% to 7½% based on the November index, but, I emphasize that this is only a personal estimate.

I am pleased to be able to inform you that all Preserved Rate Widows in Essex have now received the monies allocated to them following the government computer error - at least something was achieved in their favour.

As you will have realised by now, 1990 is the 150th anniversary of Essex Police and a number of events are being arranged to celebrate this milestone in the history of the force. The main event of course will be the Police input at the Colchester Tattoo which is running from 30th July to the 4th of August. In relation to this event Superintendent J. Rhymes at the Force Training School would welcome volunteers from the ranks of retired members who would be willing to assist at the tattoo in any way. If you are interested please give him a ring at Headquarters Extension 2740. Chelmsford Branch held a very successful social evening at Head-

quarters on the 15th December when once again friends were able to get together and enjoy themselves.

On the subject of social events the following dates are for your diaries:

12th May, 1990, Chelmsford Branch coah outing to Hampton Court. Details have already been circulated to branch members.

6th July, 1990. Force Garden Party at Headquarters.

8th September, 1990. Chelmsford Branch annual luncheon.

7th December, 1990. Christmas Social at Headquarters.

Social events for Colchester/Clacton and Southend branches will be notified to members direct by the Secretaries.

The Annual General Meeting for Chelmsford will be held at Headquarters on Saturday 7th April at 11am.

I have received the following communication from the Secretary of the Essex Police Friendly Society which will be of interest to many: "The papers for the dissolution of the Essex Police Friendly Society are with the relevant government department. Some additional delays have been brought about by changes in personnel. The senior Civil Servant dealing with the matter has changed. Certain matters such as advertising the proposals in the press locally and the London Gazette are being insisted upon and are yet to be actioned. The matter is proceeding as quickly as I can possibly manage it."

Finally if you live in the Southend area and have some spare time in which you feel you could help others, you might like to know about C.A.P.E. the Community Action Project for the Elderly, Grosvenor House, 22, The Leas, Westcliff. Tel. 349763. The organisation was set up to help the elderly and their carers resident in the borough of Southend with day-to-day problems. If you would like to know more please give them a ring, you would be warmly welcomed.

There we are then, the end of another epistle. Hope to see some of you around during the year.

ESSEX POLICE COMRADES ASSOC

THE Association is open to all Essex Officers who have either retired from the Force or who are still serving and have at least 10 years Police service.

The two annual functions are designed to allow colleagues and former colleagues the opportunity to

meet on an informal basis and chat over old times.

Annual Spring Buffet May 5, 1990 — £5.00.

Annual Autumn Luncheon October 26, 1990 — £7.50.

For further details contact Bob Needham (Hon Sec) at Police Headquarters (ext 2799).

Retirements

We wish you all the very best for a long and happy retirement

Wpc 3058 C. M. Brock, Support/Rayleigh Traffic, December 15 after 22 years 247 days service.
Pc 1096 P. C. Humphrey, Colchester, December 23, after 30 years service.
Pc 813 G. D. Jenkins, Grays Collator, December 28, after 27 years 191 days service.
Dc 2191 T. P. D. Mead, HQ CID/CDU Car Squad, December 29 after 32 years 67 days service.
Pc 575 B. J. Walker, Chelmsford/Maldon, December 31, after 29 years 97 days service.
Wpc 3116 E. A. Shillingford, Basildon, January 15, after 14 years 137 days service.
Pc 1235 R. A. Rowley, Southend/Rayleigh, January 15 after 17 years 103 days service.
Pc 1502 A. J. Kerr, Southend/Rayleigh, January 15 after 16 years 160 days service.
Pc 822 M. J. Finn, Col-

chester, January 17 after 30 years 60 days service.

Ps 287 D. M. Conerney, Colchester/Thorpe-le-Soken, January 22 after 25 years 282 days service.

Ps 374 T. F. K. Peck, Support/Chelmsford Traffic, January 24 after 30 years service.

Chief Superintendent A. C. Levey, HQ Seconded Staff/Ashford PTC, January 31 after 30 years 11 days service.

Mr R. Grange, Admin Assistant, Southend, who retired 12 11 89.

Mr S. A. M. Greenouff, Shift Leader, HQ CID, who retired 17 11 89.

Mrs V. D. C. White, P/T Cleaner, Saffron Walden, who retired 25 12 89.

Mrs E. R. Jardine, Clerk/Typist, Rayleigh, who retired 31 12 89.

Mr T. I. Abel, Chief Admin Officer HQ, who retired 31 12 89.

Mr E. Logan, Traffic Warden, Harlow, who retired 1 1 90.

Mrs J. Kirk, Assistant Cook, Harlow, who retired 2 1 90.
Mr M. F. Hagon, Officer Manager, Colchester, who retired 11 1 90.
Mr L. Mortlock, Clerical Assistant, Support Division, who retired 28 1 90.

The Tuesday Club

SIR. - The enclosed picture is forwarded in the hope you may include it in the next issue of The Law for the interest of all former and present Clacton Officers who may know us.

The photograph was taken at our recent Christmas get-together in the bar at Clacton Police Station on 19.12.89.

All shown are members of the "Tuesday Club" which was started over 10 years ago by Gerry STEELE and the present writer, whilst serving together at Clacton. We met on Tuesday nights for a game

of snooker, a chat and the odd drink.

Since those days others have joined us and over the years as our turn came to retire we have continued to meet on a regular basis.

The numbers vary depending on health, other commitments, absence on holidays, but there is usually about six of us in the bar each Tuesday.

The chaps in the picture are of course, reading from left to right, Back Row, Len COLE, George RAVEN, Dave FOSKEW (Still serv-

ing), Gerry STEELE. Front Row, John FOSKEW (Dave's father, guest) Dennis SLAYDEN, Gordon Hughes-Wiffing, Paul LEEDER (Guest).

One regular member who was unable to be present was John JACOBS, well known to all ex-Clacton, I'm sure.

We think the fact that most of us have known each other over more than 20 years speaks volumes about all that is good about Essex Police and long may it continue.

DENNIS SLAYDEN,
(Ex PC 884)



Federation Notes



by
Brian Pallant

Rent Allowance:

WITH just two months to go to the deadline of the 1st April 1990 we still do not know what the outcome will be with regard to the changes in Rent Allowance.

Since my last article in the December edition of 'The Law', where I covered the then Home Secretary Douglas Hurd's letter, further meetings were held and agreement was reached at the Police Negotiating Board with regard to the Arbitration agreement.

This agreement was then sent to the new Home Secretary David Waddington for his ratification. In his wisdom the Home Secretary decided to implement those parts that he agreed with and changed or threw out entirely those parts he disagreed with. As a result of this decision all our members would be severely financially disadvantaged come the 1st April 1990.

On the 27th December 1989 I fully circulated a copy of the letter from the Home Office setting out the new Home Secretary's proposed changes. Draft regulations had been prepared and sent to our National Negotiators for their comments by 26th January 1990.

These Draft Regulations have never been sent out from our National Offices at Surbiton to the Membership, and in fact to date since the letter of the 27th December 1989 nothing further has been received in writing from Surbiton with regard to the situation.

I did manage to obtain a copy of the Draft Regulations from another source. However I have not circulated these locally as they would only confuse you further. Many of the areas are open to different interpretations.

On Tuesday 30th January 1990 I attended a Joint Branch Board Secretaries meeting held at our National Offices at Surbiton. Vee Neild our National Secretary gave a full up date to that meeting setting out the current position on the Rent Allowance negotiations.

The Staff Side working group on Rent Allowance had responded to the Home Office with regard to the new Draft Regulations by the 26th January 1990. Their response was

that the Regulations were totally unacceptable to the Police Federation.

On the 17th January 1990 the Staff Side Secretary Vee Neild accompanied by the Chairman J. Anderton and our Parliamentary Advisor Michael Sheresby met the Home Secretary at the Home office. They had a long discussion putting the views of the Federation with regard to the Draft Regulations and also the problems that would arise for our members if these Regulations went ahead.

The Home Secretary listened to all the points raised and agreed to go away and reconsider the position. He will give his response to the Staff side in the near future.

As soon as this response is received I will circulate you all as to the way ahead.

Can I take this opportunity of thanking those Members and wives who took it on themselves to write direct to their Members of Parliament about the situation of Officers in Provided Accommodation. These letters have added considerable weight to those that have been sent on your behalf by the Joint Branch Board.

During the past few weeks we have had many questions in the Office with regard to the situation on Rent Allowance. We have endeavoured where possible to answer these queries however on some occasions this has not been possible as we do not know the answer.

To assist members your Joint Branch Board have called an Emergency Open Meeting purely to discuss the Rent Allowance situation. The meeting will be held at 7.00pm on Tuesday 13th February 1990 at the Assembly Hall, Police Headquarters.

Car Leasing Scheme

In the last edition I reported that the matter would be discussed at the Police Negotiating Board on the 28th November 1989 where a decision was expected. The meeting went ahead but unfortunately no decision was reached. It was decided that the Official Side would go away and prepare a form of wording for the new enabling regulation. The matter would then be discussed at a meeting of the two

Secretaries rather than waiting for the next full meeting of the Police Negotiating Board. This meeting took place at the beginning of January 1990. The Secretaries agreed on a basis of wording to go back to the Police Negotiating Board, although there were reservations from the Staff Side with regard to the protection on the member being moved within his three year contract. The form of wording will be put before the next Police Negotiating Board Meeting in March when it is hoped that agreement will be reached.

In view of the delays experienced over the past few months I cannot see the Car Leasing scheme coming into being in Essex until July 1990 at the earliest assuming of course that everything goes to play in March and agreement is reached.

Public Order Training Insurance

Public Order Training Insurance

In the last edition I reported that I was seeking clarification from the National Federation Secretary with regard to the progress being made at the Police Negotiating Board on a National Agreement. I can now report as follows:-

The original claim was made to the Official Side in March 1987 and was discussed at a subsequent Police Negotiating Board Meeting. There was a disagreement registered by both sides and the matter was due to go to Arbitration.

However the events with regard to Rent Allowances overtook the negotiations mainly due to the fact that the same negotiators were tied up on the Rent Allowance Negotiations. The matter has however recently been resurrected and the Official Side have agreed to negotiate further before going to Arbitration. To this end a small working party has been set up to look at the overall situation and report back to the full Police Negotiating Board. It is hoped that agreement can now be reached without going to Arbitration.

You will be informed of any decision.

Legal Expenses Insurance

We have now completed the second year of the above scheme and I am pleased to announce that last year has proved more successful than the first. More members have joined with the membership now standing at over 1000 members. We also have a small number of retired officers that joined during the year. Because of our good claims experience over the past year I am pleased to announce that there will be no increase in the premium for the next 12 months. Thus the premium will continue to be

£1.70 per month for Serving Officers, retired Officers premiums will also remain unchanged.

Can I take this opportunity for thanking Doug Rampling in the Office for the hard work he has put in during the last year in running the scheme.

Finally if you are not in the scheme but would like details please contact Doug in the Federation Office on extension 2215.

Pensions

It has come to my notice recently that several members have been considering opting out of the Police Pension Scheme. Can I reiterate the viewpoint of my predecessors Jim Rodgers in that there is no better scheme at the moment than the Police Pension Scheme. The Benefit are far reaching and should be borne in mind by members when they are considering opting out. The main areas that members seem to forget are:-

Ill Health Pension.
Injury on Duty.
Widows and Childs Benefits
5 Times Salary when Officers are killed or permanently disabled on duty.

To assist members further I have decided to do a series of articles based on the Pension Regulations.

These articles will commence in the next edition of 'The Law' and continue for the next four or five editions.

Force Uniform

We have received several phone calls in the Federation Office with regard to when are we getting the new Goretex Anoraks and the Light Weight Trousers. At the last Uniform Committee meeting both items were fully discussed.

The current position with regard to the Goretex Anorak is that there was a problem with the first batch which were supplied for Traffic and certain parts of the Operations Department. As a result of this problem the force have gone out to fresh tender with regard to the rest of the anoraks. The material is to hand and as soon as the contract has been awarded then manufacture will get underway and Officers supplied with the new anorak as soon as possible.

With regard to the Light Weight trousers. The committee have now agreed a sample pair and it is hoped that these will be available for this summer. You should by now have been asked to supply your measurements so that the right sizes can be ordered. I understand that the supply will be on a one off issue to each member of one pair of trousers. Thereafter it will be up to the Officer which trousers he orders in the year either Light Weight or the normal weight. Note well you are only entitled to two pairs per year under the Regulations.

Members Services

Car Insurance:-

Summit Motor Policies at Waterloo Lane, Chelmsford are offering preferential rates to all members of the Essex Police (this includes Civilian employees). However Police Officers who hold a Police Driving permit can get even better discounts. Posters are being prepared and will be circulated in due course on Federation Notice Boards. Details will be circulated to individual officers in due course.

In the meantime if you are considering renewing your car insurance why not give SUMMIT a ring. The number is CHELMSFORD 496496 just ask for the Essex Police Scheme.

Loans and Mortgages

You will remember that your Federation in conjunction with the Force Welfare Department

secured a number of benefits for members with regard to Mortgages and Loans with the Halifax Building Society in Chelmsford.

Just to remind you of what is currently on offer:-

Loans The Personal Loans are now still cheaper than the normal base loans to all members of Essex Police (including Civilian staff) application forms are available from the Federation Office at Police Headquarters.

Mortgages. Arrangements have now been finalised to enable members of the Police Pension Scheme to take out a pension style mortgage. Full details from the Halifax. Also being offered at the moment for all Employees is a reduction on the standard mortgage rate for the first 12 months of the mortgage.

Presentation Evening

To give a more detailed description of what is on offer under the schemes a further presentation evening has been arranged at Police Headquarters, Chelmsford for Monday 26th March 1990 commencing at 7.30pm.

Posters advertising the

evening will be circulated in due course.

If you require any of the above services or would just like advice please contact the special Helpline set up by the Halifax on Chelmsford (0245) 265221 and just ask for the Essex Police Information Desk.

150th Anniversary Celebrations

IN CONNECTION WITH THE 150th ANNIVERSARY OF THE FORCE THE FEDERATION OFFICE WILL SHORTLY HAVE AVAILABLE FOR SALE THE FOLLOWING ITEMS:-

- | | |
|--|---|
| ANNIVERSARY NECK TIE:
PRICE £4. | Navy blue tie bearing a single Essex Police badge. Red, white and blue diagonal stripe above and below badge. Gold figures 1840-1990 below badge. |
| ANNIVERSARY MUG:
PRICE £4. | Tankard-style coffee mug in cream colour with force crest on front. Commemorative inscription on reverse. |
| ANNIVERSARY TIE RACK:
PRICE £2. | Tie rack in gold with force crest. Scroll below with dates 1840-1990. |
| ANNIVERSARY MEDALLION:
PRICE APPROX £5. | 45mm cupro-nickel medallion in presentation case. Front of medallion bearing force badge and commemorative inscription. Rear bearing five armorial shields of the boroughs of Southend, Colchester, Saffron Walden, Maldon and Harwich. |
| CUPRO-NICKEL SALVER AND DISPLAY STAND:
PRICE APPROX £13. | Cupro-nickel salver incorporating medallion as above. |
| CRYSTAL GLASS GOBLET:
PRICE APPROX £14. | Crystal goblet bearing engraved force badge and commemorative inscription. Complete with presentation box. |
| FORCE PLAQUE:
PRICE £12. | Force plaque incorporating badge. Scroll commemorative inscription above and Essex police below. |

If you would like to reserve any of the above items, please return the below to Joint Branch Board Secretary, Federation Office Headquarters. Goods will be despatched when available.

To: J. B. B. SECRETARY, FEDERATION OFFICE, HEADQUARTERS.
PLEASE RESERVE THE FOLLOWING AND DESPATCH TO ME WHEN AVAILABLE:

NECK TIE	COFFEE MUG
TIE RACK	MEDALLION
SALVER	CRYSTAL GOBLET
PLAQUE	(Please tick where appropriate)
NAME.....	
STATION	

NOT ANOTHER CAUTION

IT HAS finally filtered through (who said 'and about time too?') that the juvenile cautioning system is less than popular and does on occasions cause alarm and despondency.

If I could impose a little on your time perhaps a brief explanation is in order. I am the decision-maker for the Harlow Division. I haven't been so for very long, just long enough to really get to grips with the scheme. Before that I shared the view of many of you out there. I would scream and shout, gnash my teeth and sulk. "The ★★★★★★CSB have cautioned another one!" Then I was offered the job of making the decisions. Joy and elation! Manna from Heaven! Now you'll see some common sense. I seriously considered sending a memo to the CPS saying "OK, WAKE UP AND BRACE YOURSELF. YOU'RE GOING TO HAVE TO WORK FOR YOUR LIVING".

Then a strange thing happened. Contrary to all known police practice I was given instruction about the job before I actually took it on. The instruction and information, coupled with my own research, has, much to my surprise, made me temper my views somewhat.

I have to tell you that I am now just about convinced of the value of the cautioning system. NO I HAVE NOT BEEN BRAINWASHED! I feel that it deserves a bit more positive attention than we've allowed of late.

Please consider just what the system sets out to achieve. I used to think it was political — good election propaganda to show that juvenile court appearances are down. Not so. There is in existence a Home Office White Paper, if you're that interested it's "Young Offenders 1981" and that worthy document sets out the base very nicely. I quote "All available evidence suggests that juvenile offenders who can be diverted from the criminal justice system at an

early stage in their offending are less like to re-offend than those who become involved in judicial proceedings."

In English that translates as only about 13 per cent of first-time offenders who are cautioned actually come back for more whilst of those first-timers who are prosecuted 26 per cent re-offend.

Now I know you can make statistics read any way you want (some might even say that they show that only 13% are daft enough to get caught

again) but the figures are a bit promising.

Having blundered my way through so far I can still hear the question, "What does a caution achieve?" If you don't accept what's already been outlined then I can't really take it any deeper. If, however, you turn to the flipside and ask "What does a prosecution and conviction achieve?" then the answer is simple. A criminal record. Membership of that national but very undesirable club, CRO. It brings all the benefits that membership can offer — family disgrace, lost job opportunities, certain foreign travel restrictions and so on.

A POINT TO PONDER — HOW MANY OF US, AS A CALLOW AND ART-

LESS YOUTH, HAVE DONE SOMETHING, BEEN GLAD WE WERE NOT CAUGHT, AND NOW WOULD PREFER TO FORGET ALL ABOUT? SURELY I'M NOT THE ONLY ONE WITH RED CHEEKS! So unless the offence is so serious that we can't even consider a caution we TRY to get the youngster back on the right tracks. As already stated we succeed in the vast majority of cases.

Please don't get the idea that we wear blinkers when deciding on case files. Just take a look at the following figures which you CAN believe:-

In 1988 Essex Police dealt with 5130 juvenile files and the final disposal was as follows:

Prosecution	1470 or 28.7%
Caution	3001 or 58.4%
NFA	447 or 8.7%
Advice	212 or 4.2%

So, as you can see, we do put a fair number before the Courts.

As you might expect the vast majority of offences committed by juveniles involve theft from shops but other cautionable matters include: possession of small amounts of cannabis for personal use, criminal dam-

age where the value is not excessive and parental compensation is agreed, the lower scaled ABH (school fights etc) and so on.

Paperwork for a caution is simple too. Surely we can all agree on that. CSBI, aggrieved's statement and a summary of facts. Easy.

Aggrieved's statement. That means there's a victim. What do we do about the victim? Quite a lot. It's fair to say that nearly all such people are quite happy to leave the question of case disposal with the police. We can often arrange 'compensation' via the parent of the offender in appropriate cases. But even if we caution and the aggrieved feels strongly about prosecution then there is nothing to stop a private summons being issued nor to prevent a civil action for damages. In fact we will assist by providing necessary information for such cases.

Enough preaching. What are the mechanics of the cautions?

To start with the offence must be proveable and admitted and the offender has to sign a certificate to that effect. That certificate is then filed and until the offender's seventeenth birthday IT CAN BE CITED IN

COURT THE SAME AS PREVIOUS CONVICTIONS.

The first caution in real terms is the Divisional variety. It is for a first offender and is administered by the local Uniformed Duty Inspector. It is by far the most effective and is the one that stops the 83% in their tracks.

If, however, the client likes the service we offer and comes back for more then we can offer him a CSB caution. This one is administered by a CSB officer (that took a lot of working out, didn't it) and is usually the final effort. By now the wee person has enough points to qualify for a summons. Except that in appropriate cases we can try just one more tack

The last-ditch effort has different names around the County but in essence it's the same and I shall, therefore, call it a 'Supported Caution'. The wee customer is given a CSB caution in the usual way but then is required to undertake three sessions, each of two hours, with a counsellor from an organisation called Juvenile Justice. Who? Quite. I'd never heard of them prior to this either. They are very 'down to earth' folk recruited from Probation and Social Services, NO

DON'T THROW THE PAPER AWAY. These people really know what they're about. The only cases we refer to this outfit are those that we both agree are suitable. In fact we've had cases returned as 'unsuitable for counselling' and we've gone ahead with prosecution.

So, the bottom line. Yes, the system does allow for more than one caution. On the whole the system does work. We know that it doesn't work in EVERY case but then again does anyone know of a PERFECT system? I don't.

The next time you find your juvenile case marked up for a caution please just stop for a second and think. It could be that the caution, if properly administered, will have a deep and long-lasting effect. The only thing that won't be there is the CRO number. Is that such a bad thing? I WONDER. And since the cautions are citeable in court if the time comes IS HE REALLY GETTING AWAY WITH IT?

If the foregoing has answered your queries and settled the dust a bit then I'm glad. Even so please call, or phone, your local CSB office if you'd like to know more. We are one the same side and we'd be pleased to help.

Roll of honour

Well, at long last, here is the current definitive list of officers who have made the ultimate sacrifice for the people of Essex.

Under the arrangements for the 150th Anniversary it is intended to erect a memorial displaying the Roll of Honour. It is vital that the list is accurate so we are asking for

retired officers and Special Constables who may be missing from the list. Please contact either Chief Inspector Ward FSU, extension 2420 or Chief Inspector Hindley, HQIR, extension 2203.

In due course further research will be carried out, by officers from the FSU, which will be recorded in a bound book for display.

NO	NAME	RANK	DOB	DATE OF JOINING	DATE OF DEATH	FORCE	RESUME OF CIRCUMSTANCES	REMARKS
1.	James JAY	Constable	Born 1820	11 Feb 1842	2 May 1845	Essex County	Ruptured in execution of duty and subsequently died.	Full details unknown
2.	William CAMPLING	High Constable	NK	NK	7 Nov 1849	Saffron Walden Borough	Shot in legs with a shotgun. Died of gangrene.	Full details known
3.	Robert BAMBOROUGH	Constable 136	Born 1807	21 August 1843	30 Nov 1850	Essex County	Died from injuries received from prisoner who he was escorting.	Full details known
4.	Edward WILLSMORE	Constable 151	Born 1824	12 Feb 1847	29 March 1851	Essex County	Drowned accidentally in River Crouch in execution of duty.	Full details unknown
5.	John SMITH	Constable 66	Born 1810	1 July 1842	28 Dec 1858	Essex County	Drowned accidentally in execution of duty.	Full details unknown
6.	Thomas SIMMONDS	Inspector	Born 1844	11 Sept 1865	24 Jan 1885	Essex County	Shot by burglar in execution of his duty on 20 January and died of injuries.	Full details known
7.	Edward RAVEN	Constable 213	Born 1836	4 April 1859	7 August 1886	Essex County	Accidentally drowned in the River Crouch when proceeding in a small boat from Burnham to Foulness.	Full details unknown
8.	Adam John EVES	Acting Sergeant	NK	1 March 1877	16 April 1893	Essex County	Mortally injured.	Full details known
9.	John HARVEY	Sergeant	NK	30 Nov 1855	5 Jan 1894	Essex County	Drowned in execution of duty.	Full details unknown
10.	Walter REEVE	Constable	NK	22 Sept 1890	16 Feb 1911	Essex County	Drowned.	Full details unknown
11.	Joseph WATT	Constable 357	NK	2 April 1906	8 Sept 1913	Essex County	Died from injuries received attempting to stop a runaway horse.	Full details unknown
12.	Thomas WAKE	Constable 464	NK	22 Aug 1921	8 Feb 1927	Essex County	Hit by motorcycle on duty on 31 October, 1926.	Full details unknown
13.	George GUTTERIDGE	Constable 218	29 July 1889	5 April 1910	27 Sept 1927	Essex County	Shot on duty.	Full details known
14.	Fred BOOTH	Constable 181	NK	15 Sept 1933	22 Oct 1934	Essex County	Died as a result of an accident arterial road Dunton Wayletts.	Full details unknown
15.	Alexander Scott	Constable 480	5 Sept 1919	1 June 1934	16 Nov 1940	Essex County	Killed as a result of enemy action whilst on duty at HQ.	Full details known
16.	Morris LEE	Constable 298	4 Nov 1911	6 Nov 1935	16 Nov 1940	Essex County	Killed as a result of enemy action whilst on duty at HQ.	Full details known
17.	David LEWIS	Sergeant 28	8 Aug 1901	19 March 1926	14 July 1946	Essex County	Collapsed after ejecting members from a motor bus	Full details unknown
18.	Edmund FROST	Sergeant 32	27 July 1904	8 March 1929	8 April 1948	Essex County	Whilst arresting a deserter in early 1945 received injuries from which he later died.	Full details unknown
19.	Sidney DODD	Constable 780	18 May 1924	1 Sept 1949	24 Feb 1957	Essex County	Killed on duty R.T.A.	Full details unknown
20.	Brian RIPPINGALE	Constable 354	19 Sept 1940	17 Sept 1959	2 Sept 1968	Essex County	Killed on duty R.T.A., whilst chasing suspect	Full details unknown Ex Cadet
21.	John SHRIMPLIN	Constable 1342	8 April 1947	14 May 1964	2 March 1970	Essex & SOS Joint Constabulary	Killed on duty R.T.A., motorcycle	Full details unknown
22.	Peter James WRINGE	Constable 1963	10 Dec 1958	29 Dec 1981	4 July 1982	Essex & SOS Joint Constabulary	Whilst investigating burglar alarm at warehouse fell through roof on 2 July 1982, subsequently died of his injuries in St. Bartholomew's Hospital.	Full details known
23.	Stephen Fletcher GREET	Constable 797	3 Nov 1957	7 March 1983	14 August 1984	Essex Police	Killed in R.T.A.	Full details known
24.	Brian John BISHOP	A/Sergeant 389	24 April 1947	11 Aug 1956	27 August 1984	Essex Police	Shot by armed robber.	Full details known
25.	David WORSFOLD	Constable 1745	4 Aug 1958	30 Aug 1977	5 March 1987	Essex Police	R.T.A.	Full details known
26.	Stephen TAYLOR	Constable 1879	4 June 1957	30 June 1979	1 June 1989	Essex Police	Diving accident on 1 June, 1989.	Full details known
27.	Andrew MORRISON	Constable 1671	10 Nov 1954	2 Feb 1976	2 June 1989	Essex Police	Diving accident on 1 June, 1989.	Full details known
28.	Jo-Ann JENNINGS	Woman Constable 3267	19 May 1966	16 Feb 1987	12 Nov 1989	Essex Police	R.T.A.	Full details known

ESSEX POLICE 150th ANNIVERSARY CELEBRATIONS

PROVISIONAL DIARY OF EVENTS

1990 SPRING/SUMMER	Colchester and Tendring District Council	Floral Clocks with Police Badge or theme
JANUARY TO JULY	Schools	Community Services Branch exhibitions throughout the county
FEBRUARY		
12th-17th	Harvey Centre	Harlow Police exhibitions for a week
APRIL		
7th	Southend	150th Anniversary of Essex Police. Ice Cream Desert
	Chelmsford	The Admiral McHardy Walk International Police March and foundation of permanent footpath
27th	Chelmsford — Schools only	Police Station Open Day
28th	Chelmsford — Public	Police Station Open Day
MAY		
19th	Tilbury	Police Station Open Day
24th/26th	Chelmsford	Series of Band Concerts
JUNE		
1st	Basildon	Sports and Social Club Pensioners evening
2nd	Canvey Island	Police Exhibition
9th	Southend	Gala Ball
22nd	Colchester	Summer Ball
22nd-24th	Braintree	Vision 2000
30th	Colchester	The Mayor's Reception
30th	Brentwood	Police Station Open Day
JULY		
1st	Colchester	Fun Day at Castle Park
1st	Harwich	Police Station Open Day
1st	Epping	Epping Police Fete
4th-7th	Harwich	Policing through the ages display at Guildhall
6th	Basildon	Band Concert at St Martin's Church
6th	Headquarters	Pensioners' Garden Party
7th	Headquarters	Police Dog Trials
8th	Headquarters	Fete and Exhibitions
8th-10th	Chelmsford	Band Concerts
9th-13th	Manningtree	Display in the Library
14th	Saffron Walden	Carnival Fayre
14th	Tendring	The Tendring Hundred Show
19th	Braintree	Traders Cricket Match
22nd	Maldon	999 Fayre
21st/22nd	Southend	On the beat, a major event on the Western Esplanade
23rd-27th	Countywide	Force Cricket Week
AUGUST		
1st-4th	Colchester	Searchlight Tattoo with Police involvement
19th	Grays	999 Fayre
27th	Basildon	Basildon Town Show
SEPTEMBER		
1st	Clacton	Band Concerts (Afternoon & Evening)
1st	Benfleet	Runnymede Hall Fayre
14th/15th	Basildon	Basildon Open Day
16th	Witham	Police Open Day
22nd/23rd	Billericay	Barleylands Fair and Police Vehicle exhibition
22nd	Saffron Walden	Michaelmas Fair
23rd	Chelmsford	Service at the Cathedral
OCTOBER		
12th	Grays — Schools only	Police Station Open Day
13th	Grays — Public	Police Station Open Day
MEMORABILIA		
Medallion	Mr RAMPLING Federation	
Mugs	Mr RAMPLING Federation	
Ties	Mr PALLANT Federation	
Limited Edition Model	C/Insp D. HOWARD	
Southend Rock	Supt BENNING	
Admiral McHardy Walk	Ps NEEDHAM	
Commemorative Medallion	Pc PALLANT Federation	
First Day Cover		

Pc plays midwife



ON MONDAY January 16 police standing in for striking ambulancemen raced to answer the 999 call when Mrs Susan Ellingford went into labour at her home in Orchard Road, Southminster. On the 15-mile trip to the hospital baby Kimberley decided to make an early appearance. Shocked policemen Stephen Clarke and Richard Curtis stopped the specially equipped Transit van at the side of the road and Pc Clarke turned midwife. The experience wasn't a complete shock to Susan who already has five other children. Both mother, baby and Pc Clarke are reported to be doing well.

LETTERS EXTRA

Hospitality?

Dear Sir,
As a serving officer and an ex-member at the Force football team I was dismayed and extremely disappointed on Monday December 11, 1989, to find the entire Devon and Cornwall football team together with visiting supporters in the HQ police bars with no apparent opposite numbers from the Essex police team who they had played that afternoon.

Only two Essex officers were present, John Stewart and Bob Sloan both of whom attempted to show the visiting side some form of hospitality.

Allowing for the extingencies of duties it was a pretty poor effort, where have the days gone where you all sat round exchanging stories, making friends, and making new contacts with your fellow police officers, as was certainly the case in my day.

Come on Essex police footballers, it's nice to be important but more important to be nice. Regardless of the result, win or lose, let's make visitors feel welcome to our force.

Yours sincerely,
Stuart Lowe,
Ex-right winger, shirt puller,
and dressing room entertainer.

"Fill a gap"

Dear Sir, I read with interest recently, in one of your editions sports columns, that there was some difficulty experienced by the organisers to get enough players to make up teams for the Force Bowls Section in numerous matches.

Could I bring to your attention and perhaps you would pass on the information, that here in Colchester, we have several retired Essex Police Officers who actively participate in both indoors and outdoors bowling.

To name a few, there is Cliff Barham, Jock Youngs, Peter Clarkson, Jim Watson, Denis Redgwell, Dave Passfield and myself. Also Brian Squirrell (who retires in a few weeks time).

I am sure if we had notification there are enough to 'fill a gap' and of course, keep the flag flying for Essex Police.

Yours sincerely
Pete Caffyn, rtd
ex Pc 423 Stanway Traffic

INTERNATIONAL POLICE MARCH

A NUMBER of celebrations are planned throughout the year and the wide range of activities will ensure that most people will be able to become involved.

One of the earlier events will be an International Police Long Distance Walk. This is to be held in Chelmsford on Saturday April 7, 1990. Quite a number of teams are already entered and we are assured of competitors from Belgium, Germany and Gibraltar, even at this early stage.

The whole event is designed to promote physical well-being and to foster the spirit of international goodwill and friendship. The

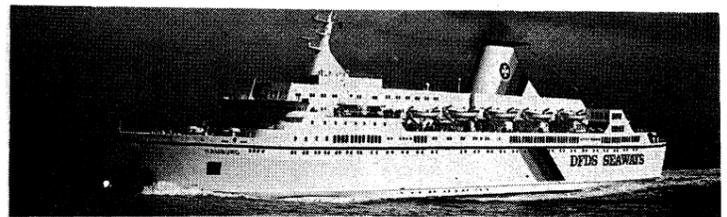
course will be 16.7 kilometres (10 miles) or at the choice of competitors 30 kilometres. It has been designed in association with Chelmsford Borough Council and will be called the Admiral McHardy Way. The walk will become part of the Council's series of leisure walks in and around Chelmsford and will be permanently way-marked as a celebration of the one hundred and fiftieth anniversary of the Force.

Teams will be required to compete in uniform and will leave H.Q. sportsfield at intervals. The route goes via Chelmer Navigation Canal, to Little Baddow, along Danbury Heights, Lingwood Common and Great Graces to return to H.Q. sportsfield. Team prizes are on offer and

every competitor who completes the course will be awarded a handsome medal.

The Essex Police Band will be present at the sportsfield and the grand assembly of teams, both national and international should provide a spectacle for all those attending the sportsfield and at vantage points around the course. The sight of so many varied uniforms will certainly provide a boost to the celebrations. A brochure of the event including an application form has been sent to each divisional sports club. All sports clubs are urged to participate together with departmental and section teams with a view to making the event a huge success. Further details of the event can be obtained from Bob Needham, March Secretary, Police Headquarters. (Ext 2799).

GERMAN MINI-CRUISE



Three day Mini-cruise to Hamburg, Germany from Harwich (Parkeston Quay) on Sunday, April 8, 1990, travelling on MS Hamburg.

The timetable is as follows:

1530 hours Sunday, April 08.....	Depart Harwich
1300 hours Monday, April 09.....	Arrive Hamburg
1630 hours Monday, April 09.....	Depart Hamburg
1200 hours Tuesday, April 10.....	Arrive Harwich

There are two, three and four-berth cabins available, each with shower and toilet. The cost is £25 per person. The price includes a coach sightseeing tour of Hamburg.

If you are interested, please complete the reservation slip and return to DS 231 B. R. Firmin at the Port of Harwich, no later than 16th March, 1990. Cheques should be made payable to B. R. Firmin.

Tickets for the cruise will be issued on the day of departure at Harwich. Boarding for ship commences at 1445 hours.

This offer is open to members of the Essex Police, retired Officers, Civilian Employees and their immediate families.

For those who do not have access to the Internal Mail system, please send your booking to Essex Police, c/o HM Immigration, Parkeston Quay, Harwich, Essex.

Passports are required

	Surname	Christian Name	Station
1			
2			
3			
4			

I require a two/three/four-berth cabin Tel No



On Tuesday 19 December 1989 Mathew Easton aged 9 years, along with members of London Transport (Leaside Buses), paid a visit to the Driving School. Mathew, who suffers from cancer of the spine was given a Christmas dinner in the H.Q. canteen and then taken on to the skid pan followed by a tour of Headquarters.

In the photograph members of London Buses and Driving School staff (As you look at the photo Mathew and his father are dead centre, Inspector Snow is on the left and Pc Booth is on the right.)

Mathew's condition is critical and is deteriorating daily and his life expectancy is minimal.

A.R. Booth Pc 1300

THE lone petrol bomber carefully sizes up the human targets. His deadly missile, taper burning, hangs smouldering in his right hand.

Suddenly he sees his chance and his right arm arcs. The milk bottle, half filled with petrol, performs a lazy loop.

As it bursts on the ground, in front of the advancing police hood, there is a stunning heat which I can feel fully 30 feet away.

Flames, seven feet high, lick devouringly up police shields and there is a subdued roar as the blazing lethal liquid slithers over the concrete.

The police advance is relentless. Without a hint of faltering the close knit group burst through the flames.

One of the group, who is now safely clear of the of the heat, realises there are flames still licking round a left boot and stamps to clear the last droplets of petrol. The flames die.

This is Public Order Training Day for Essex Police Force Support Unit.

The danger is necessary. There is no point in side stepping what could be experienced on the streets, not perhaps in this County, but as back up to another force.

One of the sargeant instructors is doing a good job as the petrol bomber. His unerring aim, time and again, causes the high octane fuel to ignite directly in front of the FSU group, fitted out in their special equipment.

The flameproof overalls, helmet and visor protect from the fiery hazards but it still gets mighty hot.

Hair is matted with perspiration as helmets are removed on the stand down command.

Scarred

The Essex site where training is held, is in places scarred black from earlier petrol bombing incidents.

The FSU later team up in an impressive display with Essex Police Mounted Section and their City Police counterparts.

A baying, nasty mob suddenly turn vicious. Missiles fly and crash on riot shields. Suddenly there is a loud, decisive order from Inspector Dave Westoby, deputy commander of the FSU.

Eight huge police horses, in their own riot gear, which includes visors, clatter through and quickly disperse the mob.

The several tons of charging horses is an awe inspiring sight.

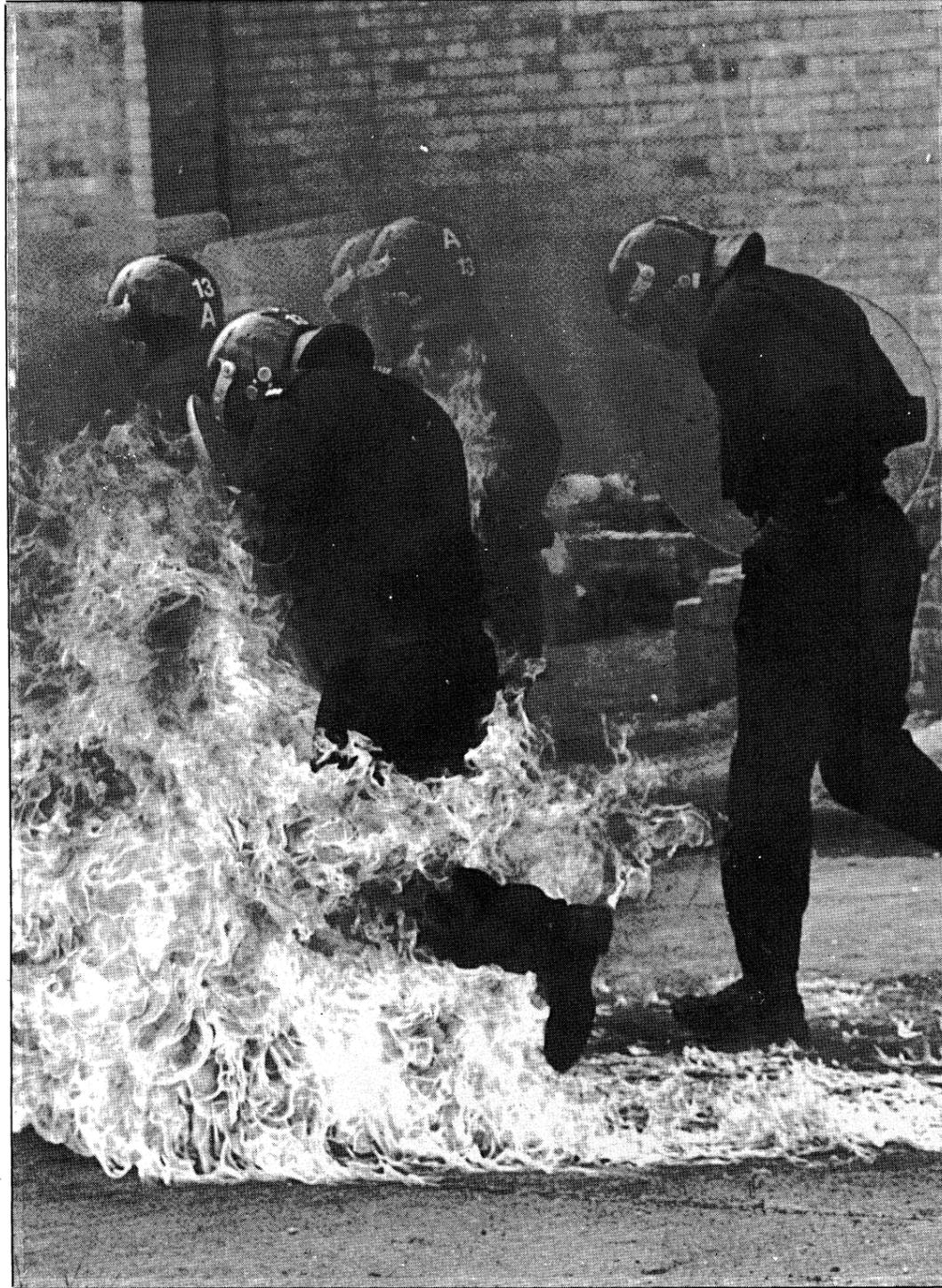
One of the "rioters" tries to cower, but remains standing fast as the 40 hooves move in. He is hit by one of the horse's chests and bundled along.

The sight is a sobering one. The mighty animal moves a one and a half hundred weight man as if he were a cardboard cut out.

A running battle ends the exercise. This involves the rioters pelting the FSU with large wooden blocks. Horses and riders come to their aid.

Insp Westoby stresses that there has not been an occa-

Facing up to a riot...



Flames lick high - all part of the training.

sion in the County when the full public order team have had to be deployed.

He said: "We have to be fully trained, should that occasion arise. I hope it does not."

The Essex Police Mounted Section, Sgt Paul Hemmings on Conquest, P.C. Les Smith on Cromwell, P.C. Michael Caunce on Cavalier and W.Pc Caroline Dunn on Crusader show up well against their more hardened colleagues from the Met.

As with the FSU, the skills must be honed, just in case.

GETTING FIT — AND THE

Never let it be said the Force Support Unit is not fit.

Just one second into the last of five exercises which FSU officers must pass to remain in the squad, I knew I was in trouble.

I was supposed to be doing stride jumps on and off a bench but I was having a distinct problem—I was experiencing enormous difficulty -getting my feet off the shiny gym floor.

Where was the almost youthful dash I had showed in the early press-ups and burpees? In one little word, GONE.

It's easy watching others grunt, grimace and sweat, so instead I joined the FSU doing its quarterly physical assessment tests, based on Marine exercises.

The airy Essex Police HQ gym was already filled with a bronzed looking bunch of lads and two svelte ladies playing a bustling, noisy game of what looked like a baseball derivative.

I tried to manage a confident smile as I was introduced by Insp Westoby.

We split into twos, but my partner who had previously passed his assessment and would not be doing the tests

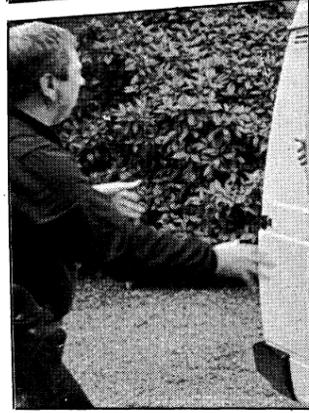
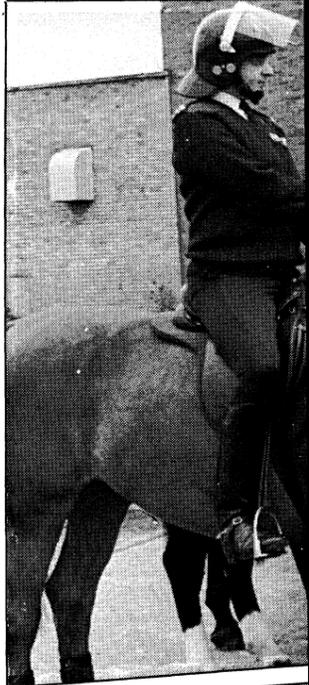
was assigned to me, primarily I believe, to instill confidence. This ploy was successful.

But I should have taken heed of his two repeated questions—"are you fit enough to take part?"

Ebullient Bob Foster, the wide shouldered training instructor, certainly didn't have any intention of letting us have any extra seconds rest between the work. And work it was.

First it was burpees for a minute. No sooner had they ended, and the haven of a minute's rest then Big Bob was on the countdown to

Behind the scenes — Fred Hammerton, formerly with the Evening Echo and now Essex Chronicle deputy news editor, looks at the sophisticated approach to modern policing within the Essex force. He found specialist teams of officers — well trained and dedicated.



Searching in the murk

ON THE sandy bank three intent individuals play out and occasionally tug lengths of floating line, slightly thicker than the average clothes line.

One of the three, Sgt Nigel Dermott becomes slightly more intense.

"What's he up to?" The orange 75 metre long line, marked off by tape in three metre lengths is on the move again. He answers his own question. "He's clearing some weed."

This is training day for Essex Police Diving Unit. The mid-Essex stretch of murky, weed strewn water is typical of the search conditions divers usually experience when they are operational.

The 45 minute underwater stint for each man is an integral part of their work. Like aquatic sniffer dogs they rummage among the jetsam.

All have learned the meaning of the 30 different tugs on the line which the attendant on the bank may use.

Light relief is provided when one of the divers suddenly surfaces with a pair of men's swimming trunks on his head. There are some ribald remarks and then it's back to the murky depths.

Sgt Dermott will put "no problems" on his report sheet.

But it's training like this which keeps the unit, which is recognised as one of the most professional in the country, up to its high standard.

As well as looking after Essex the divers are available to

press-ups.

"Twenty seconds, 10 seconds, ready, go." I couldn't cheat. A big fist was positioned which I had to touch with my chest each time my weakening arms lowered me. I believe I did 40.

The minute recovery seemed ridiculously short. Off again. Burpees with jumps. Now my mind is wandering a bit, and so is the muscle in my chest.

I am concentrating on hard effort and lose count, but my partner knows how many I complete and passes the figure to Mr Foster who attends with his clipboard

and stop watch.

Another alleged respite. I go for a little hobble to try to ease some life into the legs. Then the 20 seconds warning rents the air. This time sit-ups with knees bent and the partner holding the legs (To make sure I don't slope off?).

The stomach seizes. "Have a rest," suggests my partner as he sees my strength draining. I do.

This time a three minute recovery. My 49-year-old body could do with three hours.

My thighs are lifeless and there's a certain foreboding

● Photographs courtesy of the Evening Echo and Essex Chronicle

ERS READY FOR ANYTHING



for clues y depths

forces in Suffolk, Herts and Cambs. Their work is varied. They could be looking for a murder on tossed away, stolen car or body. Whatever they do is taking. One of their "trawling" searches is known as a jackstay. A s laid from bank to bank and the diver moves up and it. Then it is moved a few feet and the process starts. Like a landsearch when all the faculties come into play, water is a different country. There are very few occasions when water is clear. It is no place for the claustropho-

Blackness

ere can be an all enclosing blackness and then it's left to find an object or person. Some trainees, who perhaps talk knowingly of their sub expertise discover they can't stand the feeling of being essed when they are in darkness. Others who pass the unit's aptitude tests must also be ically fit. A typical examination by the Essex Force's ley Street doctor could take over two hours. This des psychological quizzing. Trainees then go on an eight week course but are still ly monitored in the first months of their duty with the ened men. Safety is impressed on them. Equipment is always care- checked, some with special apparatus.

STAYING FIT!

he stride jumps onto the ch zoom closer. The unease is not without adation. There's literally sipping in the legs and I estly wonder whether I be able to complete one. The only way I can get ng is a pathetic flat ed lollop. Somehow I manage 21, the virtually uncontrol- e pins won't answer the vent messages from the ming cranium. My partner suggests I rest. Now and he already ws that means give up y own good. With a seconds remaining I

submit-but then regret it and think I might have managed one or two more. What is galling is hearing feet still rattling away behind me on the benches. I studiously didn't look round. Some do 70. Heaving chests and sweaty strained faces mirror the exertions. During the interlude, sipping a cup of tea in the canteen I learn I have just passed with 53.4 per cent which I note from the top of the form is "satisfactory." My higher figures on the earlier exercises have just kept my head above water.

Feeling distinctly wobbly I decide to watch the self defence. This is based on Aikido, a Japanese art. It is used by Essex Police for restraining. Bob Foster and his long suffering "patient" Simon Halford, Essex Police Physical Training Instructor demonstrate the various holds. There are genuine shouts of pain as individuals master the holds. I am so shattered I honestly have difficulty bashing this story out on the computer.

TOP: Briefing for the Mounted Sections of Essex and City.

BELOW: Spread your hands out. The TFG disarm a suspect.

THE masked raider, gripping the sawn off double-barrelled shotgun opens fire from the mansion's gloomy landing.

His movement is so swift there is no time for the "armed police" warning.

As the shotgun spits its deadly load there is another roar. Police have returned fire.

The raider slips to the floor, apparently badly wounded.

Intent faces perspire. Some have turned white. This is the sharp end of training for Essex Police Tactical Firearms Group.

Despite the knowledge only blanks are in use hearts pump hard and adrenalin flows.

The rambling South East Essex mansion has been a good training choice by TFG instructors.

The eight strong team are briefed that possibly two armed raiders have been spotted in the vicinity of the house following a robbery.

Now it is their job to winkle them out.

None of the group know the layout of the house. The police support van used is cover, with weapons trained on house windows as an advance behind bullet proof shields is made on the front door.

From the start there is paramount importance placed on safety and making contact.

A deep voice barks out: "We don't want any grief. This can all end nice and peaceful."

TFG men, including one of the wily instructors are the villains.

The dialogue continues. "Make it simple, make it easy, we're going to find you."

The harder approach is now countered with a softer tone from another negotiator. "We're here to help, not to harm, make it simple."

But it's a sticky one. At one point there is a message that contact has been made. It is a false alarm.

Safety

The necessary patter continues. "We've told you the place is surrounded. You've been seen coming in. You know who we are, you know what we want."

As the search of the lower floor is completed, with safety as the prime requisite the TFG ease their way up the stairs.

Special mirrors on various lengths of tubing have been helping them to look round corners.

At various stages of the search, instructors ask the men to stand down.

The debriefing, at which points can be made without malice, the instructors ask why a certain move has been made, or give advice on cover. All the time safety is the watchword.

The talking brings its results. A masked robber gives himself up, is immediately handcuffed and led away.

Despite the fact that he is apparently surrendering, nothing is taken for granted.

Repeated warnings are given about keeping the hands up and to keep looking at the arresting officer.

With one robber out of the way the hunt continues.

There is no warning that the second man is going to open fire. He blasts away with his shotgun from a landing doorway.

The sharp end of firearms training



"Don't shoot guvnor, I'm giving up" but is he? TFG men keep weapons trained on the robber with gun in his belt.

Safety — the watchword

The action is so fast the armed police shout doesn't get past the letter a. The shotgun roar, incredibly loud inside the roomy house is followed by the police response. The raider goes down in the doorway.

It is now imperative that the villain is raced to hospital but to reach him will put police officer's lives in danger.

The landing is an open target should anyone else be about.

Wounded

The TFG negotiators manage to get the seriously wounded raider to move his fingers to show he understands them and as the landing is contained the moaning robber is pulled out of sight into a side room.

Part of the TFG equip-

ment is a stretcher which, when deflated hold the patient in a comfortable clamp.

Its original use was in mountain rescue. After sampling its close fit charms I can vouch for the comfortable reassurance it would give to a wounded person.

At the stand down the TFG officer who shot the raider is asked why he pulled the trigger.

His response is quick. "Because there was life in immediate danger."

That reply is what the instructors want to hear. But they stress again that there is no shoot to kill policy, only to stop.

It is only when lives are in danger that a TFG officer will open fire.

After the morning break

there's more mayhem in store.

The concentrated training is caused a lot of sweating.

One of the instructors explains: "We obviously have to make it as realistic as possible. Sometimes we tell the lead men on the raid they are going to be shot and then we see how their colleagues cope with rescuing them."

As spent rounds are retrieved the team relax with sandwiches, tea and coffee and hot chocolate ready for the afternoon stint.

The instructors have already got officers' minds in overdrive. There appears to be another entrance to the mansion. But where is it and who could be round that corner?

More problems for the skilled TFG unit.

ESSEX POLICE DOG TRIALS

The annual force Dog Trials took place on 3,4,5 October 1989, and as in other years we had visiting judges to make sure we didn't cheat!! Constable Barry Burrell from Suffolk came at short notice to judge the 'hard surface' track at Wethersfield. Inspector Beecham came over from Hampshire to judge the obedience and criminal work at Police Headquarters. Sergeant Kerr from Hertfordshire judged the long tracks at Horndon-on-the-Hill and Pc Brian Marks from Kent judged the searching at Prested Hall, Kelvedon.

To cut a long story short Colin Ball with Strachan won the trial with an "Excellent" qualification, so well done "Frances" (that's Colin's wife), she kindly donated the dog to the force a little while back. We swear blind she trains it anyway.

Coming second was Peter Hewitt with "Toby" also with an "Excellent" qualification, a terrific result bearing in mind Colin had his wife to help him! Well done Peter.

Third was Tony Ames with "Duke" with a "Good" qualification. Tony usually gets in the top three or four every

year, a very good result with his first dog. Fourth was Pat Kenby with "Kadra", a dog which was re-allocated to him when he returned to us to take over the Southend unit. A difficult task but a great trial result.

Usually our 'Trials Week' is blessed with the worst weather of the year, of course this year was perfect and everything ran smoothly.

On the last day a dinner was held at police headquarters attended by Mr Conlan (ACCA) and his wife, C/Superintendent Rodgers and Superintendent Taplin. Apart from the win-

ning "Kate" cup going to Pc Ball other prizes went to:- Murray Shield Best Obedience - Pc Hewitt

Paddy Shield Best Criminal Work - Pc Ball

Sargeants Shield Best Tracking - Ps Kirby

Jeff Lawrence Shield Best Searching - Pc Ball

Novice Trophy - Pc Ball

Sandon Trophy - (Section with highest marks) - Colchester

Ciceroom Memorial Trophy (Handler with highest marks at regional trials) - Pc Howard (Colchester)

Edwards Trophy (handler who has persistently produced good police and dog work throughout the year) - Pc Smith (Brentwood)

The trials are carried out to a Home Office schedule every year to find the three top dogs and handlers to represent the Force in the Regional trials. Representing Essex this year will be Pc Colin Ball and Strachan, Pc Peter Hewitt and Toby and Pc Tony Ames and Duke. (Mrs Frances Ball (Honorary coach to Colin).

IF THERE'S one thing I thought I knew all about — it was claiming on a contents insurance policy. After all, haven't I been selling them for all these years? Today, however, I met my Waterloo, the winged avenger, the angel of doom — whatever you like to call them, but they are known as "the loss adjuster". When you make a substantial claim on your policy, this is the man the company hires to see you.

When the Good Lord above decided it was time to raise the water level in my office, it was a glad soul that remembered he had just reviewed his insurance policy, updating the cover and ensuring that all the risky items were specially covered. With happy heart and a merry tune, I promptly rang the insurers who told me a helpful man would call shortly to look at the damage.

They were very wrong, it was a loss adjuster that called and it became very clear, very quickly, that this man's sole purpose in life was not to help me, but to reduce my claim by as much as he could. These people are trained

MONEY MATTERS



by
Tony
Warren

professionals, independent from the insurance company, who will look to see just how little they can recommend the company to pay. The one that visited me was an abrupt individual with eyes like a snake — he didn't miss a trick. Thankfully, I was fully covered and I stood my ground when he suggested that carpets should be cleaned and not replaced. While I walked around the damaged areas with the adjuster, I was putting together rules on dealing with their little ways. Here then is the Anthony Warren guide to dealing with the loss adjuster:

1. Remember why he's there, and who's interests he is looking out for!
2. Stand your ground if you are in the right.
3. Be polite but firm.
4. Be careful what you say, he will not miss a trick, say only what is absolutely necessary.
5. Carefully note everything he says.
6. As a matter of habit, he will suggest you are under-insured and that your claim should be reduced accord-

ingly. Take no notice, they all say it, just tell him you are fully insured . . . (if you are, that is!).

And here are some rules about claiming:

1. Take photographs of the damage if possible.
2. Keep all damaged items if possible.

3. Never submit a claim form without some supporting documents, quotes or bills.

4. Keep a strict record of the progress of your claim, together with copies of all documents and notes of any phone calls and conversations.

LETTERS EXTRA

Worse off

Dear Sir,
So it has finally happened . . . with the introduction of the new Housing Allowance in April 1990, the 'powers that be' have succeeded in financially crippling a great many officers, even those who have been 'red circled'.

Take my own case for example, I would expect the Housing Allowance to match my gross rent allowance, currently £350 per month. As the new allowance is to be part of taxable pay, I can expect to lose approximately £90 per month in tax. This deduction will not be re-

turned by way of the Compensatory Grant which is being phased out. I can therefore expect to be about £1,080 per year worse off. Forget the contribution to the pension fund. We need the money in our wallets now.

My thanks to all concerned. Perhaps they will explain to my family why a decline in our standard of living can be expected because I'm sure I don't have the heart!!

Yours sincerely,
P. J. Caulfield
Pc 1657
Castle Hedingham

CAN YOU HELP?

AMONGST the many activities planned throughout the year, we have been invited to provide a substantial contribution to the bi-annual Colchester Searchlight Tattoo.

This major event is accepted as one of the most stirring and colourful spectacles in Great Britain and contains the largest massing of military, pipes and other bands assembled for public display.

Part of our contribution will be a light-hearted view of some of the more memorable events in 150 years of Essex Police History. This will include a moving pageant, representing the various developments in technology, vehicles and manpower deployment, from the end of the Great War, to present times and into the 1990s.

Central to the pageant will be the changing styles of uniform worn by Essex Officers, during the past seventy years. To develop that theme, the Tattoo Committee require examples of period uniform badges and other accessories issued to men and women of the former Essex County Constabulary and the Southend-on-Sea Constabulary prior to amalgamation in April

1969.
Please help us by searching lofts, wardrobes and cupboards etc to see if you have any items of period uniform tucked away that may be of use to the Tattoo Pageant. Anything suitable will be gratefully received.

Please forward your donation to Chief Inspector Jim Noakes at Headquarters CSB (ext 2783) and don't forget to ensure that anything wanted back after the Tattoo, is clearly marked with your name and address or current station.

Thank you

Dear Sir,
May I through The Law, express my thanks to some of my ex-colleagues and friends for kind words and floral tributes after my darling wife Alice passed away after a very short illness on October 15, 1989.

Yours sincerely,
Clive Ferrie,
ex Ps,
Dog Unit Harlow.

ROYAL HUMANE SOCIETY AWARDS



TRAFFIC WARDEN
ROBERT MALSEED

SUPERINTENDENT
D. RULTEN

TRAFFIC WARDEN
BRIAN NUBBERT

AT COLCHESTER Magistrates Court on 10 October 1989, Traffic Wardens Robert Malseed and Brian Nubburt were each presented with a Royal Humane Society Resuscitation Certificate for successfully reviving a pedestrian who had stopped breathing as a result of being involved in a road accident in High Street. As a result of their efforts the pedestrian has made a full recovery.

SECOND FESTIVAL OF POLICE MALE VOICE CHOIRS

ROYAL ALBERT HALL,
7.30pm, Saturday, 10th March, 1990

Ticket prices:

Stalls, £15, 2nd Tier Boxes £60 (5 seats), Grand Tier Boxes £175 (10 seats), Balcony £9, Balcony £6.

Tickets may be secured from: H.R. Promotions, 4 Victoria Terrace, Nantile, Gwynedd LL54 6BP. Tel: 028 6881 777 (Mrs I. Roberts)

Proceeds in aid of special equipment at the Great Ormond Street Hospital for Sick Children.



Obituaries

November 26, ex Inspector J. L. Dorkin, aged 80 years, who retired from the Force June 1958.

December 3, ex Inspector W. T. Cook, aged 67 years, who retired from the Force June 1977.

December 12, ex Ps A. A. Hill, aged 70 years, who retired from the Force January 1974.

December 26, ex Pc L. H. Finch, aged 85 years, who retired from the Force July 1957.

December 28, ex Pc F. Beccroft, aged 75 years, who retired from the Force September 1962.

December 31, ex Ps R. G. Collinson, aged 81 years, who retired from the Force June 1960.

January 2, ex Ps B. F. Howard, aged 72 years, who retired from the Force February 1964.

STOP PRESS

THE BANK IS BACK
FROM 1st FEBRUARY 1990

The Co-op Bank will be at F.H.Q. (in the Link passage) 11.30am - 2.30pm every Monday and Thursday, offering a full range of banking services to their own customers and those of any other bank.



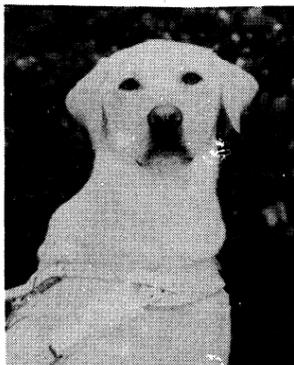
Asthma Society and Friends of the Asthma Research Council

Dear D. C. I. Hill,
On D. C. Hill of the Chelmsford Branch of the Asthma Society, I would like to thank you, D. C. Box and the Headquarters CID for the extremely generous donation to asthma research. We were all very thrilled with such a large donation which will go to our nominated research project.

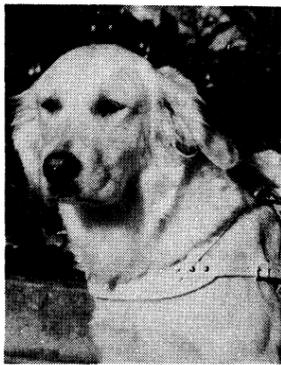
My wife and I would also like to thank you for your hospitality and a most enjoyable evening last Monday.

Wishing you a happy and prosperous New Year.
Yours sincerely,

CHRIS BIRD,
Branch Chairman



YORK



UNITY

LONDON HOSPITAL Leukaemia Appeal

Dear Chief Inspector Bright,

I was sorry not to have seen you when you came to the hospital to present the cheque on behalf of Essex police for the David Eastwood Appeal. I am very grateful for all your hard work on behalf of our appeal in the memory of David Eastwood.

I am very pleased to say that our appeal is progressing well and work should start on our new unit during the current year. I am only too sorry that Mr Eastwood was not able to see the fruits for which he put in so much hard work.

Please thank all concerned.

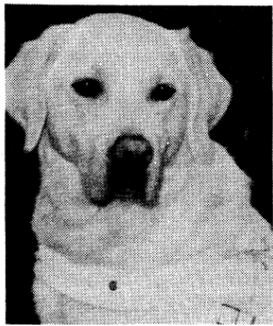
Yours sincerely,
A.C. NEWLAND, MA MRCP MRCPATH
Reader in Haematology



ORLA



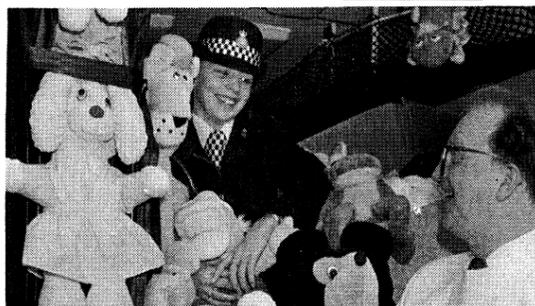
Constable Britnell presenting a £1,000 cheque to Dr John Eaton of Medics, the Harlow Division charity for 1989.



HENRY

FUN-DAY 90 is to be held over a Two Day Period, namely Saturday/Sunday 7/8 July 1990 when the benefiting charities will include the Four Hospices located throughout the Force area, as well as a number of other local charities, which in the main will be orientated towards children and the elderly. Full details of all proposed charities will be announced in due course.

Even at this early stage, assistance is sought, and details are being collated of Force Personnel prepared to assist in the organisation and preparation of the forthcoming FUN-DAYS. Those interested please contact their respective Divisional Representatives. David Bright, Chief Inspector



WPC Jackie Edwards delivery of toys and tins to Essex Radio's Gavin McCoy — (Photograph published with kind permission of Evening Echo Newspapers)



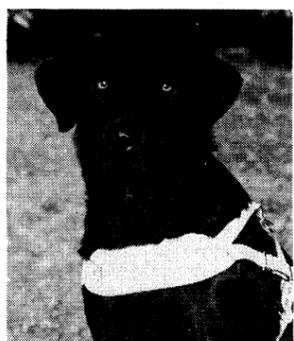
ELIZA

Thank You

I would like to say a big thank you to the members of the committee for their kindness in giving me the £70 I had stolen from my handbag on the 29th November. I had saved the money to do my Christmas shopping. I appreciate the help you have given me.

Yours sincerely,

Mrs B. Cook



OPAL

Riding for the Disabled Association

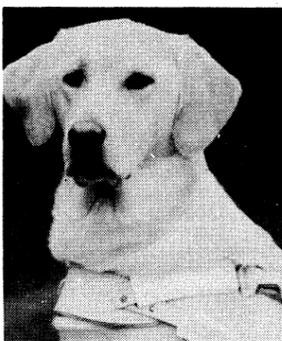
Dear Paul,

I am writing to thank the Essex Police for the very generous cheque that they donated to Riding for the Disabled.

I would like to thank you particularly for putting our name forward and for looking after us all so well on the night of the presentation, and the Essex Police for their hospitality and fantastic fund raising achievement. I think that we should learn a few lessons from you in the act of fund raising!

Yours sincerely,

PAT LEWIS



RHEA

FORCE EFFORTS REWARDED

HEALTH, INDEPENDENCE, DIGNITY, CARE, SECURITY, HAPPINESS are just some of the things that go towards ensuring a good: QUALITY OF LIFE which, thankfully, the greater majority of us enjoy. Resulting from the Fun Day activities of the Force during 1989, a total of £25,429.79 was donated to the Charities, as shown below.

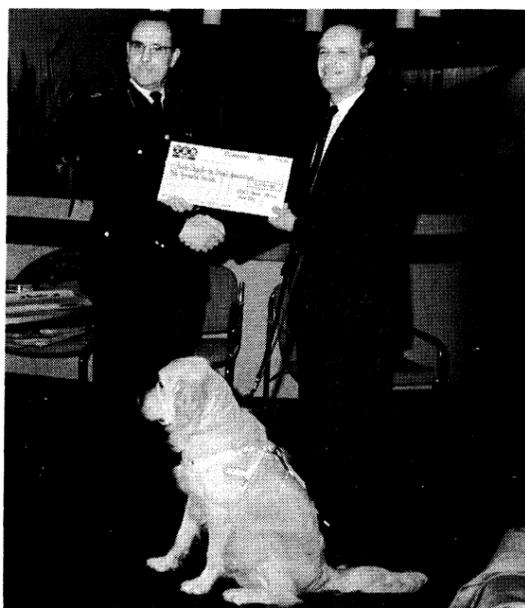
The message received from all the benefiting charities with regard to the various donations are many and varied but in essence come down to two small words which mean so much — THANK YOU for helping to improve the QUALITY OF LIFE.

These THANKS together with those of all Fun-Day Committee Members, are passed on to all Force personnel who assisted in the Fun-Day activities in any way whatsoever.

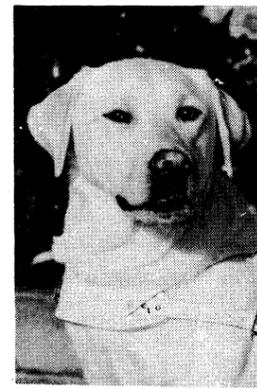
Space prevents the reproduction of all cheque presentation photographs and letters of appreciation but shown is a selection of these including photographs of the 10 Guide Dogs provided as a result of the fund-raising efforts of the Force.

A great Surprise Christmas Present for 10 blind people, all resident in Essex, was to be told that in the New Year they were to be provided with a trained Guide Dog must surely have made their Christmas both extra special and one to remember.

- | | |
|--|------------|
| 1 Guide Dogs for the Blind Association | £10,000.00 |
| 2 Essex Radio 'David EASTWOOD' Leukaemia Appeal | £1,000.00 |
| 3 Rochford Hospital Special Baby Care Unit | £1,179.79 |
| 4 Mid Essex Doctors Immediate Care Service | £1,000.00 |
| 5 St Luke's Hospice | £1,000.00 |
| 6 Debra — Dystrophic Epidermolysis Bullosa Research Association | £1,000.00 |
| 7 The Asthma Society | £1,000.00 |
| 8 Riding for the Disabled | £1,000.00 |
| 9 North East Essex Doctors Emergency Service | £1,000.00 |
| 10 Okeley Home for the Elderly | £1,000.00 |
| 11 CHARMS — Chelmsford Action for the Relief of Multiple Sclerosis | £1,000.00 |
| 12 Glenwood School for Handicapped Children | £1,000.00 |
| 13 Essex Association of Boys Clubs | £500.00 |
| 14 Royal Marines School of Music Disaster Fund | £1,500.00 |
| 15 Constables TAYLOR & MORRISON Memorial Fund | £1,000.00 |
| 16 Kingsdown School for Handicapped Children | £1,000.00 |
| 17 Jamie WOODS - Member of United Kingdom Special Olympics UK Team (Disabled Athlete) | £250.00 |
| 18 St. Martin's Mission of Help, Residential Home for the Elderly | £500.00 |
| 19 Essex Radio Toys & Tins Appeal (to provide toys and games for orphan children and food and other Christmas comforts for elderly people) | £500.00 |



ACC Mr T.J. Rands handing a cheque for £10,000 to Mr D. Liddell, Regional Appeals Manager for Guide Dogs for the Blind at Police headquarters on Monday, 18th December, 1989.



MARK



Inspector Bramhill seen presenting £1000 cheque to staff of the Glenwood School for handicapped children who will use the money to buy extra teaching equipment for the children.

The Guide Dogs for the Blind Association

Dear Mr Burrow

I am writing to tell you how delighted this Association and our Training Centre in particular, are to have received such a marvellous donation as the £10,000.00 I was presented with on Monday at Essex Police Head-Quarters.

We have been tremendously impressed with the hard work of the organisers of the fun day and other events, together with their wishes for us to be involved and to ultimately be one of the beneficiaries.

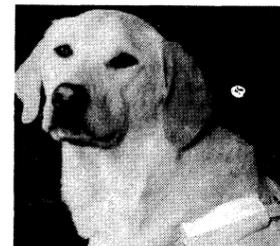
The feedback has been splendid and many enquiries have come to fruition and so I do hope that you will pass on our very sincere thanks and appreciation for the kindness and generosity of all of your officers and their families.

We have very much enjoyed our close association with the Essex Police this year and we do hope that this can continue in the future, especially as so many blind people have benefited in various ways.

Thank you for allowing us this opportunity.

Yours sincerely

DON LIDDELL
Regional Appeals Manager



KATHY

DYSTROPHIC EPIDERMOLYSIS BULLOSA RESEARCH ASSOCIATION

Dear Chief Inspector BLOOMFIELD,

I am writing to thank you and your colleagues most sincerely for your generous donation of £1,000 to DEBRA which I had the pleasure of collecting on Monday night. I enclose our official receipt.

The support which we have received from the Essex Police is truly amazing, particularly when you realise that this is the third year in which we have benefited from your generosity. Life is always a struggle for relatively little-known charities, like ourselves, and the knowledge that we have supporters such as yourselves is a tremendous boost to the morale. There was so much that I could have said when I collected the cheque about our work and our gratitude to the Essex Police but I was acutely conscious that there were a number of other presentations to follow, and I did not want to impose on your hospitality! Perhaps this letter will go some way to expressing the gratitude of all of us at DEBRA for your help. As you know, we are dependent on voluntary income to continue and develop our programme of research and welfare activities and your donation will help us enormously in this.

Once again, many thanks for your support. Please pass on our thanks to everyone involved in raising the money.

Yours sincerely

John Dart, Director DEBRA



Constable Brian Pallant presenting a cheque for £500 to the Administrator for St Martin's Mission Home for the Elderly.

Essex County Council Social Services

Dear Inspector Sheldrake,

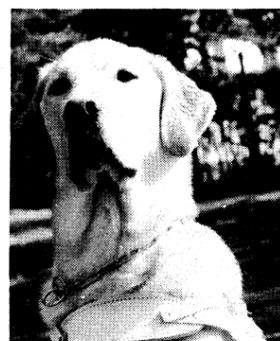
On behalf of all the residents and staff, I would like to express our sincere thanks to you for the donation of One Thousand Pounds.

The generosity of the people who supported the Fun Day and the dedication of the staff and everyone who helped to make the day so successful is I know appreciated by everyone here.

Please thank everyone at Police Headquarters for all their efforts.

Yours sincerely

A LAWLOR
Officer in Charge



ERIC

SPOTLIGHT

PETER CROOK

CHIEF ADMIN OFFICER



ON 1st January this year Mr Peter Crook took over as Chief Administrative Officer at Force HQ. He is a fellow of the British Institute of Management (FBIM) and a graduate of the Danbury Park Management Centre with a Diploma in Management Studies (DMS).

Mr Crook, who is now responsible for the 136 civilians who staff the finance, property, supplies, statistics, firearms licensing, catering, general services departments and the central ticket office, came to the Force as the Deputy Chief Administrative Officer in April 1984. Before that, he had enjoyed a successful 20-year-long career with the Co-op in admin and accountancy, during which time he gained a Diploma in Secretaryship at Co-operative College, Loughborough.

He sees himself in a general management role, "co-ordinating staff and material resources in support of the Force Operational goals." He does however have some goals of his own, for his departments. "Pride in your work" is one of them. As he puts it "don't walk past poor quality" however much time may be taken in the improvement. Civilian staff he says should be proud of the role they play, and of the service they support. And he hopes that this pride can be used to help sell the civilian support roles throughout the County in a major recruitment drive.

Born in Malta, and brought up in Sussex, Peter lives in Springfield with his family. He has a wide range of interests including music (he was a student at the Royal Marine School of Music), sport, and DIY.

Headquarters Musical Society

ANOTHER Christmas has passed and a New Year begun, and what a busy year for the Society it looks like being.

As this column is being read 'Eliza Doolittle' will have completed her elocution lessons and shocked the 'well to do' at Ascot, thus ending the weeks run of the 25th Production, a report of which will hopefully be found in the next edition of this publication.

In June, the show for charity fund raising will consist of songs from past productions and will be a time for re-newing old acquaintances and friendships with folk connected with the musical society attending a special performance in the final evening (more

details later). In July/August we have been asked to make a contribution to the 150 years celebrations of the Essex Police by taking part in the pageant to be staged at the Colchester Tattoo, for which we may need to call upon others to increase our numbers.

Whilst preparations for all these events are going on, the society is still responding to requests for concerts in the area, these are comprised of chorus numbers, solo's and comedy items taken from previous shows and concerts.

Anyone wishing to arrange entertainment for a function should contact the Secretary or any member of the committee.

Essex Police Choir

AUSTRIA, AMERICA, British West Indies, Canada, France, Germany, Italy, Switzerland and Zambia.

These are some of the venues the Choir could be invited to perform at in the future. As this could prove quite a strain on the current membership the Choir is looking to double its strength — particularly in the Alto and Tenor sections. Come along on Tuesday evenings to the Training School for 8pm til 9.30pm. You will be made welcome — and apply now for your passport!

The Choir opened its performing life in a modest way at Boreham in England, in December, and was well received — even the Choirmaster was impressed. So pleased in fact that he permitted another performance in Tiptree (also England) two weeks later.

The ice is now broken — no bricks or rotten fruit was thrown, so it is now safe for the rest of you singers to come out of hiding and join!

The Choir is contracted to appear in this country for a minimum of two performances in 1990, one of these being at the Parish Church in Purleigh for the Holy Week sacred cantata 'Olivet to Calvary' on Wednesday 11 April and the other is a singing performance of Gilbert and Sullivan's Pirates of Penzance, on a date and venue to be arranged.

The Choir also sings for charity etc, you find a need and location and let anyone in the committee know.

Norman Eastbrook, Bob Hayes, Jo Dudley, Roger Grimwade, Sylvia Bray, Mandy Brick, Diane Hillam, Jane Stich or the Secretary John Bray on (0245) 491212 ext 3542.

ESSEX POLICE FRIENDLY SOCIETY

DISSOLUTION INFORMATION

On 3 November 1989 all instruments of dissolution, legal declarations etc. were despatched to Registrar of Friendly Societies. In view of absence of notice in local paper contact was made on 12 January 1990. The officer concerned acknowledged that papers were received on 6 November 1989, but the staff had not had time to do anything with them yet and could not give any indication when action would be taken.

D.E. WHEATLEY
GENERAL SECRETARY



I.P.A. MID-ESSEX BRANCH

AS ANOTHER successful year came to a close, on Friday evening December 8 many members and their wives assembled at HQS Bar for the Annual Xmas Social. A very good assortment of food had been prepared by the ladies and drink was supplied by the members. Games were arranged by our Treasurer John Bray and there was also a raffle with many prizes. A very pleasant evening was enjoyed by all.

On Friday evening, January 12, the AGM was held at Police HQs attended by a total of 36 members and their wives. Our Vice Chairman George Harris asked to be relieved of his duties due to other commitments. In his place Brian Palmer was elected as new Vice Chairman. I would like to take this opportunity on behalf of the Branch in thanking George for all the help he has given over the years. I would also like to welcome Brian onto the Committee and look forward to any help he can give. Of the remaining members of the Committee all were re-elected en-bloc.

At the conclusion of the AGM our member Dan Hare, who specialises in Philately, gave a short and interesting talk on the subject. Like many I thought Philately was just showing individual stamps in covers. But no, all those displayed by Dan, and there were many, had a story behind them. Each item was an addressed envelope from all corners of the world concerning the Police, some going back many years into the 19th Century. Thank you, Dan.

If any member has not received the Branch Newsletter No 6, will he please contact the Secretary Mike Stanbury at home on Braintree 26400 or at Witham Police Station. Will those members who have received their Newsletter and not returned their "Events for 1990" form to the Social Secretary Dick Giggins please do so as soon as possible.

The following events have been finalised for this year's programme: **Friday, March 9** Antiques Road Show at HQs. Bring your old bits and pieces for valuation.

Friday, April 20 — Sunday, April 22

A weekend in Chester by coach, staying at the Hotel Westminster.

Friday, May 11

An event to be arranged.

Friday, June 15

An evening coach trip to see the progress at Stansted Airport.

Friday, July 13

A treasure hunt on foot in Maldon, followed by a fish and chip supper.

Friday, August 10

An informal Quiz night at HQs with Cambridge Branch IPA with bar and buffet.

Saturday, August 18

An all day coach trip into East Anglia, visiting a Transport Museum in the morning. Arrangements are being sought for the afternoon, with a possibility for a stop on the way home for an evening meal.

Saturday, September 15

Big Band Dance at Boswells School to the theme of "Battle of Britain".

Friday, October 12 — Sunday, October 14

A weekend in York by coach. For details contact Dick Giggins.

Friday, November 9

Another visit to New Hall Vineyards for a "Champagne Tour", this time by coach from HQs.

Friday, December 14

Annual Xmas Social at HQs.

S. E. Branch

I have been approached by the Chairman of SE Branch Gordon Oakley to include in my News Report their events for 1990. I hope we meet at the bar some time Gordon.

Tuesday, March 27

10 Region AGM 8pm Police HQs.

Friday, April 6

Barn Dance at Rayleigh Police Station.

Saturday, May 19

Social Evening Southend Police Station. Visit by "K" Div and Kennermerland, Holland.

Thursday, June 21

Ladies Day at Ascot.

Saturday, July 21

Evening Bar-b-Cue at the home of John Swansborough, Swan Lane, Wickford.

Saturday, September 8

Visit to Hert's IPA, venue to be arranged.

Saturday, October 13

Evening Social at Southend Police Stn. Visit by Betzdorf W. Germany.

Friday, October 26

A visit and evening dinner at New Scotland Yard.

Friday, November 16 — Sunday, November 18

Big Band weekend at Hotel Burstin, Folkestone.

THOSE INTERESTED PLEASE REPLY NO LATER THAN FEBRUARY 28.

Friday, December 14

Joint Xmas Social with Mid-Essex at HQs.

FRED DYSON,
Mid-Essex Correspondent.

HAVE YOU EVER SERVED AT
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ESSEX POLICE 10K FUN RUN

IN AID OF ESSEX POLICE MEMORIAL FUND.

11am Sunday 25th March 1990
GLOUCESTER PARK, BASILDON

ENTRY FEE £3. ENTRY FORMS FROM:-
ESSEX POLICE, HQ SUPPORT UNIT,
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Medal to all
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Table Tennis

THIS year for the first time the Table Tennis section are running an Inter Divisional League. Every Division, with the exception of HQ has entered, but Chelmsford have made up for that by entering two teams. Clacton have also entered as a Sub Division.

At the moment Basildon are at the top, but by the time the league ends in April I expect that will have changed.

The Croker Cup final between Chelmsford and HQ has just been played, with one of the closest matches for a number of years with the score at 4-4 the two number one players, Dave Birkett for Chelmsford and Ian Slater for HQ had to play each other. Dave managed to win to keep the cup at Chelmsford for yet another year. Although if the rumours of intended transfers are true, then I can't see Chelmsford being strong enough to win it next year. We will have to wait to see what Force Order B's have to say! At the No.5 Regional PAA Championships Dave Birkett together with Chris

Jacob again won the men's doubles and Chris also won the veterans. At the National PAA Finals they reached the quarter finals and Chris also reached the final of the veterans. Both of these officers still get regularly selected to represent the British Police.

At the recently held European Police Championships Chris was in the British team that won the gold medal and he also managed to win the veterans individual title.

The Force Table Tennis Championships were held at Southend Police Station sports hall on Wednesday 10 January 1990. The following events being held:- 1) Men's Singles — 2) Ladies' Singles — 3) Men's Doubles — 4) Ladies' Doubles — 5) Mixed Doubles — 6) Veterans' Singles — 7) Consolation Singles (for first round losers).

The winners of all events, with the exception of the consolation singles, were to represent Essex Police in the No.5 District PAA Championships which were held on 10 and 11 February 1990 at Oxford.

THE LADIES HOCKEY team has made a good start to the season under the guidance of the new captain, Kay Blackman.

We have had some new

Ladies Hockey

additions to the team, Debbie Armstrong from Basildon and Linda Imri and Jo Runnagan from Witham, all of whom have proved themselves to be efficient

Rugby

THE Force Rugby Team bowed out of the PAA Competition this year to Hampshire, after a re-play. Having destroyed the City of London 41-8 in the first round, Hampshire proved stiffer opposition and forced a replay, with a try in the last minute. In the re-play at Hampshire they again stole the game with a superb drop goal, with five minutes to go, to win 9-7.

However things bode well for next season with several new players joining the Squad.

Saturday Rugby remains the focus of the Force side, with promotion from Division 6 being the main priority at present. We are joint top with three other clubs, with wins over Hadleigh, Witham, Burnham, Broadlands and

Brightlingsea, but with all the top fixtures played things look good for the rest of the Season.

The most recent result was a fine win over Old Bealionsians 28 points to nil, a side two Divisions above us. This game saw a fine forward performance, rounded off with tries by both second rows, Martin Mueller and Dave Bishop.

The second team, yes we run a second XV, has had a shaky start but had their first win over Witham 1st - 36 points to nil.

New players are desperate needed to strengthen the Squad - anyone interested please contact Pc Patullo at Grays or Pc Hali at HQ FSU.

Training is on a Tuesday at 7pm at the Force Training School.

Pc 1080 BEDFORD

MARATHON RUNNING IN 1990

To some it may seem strange that anyone could enjoy running 26.2 miles when they don't have to. But there is something about a marathon that captures the imagination and to complete the distance is to fulfil a dream.

To anyone who does a bit of jogging to keep fit or just to keep their weight down I would recommend that they seriously consider taking part and overcoming this ultimate of events. It is surely the one event where every finisher is a winner and proud of it, whether you've just broken the three-hour, four-hour or just the five-hour barrier. You never 'race' against another runner, it's just you, the distance and time. I come home after finishing another

marathon and my kids still believe I have just won the race because I've got a medal, and in a way they are correct. Every time I cross that finishing line I feel as if I have won.

It may take one of the big marathons like London to get you going but I am here to tell you that there are over forty marathons throughout the year around the country and some of these are the best.

For those looking for a real challenge there are three cross-country marathons, which take place on the South Downs in Sussex. Early in the year is the Chanctonbury Marathon on 18.2.90 just outside Storrington. The route isn't

marked but full description is supplied and only a small section of the 26-mile route is on the roads. The next cross-country marathon is the Rottingdean Windmill, just outside Brighton on 8.7.90. A very demanding course but there is no better way to see our countryside. The Seven Sisters Marathon on 27.10.90 is the really big race with over 1,500 competitors. I have been rejected more times for this race than I have for London. It takes place in the Seven Sisters National Park and finishes at Beachy Head. This race is highly recommended.

For those not wishing to travel far here are some of the local marathons:

11.3.90 Suffolk and Essex Border Run, Sudbury. (Mediocre course, lousy medal).

8.4.90 — Bungay Black Dog, Suffolk. (Two-lap fast course, moderate medal).

8.4.90 — Isle of Thanet, Margate, Kent. (Highly recommended, one lap, second half along coast from Ramsgate to Margate).

3.6.90 — Poole Marathon, Poole, Dorset. (Excellent course, especially the last part through Sandbanks and around harbour. Beautiful Poole Pottery plate to every finisher).

3.6.90 Maidstone Marathon, Kent. (First half through built-up areas but second half along country lanes passing through numerous small villages. Families well catered for in start/finish area. Good medal).

22.7.90 — Luton International Marathon (New event being organised by the world record holder for the most competitive marathons run in one year (71). (Promises to be a well-organised

event and another highly recommended).

28.10.90 — Harlow Marathon, Essex. (If you can't make the Seven Sisters this is a good alternative. Flat course, using many of the cycle tracks, good medal).

4.11.90 — Harrow Marathon, Middlesex. (Two-lap course around Harrow suburbs. Huge field around first lap for the half-marathon race which thins out drastically on the second lap. Excellent medal, highly recommended.)

2.12.90 — St Albans Marathon, Hertfordshire. (Undulating countryside. Last race of the year attracts a big field, good medal.)

There are many more marathons and here are a few I would recommend if you wish to travel a bit further: **6.5.90 — Telford P.A.A. Marathon.** (The amended date has finally been confirmed and anyone wishing to represent the force should get in touch as soon as possible.) **30.9.90 — Birmingham Marathon.** (Largest field after London but new organisers this year.)

28.10.90 — Snowdon Marathon (Course runs around the base of Snowdon. Reputedly the toughest race of the year.)

If I have encouraged anyone to think beyond the London Marathon I have achieved my goal. For those wishing to lose weight a word of warning — after 57 marathons I still haven't lost an ounce and remain one stone overweight!

For more details of any races, whether they are 10k, 10 miles, half-marathons, full marathons or even walks, don't hesitate to contact me at Southend.

David Starr Ps 2081.

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Pistol Competition



Ps 1617 McIntosh and Mrs Sue Bishop.

ON FRIDAY September 25 last year, the annual Force Pistol Competition was staged at Fingringhoe Ranges, Colchester. The turnout for this years competition was of a good level with some seventeen teams entering. The competition itself was of a revised format which proved quite a test for all competitors, but overall everyone shot a good standard.

At the halfway mark, Pc 1741 Gay from Traffic Division was in the lead closely followed by Ps 1227 Pinder (FSU) and Pc 1617 McIntosh (Chelmsford) in the individual scores, in the team scores Force Support

Unit 'B' Ps 1227 Pinder and Pc 1119 Bent were the halfway mark leaders, where was S.B. I hear you ask? They were cunningly poised in fourth place.

After the exertions of shoot 'B' the winning team was HQ CID 'A', with Chelmsford 'A' Ps 1617 McIntosh and Pc 1862 Trim in second place tied with Harlow 'B' team, Pc 2212 Counsell and Pc 1922 Croucher.

The overall individual winner was Ps 1617 McIntosh from Chelmsford who apart from many other expensive cups won the Bill Bishop Trophy, which was presented by his widow Sue.

SAILING SECTION

The Sailing Section has now been going for some 20 months and we now have our own Wayfarer Dinghy which is kept at Thorpe Bay Yacht Club Southend.

The sailing section as opposed to most other Police Sports sections offers access to a pastime enjoyed by not only the members themselves but also the members' wives or girlfriends or boyfriends depending on your preference and your children.

We cater for cruising or racing in both large and small yachts and this year as well as the now legendary Calais Rally we are holding an East Coast Rally for the smaller yachts.

We have a very active social calendar with barbecues and dances and we have a membership discount facility with various retailers involved in watersports and also with Falcon Sailing Holidays if you fancy flotilla

sailing in warmer climes. We also have a windsurfing section which although relatively new is destined to be very active.

New members are always welcome so if you fancy bringing into a new pastime with a great deal to offer to your family then contact Dick Houghton at Rayleigh Police Station on ext 6564.

Ps. Has anybody's wife played on the left wing of been sea fishing lately.

FIRST TEAM FIGHT BACK

But Reserves crash to defeat

COMMITMENT is an important attribute to have in any club, hand in hand with enthusiasm and ability it can make the difference between a side threatened with relegation to one with real hopes of winning a championship.

Looking around the club since last we spoke through this column it has been a pleasure at times to see all three qualities displayed in two people, namely Andy Spinks and Sue Bishop, who both put a lot of time and effort into the organisation which keeps the club ticking over.

Sure they get their disappointments when players and persons associated with the club fail to respond and give them their support but both Andy and Sue always bounce back with a new idea and renew their endeavour to make the club stronger both on and off the field.

You may say what happens off the field does not affect the playing staff but I would strongly disagree and say that a good 'behind the scenes' team can lift a club and make it successful.

What has surprised me this season has been the lack of support the club

has received from former players; it can't be right that the first team manager ends up carrying the bucket, sorting out the kit and more often than not running the line. Even small things like buying and cutting up the oranges are time-consuming. I could add 101 other tasks that John Stewart is left to do and I can't help but feel saddened that of all the faces that stare out from former team photographs in the clubhouse none has come forward and offered to help.

The first team have turned things round and are having a good second

half to the season. Good wins against Upminster and Herongate, plus a John Fowler cup victory against Boreham, show what they can achieve if they add determination to the skills they possess.

Phil Robinson, who lacked consistency at the start of the season, has emerged from a period where he seemed unsure of himself to become a quality goalkeeper. He was outstanding against Boreham time after time defying the opposing forwards. I have no doubt in saying if he maintains the standard he has set himself he will be the first choice goalkeeper for many years to come; what a change when only a month or two ago any goalkeeper joke in the clubhouse could raise a laugh.

Out on the field Shaun Frost has taken time off

from kicking players to kicking the ball and has been the pick of the defenders for the past two months.

It's certainly a lot tighter at the back now Nigel Cockerell and Cliff Haines have slotted in. I know Kilts won't approve but both are good players who deserve praise as unsung heroes.

The "two little ducks" in midfield, Alec Deacon and Graham Moore, always compete and this at times has been the secret of the team's revival, if only they were both available every week. And by the way welcome back Tony Dale.

How the reserves have fallen. The reserves, top of the league and looking comfortable, have had a disastrous month, losing important games to sides both at the top and bottom of their league.

A lack of confidence seemed to run through the team but a recent win against Hullbridge will hopefully bring a change in their fortunes.

It's hard to pick out good performances in a string of defeats but Rob Trigg always plays well. Steve Bennet at right back is as solid as ever and Vaughan Mullender continues to defy Father Time.

Hopefully by the time of the next column there'll be better news to report on the reserves front.

*On me head son,
The Thumb.*

FORCE HOCKEY

Any male officers or civilian staff interested in playing for the Force please contact Chief Inspector Bob Ward — Force Support Unit, HQ — Ext. 2420 (or 2403 until mid March).

The girls are doing very well so I think it is incumbent on us chaps to show what we can do!

ENTRIES INVITED

ENTRIES ARE invited for the 1990 PAA National Golf Championships being held at the Burnham and Berrow Golf Club, Burnham on Sea, Somerset.

Any serving police officer with a handicap of eight or better wishing to enter the event should contact Pc 204 Phillip Olds at Wincanton police station, telephone (0963) 33220.

Closing date for entries is March 31, 1990.

ON THE 25th October a strong squad of Essex Police officers set off for Amptill Park, Bedfordshire, for the first South East PAA Cross Country League fixture of the season.

The demanding and undulating course, including the notorious 'heartbreak hill', was tackled by a large field of 93 men and 17 women.

At the start Roy Kebbell led the Essex charge but on the first long hill he was soon overtaken by Brian Moore, Barry Ansell, Len Perrott, and Barry Daymond. The hills took their toll of runners by reducing many to walking pace. Len Perrott took it all in his stride however and gradually moved up the field to finish in 10th position despite being restricted to '3 miles per week' training.

Barry Daymond was the next Essex man home in 17th position followed by Brian Moore (26th) who had his best race yet for the Force, Barry Ansell (28th), and Roy Kebbell (29th). The 'A' team was completed by Andy Down who finished in 35th position despite taking a tumble on the last lap. The team finished third, just one point behind Kent.

The 'B' team, led by Mick Kliskey, did well to finish third in their competition despite being one man short. Graham Pinder could not have chosen a tougher course to make his debut but he did well to finish ahead of other runners.

In the Women's race Wendy Brown, perhaps better known in running circles as one of the famous Lamb twins, ran very strongly to finish 4th in her comeback race. More women are needed however to give her support.

This season has seen the introduction of a Veterans Team prize and with Barry Daymond, Barry Ansell, and Roy Kebbell, finishing 3 of the first 4 places in that competition we have every chance of winning at least one trophy by the end of the year.

Roy Kebbell,
Cross Country Secretary

THE resurgence of the Essex Police cross country squad continued on a fast flat course at Wimbledon Common on November 21. Len Perrott once again led the 'A' team home, finishing in ninth position overall, followed by John Clyde in 17th place. Veterans Barry Ansell and Roy Kebbell battled for the third team place finishing in 28th and 30th positions respectively. The

PEGS HAVE a full programme this year (30 matches). Anybody who has not joined and would like to please contact Secretary forthwith.

There is also to be a Centenary trip this year — any suggestions?
Rod Booth

'A' team was completed by the improving pair of Neil Phimister (37th) and Mick Kliskey (45th).

In the 'B' team competition Gary Matthews was the first Essex man in 56th place. Following him the old warhorses Lance Williams (65th) and Laurie Rampling (68th) had a good tussle. The men's squad was completed by Mick St Leger (78th) and Graham Pinder (81st). 91 finished the race.

In the women's race Wendy Brown had another good run finishing in fifth position. She was supported by Veronica Potter, making her league debut, in 19th place.

The next South East PAA league race, at Welwyn Garden City, on December 13 saw the first proper cross country conditions of the winter. The flu epidemic decimated the field but paradoxically Essex turned out their strongest squad of the season to date. On a slippery course John Clyde put his 'skates' on to finish first for Essex in 10th position. He was followed down the finishing straight by an incredible parade of Essex runners led by Len Perrott (13th), frantically pursued by the inimitable Andy Down (14th), a very breathless Roy Kebbell (15th) and a battling Brian Moore (16th). Also in hot pursuit was Barry Ansell (19th) who completed the 'A' team scorers.

The 'B' team was led by Chris Turner (22nd) making his return after injury. He was well supported by ever presents Neil Phimister (32nd), Gary Matthews (44th), and Graham Pinder (55th). Amongst those run-

ners Lance Williams (48th) and Laurie Rampling (50th) had another close battle with Laurie beaten once again but looking forward to the next encounter. Brian Murnaghan ran well on his debut to finish in 52nd place. 66 runners completed the course. Thames Valley were first and Essex second in both competitions.

Wendy Brown ran an excellent race in the women's event to finish third. Once again however she lacked support and the failure to field a full women's team has been the only real disappointment this season. The men though are well placed in second position in both the 'A' and the 'B' team competitions and with just two races to go to the end of the season we have an excellent chance of picking up some trophies. The Essex team are literally runaway leaders of the Veterans competitions and should win that trophy easily.

FORTHCOMING RACES EVENTS

Wednesday February 23, 1990 — RAF League. Helleston Hospital.

Wednesday March 7, 1990 — RAF League. Swanton Morley.

Wednesday March 14, 1990 — SEPAA Champs. Kent.

Wednesday April 4, 1990 — PAA National Champs. Leeds.

Sunday May 6, 1990 — PAA National Marathon Champs. Telford.

If you require more information on these events please contact Pc Roy Kebbell, Coroner's Office, Billericay, ext 3226.

PAA RUGBY National Championship ESSEX v HAMPSHIRE

on
Wednesday,
29th November
at
Colchester RFC,
Mill Lane, Colchester.
k.o. 2.30pm.

Refreshments available.

CHARITY FOOTBALL MATCH



Essex Police Football Team

Versus

DAVE WATSON'S INTERNATIONAL VETERANS TEAM

Southend United Football Ground

SUNDAY 22nd APRIL 1990

Kick Off 3.00pm

In aid of the Essex Radio Helping Hands Appeal and Cystic Fibrosis Research Trust.

The Brian Bishop Memorial Challenge Cup Match.
Price of admission £1 by programme

Programmes in advance from any member of the Police Football team or any Police Station.

PC BRIAN 'Bill' Bishop was fatally injured whilst on duty in Frinton, in August 1984, and following this a charity football match took place and a cup donated known as the Brian Bishop Memorial Challenge Cup for a game to be played annually with a different charity benefiting.

This year's game is to take place on Sunday,

April 22, 1990, at Southend United Football Ground, kick off 3.00pm, when the Essex Police Football team will take on a team of celebrities, including John Corrigan, Phil Neal, Dennis Tueart, Steve Coppell, Mick Mills, and Peter Holmes.

The charities to benefit, chosen by Brian's widow Sue, are to be Essex Radio's Helping Hands

Appeal, and the Cystic Fibrosis Research Trust.

Programmes will be on sale in advance. These will be available from any member of the Football Club or on sale at Police Stations throughout the county, or through Andy Spink at Earls Colne, or Sue Bishop at Management Services Hq ext 2602 or Jock Stewart, Stansted Airport 5969.

The Law

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