



● Det C/Supt Ralph Barrington.

Medal for CID boss

HEAD of CID, Det. Supt. Ralph Barrington, has been awarded the Queen's Police Medal in the Birthday Honours list.

Mr. Barrington, 50, has served seven years as head of Essex Police CID. Previously, he was a key figure in the national development of the HOLMES major incident computer system.

For the past five years he has been secretary to the Association of Chief Police Officers crime committee.

Mr. Barrington said, "I believe the award to a large extent reflects the consistent good work of Essex CID. The credit belongs to this excellent body of men and women, of which I consider myself very privileged to have been at the head for such a long time."

A police officer for 30 years, Mr. Barrington was also actively involved in the introduction of the IRIS command and control computer system.

His police career started on the beat at Harlow, and he has also served at Billericay, Colchester, Clacton and the Fraud Squad.

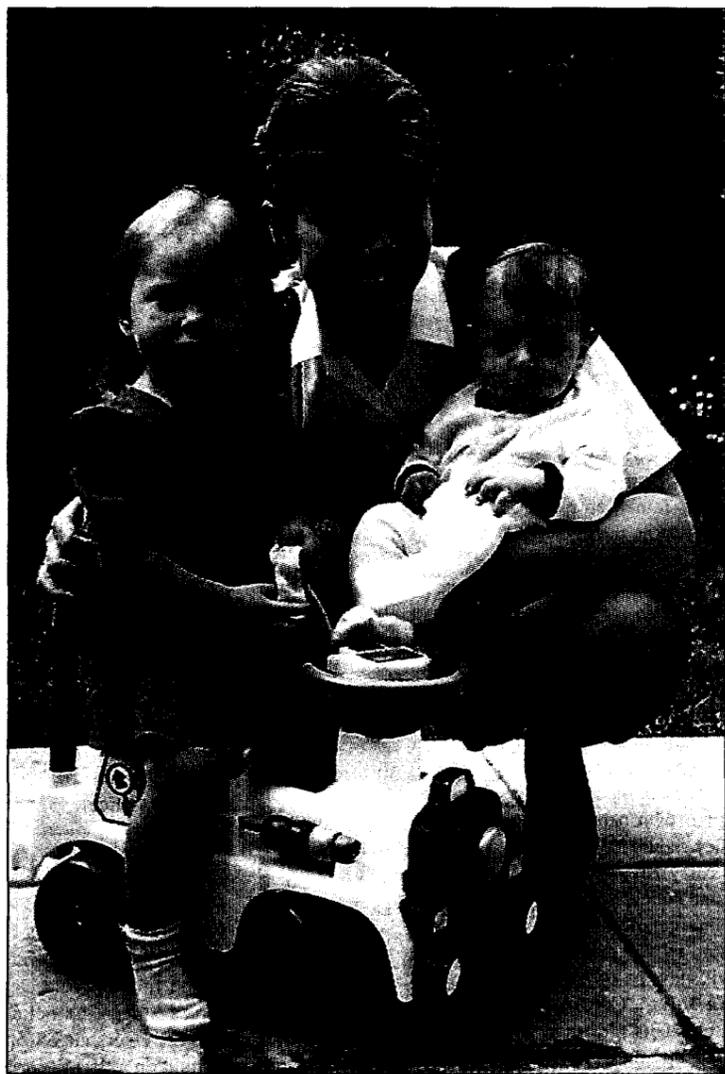
Caught on camera

ANYONE not caught for speeding through the M11 roadworks last month shouldn't be complacent. The speed camera scheme proved a great success and will be back in September.

Throughout a two week period, 2,701 motorists were caught travelling through the contraflow system.

A mandatory 50mph speed limit was in force between the Harlow and Stansted junctions and on its return in September there will also be roadworks on the A12 complete with cameras. ●

Southend mourns loss of popular chief inspector John loses brave battle



● Young mum Jo Byrne with daughter Jessica and son Sam.

WHEN part-time working was introduced into Essex Police in April, two young mums jumped at the chance to spend more time with their children.

Jo Byrne, stationed at Brentwood, and Anne Marie Gostling, at Westcliff, joined the scheme in May, and Jo is already feeling the benefits.

After giving birth to Jessica - now 18 months old - Jo was reluctant to have to leave her daughter and when she did return to work after nine months maternity leave, she was already pregnant again with Sam.

She explained: "Knowing I was pregnant, therefore wouldn't be back at work for long, was a light at the end of

Mum's the word

the tunnel because I didn't like leaving Jessica.

"Knowing the part-time scheme was in the pipeline was an added bonus and when Sam was born it seemed like the ideal thing to do."

Jo now works 24 hours each week over three days, usually a late turn or half-night on a

Tuesday, Saturday and one other floating day.

This fits in with her husband's job as a sales executive and means they can spend time together as a family.

Jo said: "The scheme is excellent. I can't believe how good it's been. If I work a half-night it's usually when my husband is Ashley is off the next day, so we get to spend time together and he can help me with the children."

The scheme, of course, is open to both men and women and is also ideal for officers wishing to study for a degree.

Anyone interested in part-time working should contact career development at HQ on ext 2329.

SO SOON after the death of Maurice Brazier, Southend finds itself mourning the loss of another colleague and friend, C/Insp John Brown.

John died last month following a year long battle against cancer. After a short remission a brain tumour was discovered and John collapsed at his family home in Braintree.

Divorced with one son, Matthew, John joined the job in 1940, originally posted to Clacton.

In April 1971 he was promoted to sergeant at Grays, and just six years later became an inspector serving at Rayleigh, Leigh and Pitsea. Promoted to Chief Inspector in 1988 he transferred to Westcliff and finally Southend.

Described as a "very private person", he was a pilot with other outside interests including campanology, or bell-ringing.

Friends, including Chief Superintendent Mick Benning, fondly recall the hair-raising flights over the county. Said Mr Benning: "The funny thing was that

for a pilot he was a terrible traveller. When ever he crossed the Channel he was sea sick, much to the amusement of colleagues."

But at work he was dedicated and well-respected, heavily involved with football liaison and a regular at level two public order exercises visiting Hounslow every year before he became ill.

Even when he was suffering he never let it show at work.

Inspector Colin Owen, who worked closely with John over the years, said: "He was a hard task mas-



● C/Insp John Brown.

ter, but would never expect someone to do something he wouldn't go out and do himself."

Sadly John died just over a month before he was due to marry his fiancée Linda Austin.

Cadet Shaun gives chase

AT JUST 18, and one week into the job, police constable Shaun Heckles already has one commendation to his name and is currently receiving more pats on the back for another outstanding arrest.

Shaun joined Essex Police in September 1992 as a cadet.

But it was on attachment to Chelmsford Traffic that the teenager found himself face to face with a suspected burglar.

It later transpired that the burglar was in possession of a knife but Shaun showed "courage and fortitude in pursuing and arresting" him.

And last month Shaun proved to be fast on his feet again when he leapt from a traffic car and gave chase to a suspected car thief.

A spectacular rugby tackle confirmed the arrest and a few cuts and bruises for Shaun. But modesty still prevails.

"On the second occasion I was just lucky to be the closest. You need a certain level of fitness as a cadet

and I try and maintain it."

As for his commendation he said: "I know it's quite unusual but a lot of it was down to luck, being in the right place at the right time. No one should have the attitude that I had anything over the other cadets."

But one man prepared to sing Shaun's praises is Superintendent Des McGarr, who said: "I'm delighted to see that Shaun Heckles is continuing to set himself these high standards - I'm getting quite used to it."

INSIDE

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FEDERATION NOTES . . . FEDERATION NOTES . . .

Constables call for better protection

FEDERATION CONFERENCE: BRIGHTON MAY 1994

THESE are some of the main points discussed at Conference with regard to the protection of Police Officers.

The Home Secretary, in his speech to the joint Conference, announced that he was hoping to introduce the expandable side-handled baton as soon as possible.

The tests have concluded and as soon as he had all the reports he would make the announcement some time in June.

With regard to the introduction of pepper sprays, this was being looked at as a matter of urgency by the Home Office Research Department in relation to any possible side-effects, not only for the person receiving the spray but, most importantly, for the officers that might be using the spray.

As soon as those results were to hand, a decision would be reached with regard to any trials in England and Wales.

With regard to PACE, a motion relating to stopping the clock when a prisoner in the cells is unfit to be interviewed was carried by Conference and the Joint Central Committee will obviously be looking to promulgate this at an early stage.

An Emergency Motion with regard to the driving of police vehicles was sponsored. This is in relation to Chief Constables publishing clear and definitive guidelines on the driving of police vehicles and the following or stopping of suspect vehicles as a result of the offences creat-

ed by the Road Traffic Act 1991. This motion was unanimously carried by Conference and will be promulgated through the Police Training Council nationally at the earliest possible opportunity. For members information, I am the National Committee officer who is actually dealing with this subject.

The Essex Joint Branch Board sponsored the motion with regard to Police Negotiating Board agreements. We were concerned at the delay two years ago in the issue of the annual leave agreement on variable shift packages. Our Motion was to ensure that each agreement was dealt with separately by the Home Office and not grouped together and this was carried overwhelmingly by Conference.

The Essex Joint Branch Board also sponsored an amendment to a Motion on the provision of legal services and this was to do with having an independent look at whether the services should be provided by one organisation or should be subject to competitive tendering. The Motion and the amendment were defeated by Conference.

At the Constables Conference, the theme was "In the line of fire". The Constables Central Committee had previously employed Gallup to carry out a survey of some two thousand Constables across all 43 Forces. There was an in-depth questionnaire

completed and it covered such areas as protection of police officers, assaults, equipment, paperwork bureaucracy and the most important one, of course, the use of firearms by police officers. The aims of the survey were:

1. To measure constables' attitudes to their safety at work.

2. To measure satisfaction with self-defence training and equipment.

3. To assess satisfaction with the system following the issue and use of firearms.

4. To find out whether constables feel firearms should be issued to police officers to a greater extent than at present.

The results given to Conference indicated the following:

(a) Three in five constables are dissatisfied with current levels of defence training.

(b) Seven in ten are dissatisfied with safety and self-defence equipment available.

(c) Almost half, 46%, feel the most important problem facing them is the increasing level of violence.

(d) Four in five are not satisfied with the level of support from the Government for the Police.

(e) Half of the Constables, 51%, have been in potentially life threatening situations at work in the past two years.

(f) Almost half, 45%, think that firearms should

be issued to a greater number of police officers than at present.

(g) Among London Constables, almost two-thirds, 63%, feel firearms should be available to all officers.

(h) Main fears are that not all officers have the right temperament and firearms should be left to highly trained officers.

(i) Those who feel all officers should be armed, 45%, cite the increase in use of firearms by criminals and that police face life-threatening situations.

With regard to the firearms issue, this was the main theme of the Constables Conference and has been well covered in the media.

As a result of the publicity from the Constables Conference, an Emergency Motion was taken to the Joint Conference by the Surrey Joint Branch Board. The motion says:

"That this Conference instructs the Joint Central Committee that, in the light of the recent murder and every increasing attacks on police officers where firearms, knives and other lethal weapons have been used, as a matter of urgency, to carry out a ballot of all Federated ranks with a view to establishing whether or not, in the interests of their own personal safety, they should have the right to carry firearms on their normal duties."

This emergency motion was carried by Conference and it will now be the job of the Joint Central Committee, at its meeting in July, to decide how it deals with that motion.



By Brian Pallant

MEMBERS SERVICES

Holidays

"GOING PLACES", which is an amalgam of Hogg Robinson and Pickford Travel companies, is offering 5% discount to all members of the Police Federation on overseas package holidays, etc.

To obtain the discount, officers must purchase the company's own holiday insurance. Full details on Police Federation notice boards or the Federation Office at Chelmsford. Bookings can be either direct on (0252) 549141 or direct with any of their shops.

Ffestiniog Railway

ONCE again, discount travel on the Ffestiniog Railway has been arranged for all members of Essex Police, including support staff. The discount rates for 1994 are:

Adult: £7 (ordinary fare £11.60).

Child: £3.50 (ordinary fare £5.00).

Adult and Child: £9.60 (ordinary fare £11.60).

Senior Citizen: £5.25 (ordinary fare £8.70).

Tickets available from Roger Schofield, 43 Kildonian Road, Grappenhall, Cheshire WA4 2LJ, telephone and fax (0925) 602760.

Pay agreement

The Home Secretary has announced his agreement with regard to the new pay scales and conditions for constables and sergeants.

These will come into force on September 1, and will be increased by the movement in the new indices currently running at about 3%.

The Police Negotiating Board will meet in July, when it has the full figures for the year ending 7th June 1994, and will decide, at that meeting, on what the percentage pay rise will be for September.

Looking

With regard to the inspectors and chief inspectors' award, the Home Secretary at Conference reiterated that he was still looking at the award because of the re-introduction of the chief inspector rank. He hoped to be able to announce his decision within the next few weeks. You will be kept informed of any such decision as soon as we have it.

Grievance Procedure

TO make space for a full report on the Federation Conference, we have held over the third part of our feature on the new Essex Police grievance procedure until next month.

Fixed rate loans for Federation members

WHETHER it's a new car, a conservatory, a holiday or a hi-fi that you've been promising yourself - a loan from First Affinity could be the way to pay, especially as you can choose your own repayment period.

And, if you simply want to straighten out your current finances, you could take advantage of a First Affinity loan to pay off store cards, credit cards, HP agreements - all the monthly bills and repayments that add up to a big drain on your budget. A loan from First Affinity could reduce your monthly outgoings, and may leave you with some extra cash to spend.

What's more, as a Police Federation member you are in a privileged position of being eligible to take advantage of First Affinity's preferential rate of 16.7% APR (fixed) for loans from £1,000 to £10,000. As this rate is fixed, repayments are guaranteed never to increase even if market rates go up. By way of an example, on a loan of £3,000, the monthly repayments would be £104.88 over 36 months. The total amount repayable is £3,775.68 APR 16.7% (fixed) including free life cover.

Written quotations are available on request. All loans are subject to status.

To provide you with peace of mind, First Affinity offer free life cover up to £10,000 for the first named borrower to protect repayments in the event of accident, sickness, redundancy or loss of life with Creditcare - our payment protection plan.

Applying is simple and straightforward. Just call free on 0800 626 390 to discuss your requirements. Alternatively, you can write post free to: First Affinity, Customer Services, FREEPOST, Clarendon House, Church Street, Basingstoke RG21 1BR.

LATE NEWS...LATE NEWS

Catering for change

ESSEX Police is to have a new caterer from August 1, but existing canteen staff will transfer to the new contractor.

The five-year catering contract, which covers the canteens at HQ, the Training Centre, Colchester, Harlow, Southend, Chelmsford and Basildon, has been won by Gardner Merchant Ltd.

Force accountant Alan Golding said Gardner Merchant was the major national catering contractor in the private sector, and already provided catering services for Stansted Airport and Norfolk Police.

Under protection of employment regulations, all staff working for the current contractor, Essex Food Services, will transfer to the new company under the same terms and conditions of employment.

More than 20 companies expressed a serious interest in the contract, and Gardner Merchant was chosen from a shortlist of five.

Technology tour for Russian officers



SUPERINTENDENT Brian Tyrrell of Stansted Airport police exchanges an Essex Police crest for a Russian pennant. Pictured, from left, are Lieutenant Melenikov, Lieutenant-Colonel Kulakov, Lt. Col. Isakov, Supt. Tyrrell, General Vlasov, Sgt. Ludlow, Insp. Warner, Mrs. Creasy, Pc. Stokes (Port of Tilbury Police).

by Ali Warner

FOUR senior Russian police officers visited Essex Police Headquarters recently to look at how computers can assist in dealing with suspected offenders.

The four officers came from various transport police forces in Russia, including St. Petersburg Airport police and St. Petersburg Seaport police, and had been visiting Britain on a Port Security Conference.

They were given an hour's demonstration of the automated Fingerprint Recognition (AFR) system by Mr. Campbell-Harvey and Mr. Freeman. The demonstration included some of Essex Police's successes so far. They were pleased to hear the system might become European in the future, and hoped it could eventually become international.

Next to be demonstrated to the visitors was PIRS - the Photographic Image Retrieval System - by Mrs. Creasy. Again they were impressed by this aid, and the fact that it complied with PACE for identification purposes. They have nothing similar to assist them in Russia, and were clearly envious of these crime-fighting aids.

They said the biggest crime problem affecting them was theft by baggage handlers at the ports, especially St. Petersburg Airport.

Most at risk are travellers with soft luggage which can be slit open by knife - hence avoiding locks.

Accompanying them on their technological tour was Russian-speaking Essex Sgt. Colin Ludlow. Basildon officers will remember him reading Russian books during rare quiet spells in custody, and he was able to put his language skills into practice while representing Stansted Airport.

Public information campaign spells out Essex Police commitment to quality service

Your Police and You

by Jenny Grinter

ESSEX Police is going public to spell out the quality of service the Force is committed to providing.

As part of a public information campaign, 100,000 leaflets are being circulated to tell the public of the service they can expect, and inviting their comments and criticisms.

The leaflets will be backed up by posters displayed at police stations, plus visual display panels and a video available for open days, exhibitions and shows.

The leaflet "Your Police and You" follows on from the launch of Service Delivery Standards, with its "People, Policing and You" message which was directed at officers and support staff.

Before the new leaflet goes out to the public, it is being circulated to every member of Essex Police, including officers, support staff and Special Constables. Look out for your leaflet this week.

Chief Inspector David Westoby from Management Support said, "We have sought to inform the public about Service Delivery Standards through the media, but it is now appropriate for us to become more proactive in telling people what we as an organisation are trying to achieve, and inviting them to become involved."

"We hope this leaflet will give members of the public a reasonable idea of the service we are committed to providing in the five key areas of crime, traffic, public order, public contact and community affairs."

The leaflet invites members of the public to visit their local police station and ask to see a copy of our Service Delivery Standards.

Chf. Insp. Westoby said, "We are going to the trouble of circulating a leaflet to every employee of Essex Police so they know what we are saying about the organisation in which they work. It is important that they read it."

Distribution

Leaflets will then be circulated to Essex Members of Parliament, county, district and parish councillors, Neighbourhood Watch co-ordinators and public libraries. Copies will be sent to all divisions and HQ departments for distribution at front counters, open days and public meetings.

Consideration was given to door to door or Mailsort distribution, but this was rejected because of the cost and the likelihood of it being disposed of as junk mail. The chosen method of distribution means those who receive the leaflet are likely to have an interest in its content.

The leaflet is the first step in a public awareness campaign, with a budget of some £18,000. Under the Government's Citizens' Charter, the Force is required to produce more

information for the public about the level of service it seeks to provide.

It is intended to produce a leaflet annually, with future copies including details of the Force's performance measured against its Service Delivery Standards.

The visual display panels and video (along the lines of the People, Policing and You video presentation with a new narrative) are expected to be ready in the next few weeks. Details will be circulated, and they will then be bookable through Public Relations Officer Fred Feather on HQ. ext. 2395.

NEW STATION FOR SOUTH WOODHAM FERRERS

WORK has started on a new £1.5 million section station for South Woodham Ferrers after a wait of nearly nine years.

Plans were submitted to the Home Office in 1985 when the need for a purpose built police station was identified by Essex Police, but bids can take up to 15 years to process in some cases.

South Woodham officers at one time were housed in two rooms within the school and sports complex at the William de Ferrers Centre - currently staff are operating from the town's old post office on a short term lease.

The new two floor building in Tylers Ride, located at the centre of South Woodham, will have all the facilities expected from a modern section station.

Estates Manager Cliff Collings said: "The station will be an extremely nice building to work in, it will incorporate all the latest energy saving systems, and disabled access for both the public and police staff will be given high priority."

Plans include a custody suite with three cells, CID offices, Parade Room, Kitchen and Conference Room facilities.

The new station was designed by architect Ken Scott-Wodhams who designed

the new Force Information Room. Building work should be complete by August 1995. The builders, R.G. Carter, also built the Colchester and Braintree police stations.

Mr. Collings said: "I'm sure the wait will be worthwhile. We have received strong support from the South Woodham Ferrers Project team in decision making and I'm sure everyone will be pleased with the final result."

Elsewhere, there is good news for Clacton, Home Office approval has been given for building work to start on a new police station later this year.



ONE of the posters heading the Force's public awareness and information campaign.

Off Beat

Painting the wrong picture

REPORTS that a lorry had shed its load of paint and turps quickly brought two fire tenders, a police traffic patrol and a beat officer to Maldon High Street. The expected chaos did not materialise - because the message should have been, "Mrs. Laurie has dropped a tin of paint."

Hard labour

A POLITICALLY-AWARE Dc. from Basildon rushed into the CID office just days before the Euro election shouting that a top Labour politician was due to visit the station that morning.

He failed to recognise the amused gentleman talking to Det. Chf. Insp. Dave Bright - it was none other than the favourite in the party leadership contest-Tony Blair.

Post haste

WHEN the alarm went off in a village post office in Chelmsford division, the postmaster's wife quickly dialled 999 from an upstairs room.

Police expecting to confront an armed robber were relieved to find the postmaster's over-exuberance with his franking stamp had sent vibrations through the desk and triggered the alarm.

Swan song

HARDY marine section officers Sgt. Bob Hollington and Pc. John Barr thought they could handle the hazards of the River Chelmer in a small wooden boat with a 4hp outboard motor.

But as they took to the water by Riverside ice and leisure centre in the centre of Chelmsford, they met their match in a large swan indignantly attempting to protect her nest.

The pursuit lasted about half a mile - but eventually the officers had to resort to oar power to fight off the magnificent bird!

Conked out

A LONE woman driver who had broken down on the M25 was delighted when an Essex Police patrol car drew up to help. As she approached the police vehicle, the gallant traffic officer flung open his car door - which hit her on the nose!

Intruder alarm

A TERRIFIED Benfleet woman dialled 999 when she returned home in the early hours and heard voices coming from upstairs.

Police found her radio alarm clock on!

Time to turn out in force for big value day out



A SCENE from the 999 emergency scenario at last year's Fun Day. Picture courtesy of LES BRAND.

IT'S TIME to turn out in force for the annual Essex Police package of fund-raising fun.

Final preparations are underway for the 8th annual Fun Day which will run from 10am to 6pm on Sunday, July 10.

A total of some 40 Essex charities stand to benefit from the event, with the main beneficiary being the Little Havens Children's Hospice appeal.

by Jenny Grinter

An exciting grand ring programme features gymnasts, marching bands and military displays as well as a simulated 999 emergency scenario.

There is an emphasis on animals this year too with shire horses, highland cattle and sheep racing.

But above all the emphasis is on family fun, with events and sideshows for the kids to enjoy.

Admission prices have been deliberately held down to make the Essex Police event the best value, biggest single day Fun Day in the county. The cost is £1 for adults with free admission for children.

Fun Day committee chairman Chf. Insp. Dave Bright said, "The objective of the day is fun and enjoyment, while helping those less fortunate than ourselves."

The finals of the Essex Police/Hi-Tec schools football and netball tournaments this year will take place the day before Fun Day on Saturday, July 9 at HQ. Some of the Fun Day stalls will be open for the youngsters.

A date has also been set for the other major Fun Day event in the police calendar. The annual Band Concert.

By popular request, it will again feature HM Band of the Royal Marines (School of Music), and will take place at the Cliffs Pavilion, Westcliff on Friday, September 9. Tickets can be booked from Mrs Wendy Holden at Police HQ on Chelmsford 491491 ext. 2651.

PC

looks back on 12 years of cartoons



THIS month we reproduce another popular cartoon from the archives, to mark 12 years of looking at Essex Police through the eyes of PC. This one appeared in April 1990.

Praise for crime-busting Braintree school kids

WHILE congratulating Halstead Crime Prevention Panel and the other winners mentioned in Ian Deal's article "Crumbs! What a cracking idea" (The Law, April issue), I was sorry not to find reference to the project entered by Braintree Crime Prevention Panel for the High Sheriff's annual awards for crime prevention.

Over 400 children from four Braintree primary schools took part in an initiative to raise awareness of crime issues. A well attended exhibition of their work which involved writings, mathematics, art and technology (which included practical child-thought-out crime prevention measures) as part of their National Curriculum studies was held over two weeks in Causeway House, Braintree.

The schools won the Tanner Frozen Foods Shield and were runners-up in the Youth Group category of the High Sheriff's "Essex Against Crime" initiative.

Ethel Middlebrook,
Neighbourhood Watch Representative,
Braintree Crime Prevention Panel.

Many thanks

I WOULD like to take advantage of the columns of "The Law" to express my thanks to everyone, both officers and support staff, who attended my husband Bunny's funeral on May 24.

That he was thought worthy of a guard of honour is a source of considerable pride to me.

He obviously made many more friends within his work than I would have thought possible.

Since his retirement from his job as police chauffeur in Saffron Walden, and despite the "easy life", he missed the work. He did not really want to retire.

I can now see why. Again, many thanks.

Jean Godward,
Thaxted Road, Saffron Walden.

War Research Society trips

THE War Research Society, based in Birmingham, is run mainly by retired and serving police officers and friends as a charitable hobby.

This year it is running coach trips to the battlefields and cemeteries of Northern Europe, including Somme, Ypres, Mons, Verdun, Arnhem, Berlin and Northern Germany.

A tour to Normandy has been organised on September 2 to 5, including an official ceremony in Caen, when the Normandy Liberation Medal will be presented to veterans who took part, or their next of kin.

Further inquiries to Alex Bulloch, The War Research Society, 43-59 Norfolk House, Baldwin Road, Kings Norton, Birmingham, B30 3 LB. Please send an SAE.

Alternatively contact local rep. Pc. Len Bickford at Maldon Police Station on ext. 3740.

Black Maria ran a Boston boarding house

I AM writing in response to the letter entitled "On the Trail of the Black Moriah" which appeared in the April issue.

I would suggest that Mr Gowers is erroneous in his assertion regarding the origins of the phrase "Black Maria" as, according to the Oxford English Dictionary, this phrase was first used in 1874 - thus pre-dating the Tombstone hearse by seven years. Brewers Dictionary of Phrase and Fable offers an alternative derivation, suggesting that the name originated in Boston, USA, where a negress of Amazonian proportions rejoicing in the name of Maria Lee ran a boarding house. She was often called upon by the local police to

assist in the arrest of violent men as she invariably succeeded in "persuading" them to accompany her to the local lock up. Hence the phrase "call the Black Maria!"

With regard to his query about the "Darbies", this was the old Scottish name for fetters or handcuffs originating in 1576. It seems likely that Darby manufactured such implements, and the name stuck. There are modern parallels today such as Biro for ball-point pen and Hoover for vacuum cleaner etc.

For anybody interested in researching the origins of slang words and phrases,

there are two excellent books available from the library. They are:-

I.H.Evans (ed) *Brewers Dictionary of Phrase and Fable*, Cassell (1978)

E.Partridge, *Dictionary of Historical Slang*, Penguin (1982)

I hope this gives Mr Gowers, and others interested in etymology, food for thought.

Mr A Holland,
Westbury Road,
Southend.

Tribute filled me with pride

MY FATHER, Chief Inspector John Brown, died on May 21. The funeral was held at Widford church on the 26th May.

I would like to express my sincere thanks to the all the officers who attended the funeral. My father would have been proud and pleased that so many friends and colleagues were able to attend.

The tribute made by Colin Owen (Inspector) on behalf of Essex Police made me very proud of the 31 years my Dad spent as a Police Officer.

I would also like to thank the officers for the support and care my father received from his colleagues during his illness. This support was also extended to my family last week.

Matthew Brown
and family,
Billericay.

LAW Letters

When a Post Mortem becomes a sideshow

I AM sure the majority of retired police officers look back on their service with fond memories and, doubtless, have at some time narrated their favourite anecdote over a jar of ale.

However, Phil Pewsey's interminable trips down memory lane have finally moved me to write.

We should all strive to learn from the past rather than emulate it; such is progress.

I was particularly appalled by the suggestion that officers should attend a Post Mortem as part of their training. Before retirement, I served with Scenes of Crime at Harlow and was

often asked to take young officers to Post Mortems. I refused. Whilst my presence at the mortuary was necessary as the Coroner's photographer among other duties, I failed to see why the sanctity of someone's dear departed needed to be intruded upon. Indeed, it is a short step to becoming a side-show. How many police officers stop to consider the relatives of the deceased who may be upset

by such intrusion?

Without wishing to dive headlong into nostalgia, I recall attending the Metropolitan Police Forensic Science Training Wing during which, as part of the course, we viewed a video recording of an actual murder scene and subsequent investigation. The deceased, of course, was a young, naked, attractive female! - What else, since there is nothing more likely to draw policemen from far and near to attend a Post Mortem. (For training purposes, naturally.)

I digress. On watching the video which had been used on previous courses and, I suspect, is still used today, I wondered if the parents of the deceased

were aware that their daughter's body still lives on in glorious technicolour; and then, somewhat cynically, whether they would be entitled to Royalties if they knew.

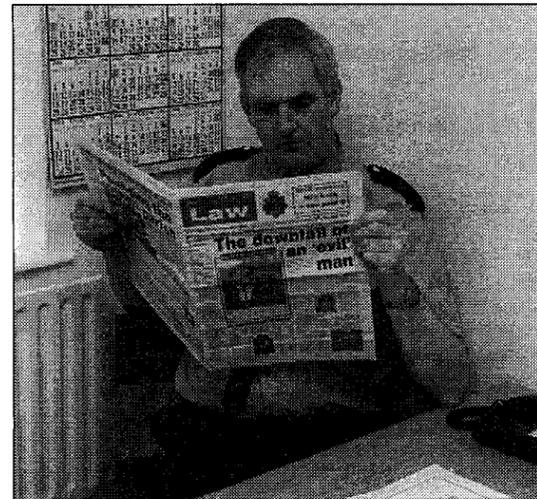
I survived the first fifteen years of service without attending a Post Mortem and did not consider my training lacked anything.

I leave you with the thought that maybe Phil Pewsey's donor card has been amended to include:

"On death, all proceeds from sale of tickets to Post Mortem to be donated to the Widows and Orphans." (If they're not attending as well.)

Ex Dc. David Ward,
St. Kew, Bodmin,
Cornwall.

It's a long way to Tipperary



A LETTER was published in *The Law* some time ago stating just how far *The Law* had travelled. Printed above is a photograph of Garda Joseph Fanning, who is a member of staff at the Police College, Templemore, Co. Tipperary, Ireland.

Garda Fanning is an active member of the I.P.A. and during the past few years has travelled extensively all over the world. He has met the Pope in Italy, been on a sponsored walk in New York, and has visited delegates of the I.P.A. in Australia, New Zealand, Singapore, Hong Kong and various other countries.

He is interested in Police memorabilia, and is a talented officer. He has just designed, and has manufactured, an Official Plaque for the Irish Constabulary. It includes of course the Irish Harp. This plaque is unique and is in great demand.

Just a few words about the Police College in Templemore. This is the only Police College in Southern Ireland. The initial training for recruits takes 26 weeks. The College was once an Army Barracks, but during the past 3 to 4 years, it has had a £20 million face lift.

It is a model for police training, and is fully equipped to train officers in all aspects of police work. From swimming pools, to firearms training where houses, mock banks, post offices etc, are used in firearms exercises. The instructors of the Driving School are sent to Hendon, Middlesex, for further tuition.

Ex-Inspector H.V.G. Hunter,
Linford, Stanford-le-Hope.

Night to remember

THANKS to all our friends and colleagues for all the lovely cards, memorable gifts and good wishes that we received on our retirement.

It was great to see so many of you at our farewell "do" - it was a night we will never forget.

Ian and Carol Wright,
Danbury.

Thanks Fred

MAY I, through your columns, say a thank you to Fred Feather for organising the Southend Borough reunion on the 20th May.

It really was a pleasant afternoon and a real treat to meet friends and colleagues (some not seen for 25 years).

It would be nice to think this might become an annual event, with even more old Borough boys attending. There is also something reassuring to see more grey hair than your own, or relief that you still have some.

David Davenport,
Leicester Road, Herts.

Reunited

MAY I, on behalf of Mrs Jess Rickett, thank you for printing the letter in the April edition of "The Law" for Mrs Mary Booty.

Mrs Booty and her daughter have contacted Mrs Rickett, although they now live in Chester and not in Norfolk.

Mrs Booty and her daughter have both had major surgery but are recovering nicely. Having been friends for many years all parties are delighted about being in contact with each other again.

G. A. Jones,
Clacton-on-Sea.

Tournament tickets are on sale now

TICKETS are on sale for the special Police Force performance of the 104th Royal Tournament, which takes place at Earls Court at 7.30pm on Monday July 25.

The theme of this year's Royal Tournament, which boasts a cast of more than 2,000 servicemen and women, is "War and Peace".

Top attractions include the largest "Transformer" in the world - when the Royal Engineers will turn a 53 ton bridge layer into an ark, out of which will come, two by two, all the animals which have seen service with the Army including elephants, camels and goats.

The show also features the Massed Bands of the Guards, making their first appearance at the Royal Tournament since 1908, and the Royal Danish Cavalry performing stunts on horseback. The explosive finale includes a simulated nuclear explosion inside a giant skull.

Tickets for the Police Force performance are available from the box office on 071-373-8141, priced between £9.50 and £24, with discounts for members of the police service bringing a group of 20 or more. These are available from the box office on 071-370 8399. The Royal Tournament runs from July 19 to July 30.

Burglars watch out!

BUSINESSES on a Canvey industrial estate have joined forces to cut crime and vandalism at their factories and warehouses.

They have set up Canvey's first Industrial Watch scheme on the Charfleets industrial estate, under the guidance of local crime prevention officer Pc. Gordon Sinclair.

With the help of security firm Louis James Security, a round-the-clock watch will be kept on the estate.

Pc. Sinclair said from January to June this year, the estate had suffered losses in excess of £100,000 due to theft and vandalism. He added, "I hope the new Industrial Watch will spread a feeling of security among businesses and get the message across to criminals that Charfleets is not the place to come."

Weapons amnesty declared

IN an attempt to reduce the numbers of offensive weapons being carried around the county, Essex Police has declared an amnesty.

The first of its kind since 1988 when over 800 weapons were surrendered, the amnesty has a number of aims.

It is hoped that young people in particular will be discouraged from carrying weapons and that parents will become more aware of the serious consequences of seemingly innocent instruments.

Adopting a similar strategy to that used in 1988, clearly signed bottle banks will be sited at 16 stations where members of the public will be encouraged to deposit weapons.

It will all be carried out on an anonymous basis. No questions asked and no details recorded.

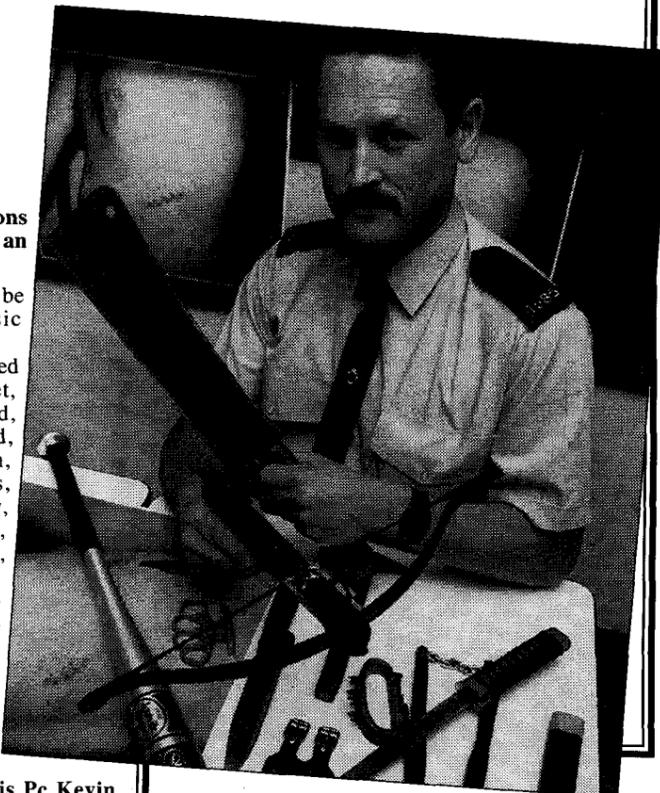
Primarily the amnesty is aimed at knives but the possibility exists that someone will want to deposit a firearm. In genuine cases, with no reason to suspect criminal use, these can be surrendered at the station counters, enjoying the protection of the amnesty. Firearms deposited in

the amnesty bins may be subjected to forensic screening.

Police stations selected are Basildon, Benfleet, Braintree, Brentwood, Canvey Island, Chelmsford, Clacton, Colchester, Grays, Epping, Harlow, Harwich, Rayleigh, Saffron Walden, Southend and Tilbury.

The four week campaign, ending at midnight on July 9, has also enlisted the help of schools with posters promoting the amnesty on display in county secondary schools.

● Pictured (right) is Pc Kevin Rowe with an assortment of weapons confiscated by Essex Police. Picture courtesy of the East Anglian Daily Times.



Guns seized in dawn raids



BASILDON Police seized an arsenal of more than 150 guns plus hundreds of rounds of ammunition in dawn raids on two addresses in the county.

Armed police executed the two warrants in Vange and Latchingdon last month, recovering more than 60 rifles plus shotguns, revolvers and automatic pistols. Equipment for modifying and adapting the guns

was also found.

Head of Basildon CID, Det. Chf. Insp. Dave Bright, said this was one of the largest ever seizures of guns in the county, and followed inquiries which had been taking place for several weeks.

Four men were arrested, and have been bailed while forensic tests are carried out on the haul.

Improving management skills

THE first phase of a forcewide management skills programme has provided vital information about the qualities required by senior officers in the recently restructured Essex Police.

Earlier this year, C/Insp Andy Hayman of Management Development launched a project to help managers and supervisors cope with the demands they face.

The idea was to find out what new skills would be needed and how current skills could be developed. And questionnaires completed by every officer of inspector rank and above have revealed a number of common themes.

Chief officers, senior managers and operational commanders all proved highly skilled in making decisions and solving problems.

But setting organisational goals, building teams and generally communicating information clearly and in an appropriate manner, are all areas which need developing.

Developed

The way in which management development intends to tackle the problem areas is three fold. Certain skills can be developed through internal or external courses.

Other problems such as team building need to be challenged

within the workplace while a review of the current guidelines and policies is essential if Essex Police is to get the best from its managers and supervisors.

Now the department has the information the next stage is to decide what to do with it, and an evaluation of the training facilities currently available within Essex Police is already underway.

In addition, all officers who took part in the survey have already attended one of four workshops highlighting the results and suggesting ways in which they can begin to create and develop a variety of skills.

Protecting children from abuse

EVERY child has the right to grow up without fear of being abused. To this end Essex Police played its part in a joint initiative last month to drive the message home.

Keepsafe Week was the idea of the Essex Area Child Protection Committee (ACPC) involving representatives from social services, education and health.

The aim of the week was awareness - to inform youngsters of their rights - to educate them about child protection and how to seek help - and to enable them to protect themselves.

Packs providing literature, useful contact numbers and advice were issued to playgroups, nurseries and schools, with a competition to encourage practical participation.

Awareness

Throughout the week sponsors BBC Essex ran regular features and bulletins while counsellors from the NSPCC stood by to deal with enquiries.

The week was highlighted by a Child Protection conference held at Chancellor Hall in Chelmsford, attended by Mr John Bowis OBE, Under Secretary of State for Health.

DCI Brian Storey commenting on the initiative, said: "We wanted to raise the level of awareness of Child Protection which we

achieved through the increased media coverage.

"The effectiveness of the packs is more difficult to gauge at the moment. We will be doing a much more

By
Kim White

indepth evaluation later this year.

"But the general consensus is that it has been a very useful and worthwhile campaign."



● John Bowis MP included the Essex Police campaign in his keynote speech at the Child Protection conference held in Chelmsford. He's pictured here with ACPC Chairman Leo Bishop and DCI Brian Storey.

Becoming a donor

EARLIER this month members of Essex Police were asked to become bone marrow donors.

The procedure is simple, you donate a small sample of blood which is sent to the

Anthony Nolan Bone Marrow Trust. A register is then kept for future use.

There will be two more chances to donate at Southend on June 20 and Harlow on June 24.

New debriefing network aims to ease the stress suffered by police

Facing up to trauma

FACED with a disaster or a traumatic event we all have our own mechanism for coping. The extent to which we can cope varies in us all.

Police officers, along with other members of the emergency services, are more likely to find themselves in such situations and are trained to cope. But it doesn't mean they don't suffer.

Essex Police is only too aware of the effects of trauma which is why it has now set up a service known as Critical Incident Debriefing with a network of qualified 'debriefers' to help officers - and civilian staff - through difficult times.

Over 100 Essex Police employees applied to be debriefers, about 35 were interviewed and although only 12 were needed, the standard was so high that Senior Welfare Officer Jeanette Poston decided on 17.



● Jeanette Poston.

Jeanette explained: "Everyone expects a police officer to cope and during an incident they cope admirably. But they may find later that they start to experience certain feelings and reactions and it is then that he or she should make use of the facilities available and admit to having normal feelings."

Typical symptoms which can result from a disaster are numerous and varied. Nightmares and flashbacks are more obvious examples. But a trauma sufferer may not attribute a lack of self-esteem or loss of ambition to a particular event. And, of course, denial, a refusal to admit that there is a need to talk, can overshadow all 'normal' feelings and reactions.

The idea of the network is for officers to receive their ordinary operational debrief immediately after the event, with their supervisors, otherwise known as defusing.

Then when there has been a chance for their minds to settle it is recommended that there be a group meeting led by a qualified debriefer.

Frank Parkinson, who carried out the training for the new network, recommends that this meeting take place about 72 hours after the event but emphasises that it is never too late.

The added difficulty with working as a police debriefer is the age-old



● Derek Lee

'macho' image which will often stop an officer admitting he is experiencing perfectly normal feelings.

Welfare officer Derek Lee explained: "We're trying to educate everybody. Most of the time an officer knows when he or she is being affected. All they have to do is admit it. It's a case of breaking down the barriers."

Jeanette added: "Of all the officers who are coming to us suffering from stress, they all seem to be of similar character. They're the conscientious kind, the ones who want to do a good job and worry if they don't, the ones that care about people."

The facilities available in Occupational Welfare are for officers and civilians as well as their families who play an important role in overcoming stress and trauma. As well as group Critical Incident Debriefing, counselling is available on an individual basis, and Jeanette and her team want to hear from you.

All calls will be handled with strict confidentiality.



Report by Kim White

● The emergency services help a victim of the King's Cross disaster. Picture courtesy of Police Review.

The victims:

BOB'S STORY: Bob Craven used to be a successful police officer in Essex, before he was forced to take medical retirement.

Before he tells you his story, picture the scenario:

An armed operation, DS Craven approaches a stolen car and places his warrant card on the windscreen. The suspect drives off. As he does so the sergeant's watch becomes entangled in the windscreen wiper and he is dragged along with the car. As the officer clings to the bonnet, a lorry passes in the opposite direction catching his leg and breaking it. The car eventually crashes.

Said Bob: "I joined the job in 1967. At that time if you got involved in an incident you got yourself up, dusted yourself off and got on with the job again."

In the early years I was assaulted quite seriously on five or six occasions. But there was machoism in us and an adrenalin that builds up and helps you to cope.

The next occasion was when I was carried on the bonnet of a stolen car.

At the time all sorts of things go through your mind. I can remember all the air being drawn out of my body, I felt like my chest was touching my back.

Eventually we crashed and I thought I had died. It sounds ridiculous now but there was all this steam from the radiator and I thought I was in heaven.

The long and short of it was that no one ever spoke to me about it.

I didn't think anything of it. Then years on I had been to the doctors a couple of times because I felt dizzy,

I felt very low, I cried at times, and it was usually at a time when things were pressured, but I never made the connection. I was one of these blokes who loved what I was involved in and didn't look upon myself as someone who suffered stress or depression.

By this time I was a DI working on NCIS and enjoying every minute, but I started to get confused, had periods when I couldn't concentrate.

What really gave me cause for concern was that a week prior to the breakdown I was coming back from Hatfield to Southend, a common route for me. I remember coming down the M25, but the next thing I knew I was in Stansted Airport. I just thought "silly fool" and put it down to a lapse in concentration.

Then two days later I went to Lincoln, a fairly straight route up the A1. I drove out and the next thing I knew I was in King's Lynn. I've never been to King's Lynn and couldn't tell you how I got there.

The crunch came one Monday. I came home from London and had what I can only describe as unconsciousness. It was as if I was inside a television set looking at the screen and there was someone turning the screen on and off. This threw me completely and the periods of blankness lasted for about seven days.

From that time I went to Occupational Therapy and they quickly assessed it as anxiety and depression. But all the time I was looking for something physical. A broken leg or a black eye you see healing. There was a lot of shame involved, this macho thing again.

After I got over the blackouts I

The supervisor:

ONE supervisor who has become involved with the setting up of the Critical Incident Debriefing Network is Superintendent Des McGarr.

As a supervisor he is well aware that he has a role to play if officers suffering trauma are to be sufficiently cared for.

He now works a system which he feels should, in many cases, curtail the need to use the network.

Firstly there is a need to train officers to deal with traumatic events, to give them the chance to

cope with situations which might otherwise leave them floundering.

Just as there are contingency plans in the event of a major disaster there needs to be facilities available to allow the officer to cope when the situation arises and to feel that he has the appropriate support.

Once an incident has come to an end it is time to carry out the 'defusing' process.

Supt McGarr prefers to look upon this as an operational debrief whereby all the officers involved discuss the event and the parts they played. He explains: "Although we

had a situation where I couldn't get out of the front door and at the time I had to virtually grab hold of my own collar and drag myself out.

According to the doctors, through the stresses and strains and the way I have carried on my life, I have been fighting against my adrenalin until the part of my brain that controls the adrenalin packed up.

I'm not blaming anyone but if the job, at the time of my assaults, had had the ability to counsel me it probably wouldn't have gone this far, although I would probably have laughed had someone offered it to me.

If, now the facilities are available, someone decides to stick to the macho image and refuse to be counselled then more fool them.

And in my opinion senior officers

who don't give these opportunities to their men and women are being very selfish and naive.

If I can stop just one person going through what I went through it can only be right.

You can't convince people to seek counselling. All I can say is that the counselling I received has stood me in terrific stead and enabled me to cope.



● Bob Craven.

JOHN'S STORY: Attempting to rescue someone who later dies is traumatic enough. To discover that the person you were trying to rescue was someone that you knew is an even greater nightmare.

And yet one police officer who found himself in that exact situation still felt he didn't need a debrief.

However, the officer, who will be referred to as John, did talk to welfare after a recommendation by his supervisor and he is now less sceptical.

The event is straight from a horror movie. Laying down in an overturned car, in a ditch. It's cold, wet, dark, claustrophobic, full of petrol and fumes. Not even sure whether anyone is in the car you suddenly find a body.

But John was a police officer

and police officers cope!

Although John says he didn't "harbour any thoughts about that night", he did admit to feeling a "sense of failure, of hopelessness", to lie in a ditch covered in petrol and water, only for the victim to die anyway.

About a week after the event, John's supervisor suggested he had nothing to lose by speaking to a welfare officer.

He said: I was ever so sceptical at first but once I had had the meeting I felt a real sense of relief, talking to someone who knew the sorts of things I would be thinking and feeling.

"I can see that for some people it might not help and I would never have asked for it. But having had it I don't think you should knock it before you've tried it."

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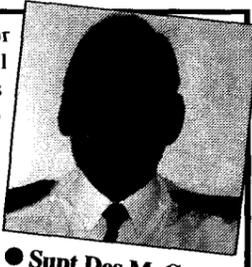
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workers Soap star Julie helps launch anti-crime initiative

Airport Watch takes off

workers



● Supt Des McGarr.

defuse and debrief properly don't need the Critical Debrief. However, there are incidents where it is such as the death of traffic warden Wiggins because it was not handled properly. Stansted is definitely a place for the kind of individual who would have benefited from the scheme had it been available. At least we are beginning to see that we do need to have more facilities to care for staff. There is never a downing of help."

trainer:

Debriefers is obviously a vital part of a successful network, and I have chosen Frank Parkinson, a former Trauma Stress to do the

worked behind the headlines for many years. The air crash and Strangeways are two examples.

worked with body recovery families held hostage in the relief from the Falklands, Gulf of Northern Ireland and with helpers following armed and violent shootings, car accidents and violent incidents.

copy remains: "the normal people to events that are unusual and

Frank has created a training course on all his years of

a number of methods which help people cope with

rs and helpers need to be able, not only with the incident, but own and others reactions at a later. Victims need to be able to react normally.

needs to be a defusing exercise where there is mutual support with the opportunity to talk about what has happened, informally.

Incident Debriefing, not less than 48 hours after the incident to couples, families or groups. Help them to find themselves in a situation can expect it to follow in time.

be an introduction by the speaker to create confidence within the group. The member has to speak, but I will be in confidence and I will be warned that they may not express their feelings in a normal reaction.

will be encouraged to talk about what they expected to happen and what actually did happen, what they saw, their thoughts and how they were treated by others present.

if this the leader will discuss and reactions to reassure what they are experiencing normally.

then left is to look to the staff: what help is needed and resources are available. Will staff and children also need

ACTRESS Julie Peasgood, who featured in Stansted Airport commercials, returned to the Essex airport this month to help launch a new anti-crime initiative.

Julie, better known as Fran in Brookside, took a break from the West End comedy "The Weekend", in which she appears alongside "One Foot in the Grave" star Richard Wilson, to help the new "Airport Watch" scheme to take off.

eye out for anything suspicious. But the new Airport Watch will also target crimes like shoplifting, theft from cars and passing counterfeit currency.

It will use a computerised multi-line phone system to ensure information about suspicious characters or criminal activity is relayed around the different areas of the airport.

A confidential Crimeline number has already been introduced for airport workers or members of the public to ring if they have information about any crime.

The scheme is a joint venture between the AWACS (Airport Working Against Crime Stansted) crime prevention group, Essex Police and Stansted Airport Limited.

It was launched by Chief Constable John Burrow, who gave a clear message that the scheme must be more than just a talking shop, and that it needed to achieve measurable results.

Airport Crime Prevention Officer Pc. June Saunders said she hoped the majority of the 120 businesses based at the airport would

join the new scheme and become extra eyes and ears for the police. Membership is free.

"Like Neighbourhood Watch, it is based on mutual support and active co-operation both within the airport community itself and between the community and Essex Police," she said.

Fifteen co-ordinators are being appointed, to improve communication across the different industrial and commercial zones of the vast airport site.

Pc. Saunders stressed that Stansted currently has a low crime rate, but as it continues to develop into a major international airport there is no room for complacency.

All businesses can become actively involved by providing crime prevention training for staff, making their premises as secure as possible, property marking their own equipment, and recognising that crime prevention is their responsibility as well as that of the police.

The chairman of AWACS, businessman Dennis Cockram said, "It is important for the airport community to work together as a community. We see Airport Watch as a way to work hand in hand with Essex Police and help them to help us."



ACTRESS Julie Peasgood (left), who starred as a stewardess in Stansted Airport commercials, teams up with Crime Prevention Officer Pc. June Saunders to give a lift to the launch of Airport Watch. Picture by HQ photographic department.

D-DAY VETERAN REMEMBERS THE NORMANDY LANDINGS



NOW: Jack, aged 69, proudly displays his medals on the 50th anniversary of D-Day.

AS DAWN broke, the coastline of Normandy came into view. Our warships had already commenced their bombardment.

I was a 20-year-old Seaman Gunner aboard



L.C.T. (Landing Craft Tank) 1069. At approximately 7.30am, the first of the British infantry would be landing on 'Sword' beach. Shortly afterwards we would follow them and land the tanks.

As we approached the beach I could see the German shells and mortars exploding along the water-line.

We had to sail through **SGT. 309 FAULKNER sporting his Southend Borough police uniform.**

The day I nearly died

EX-SGT. Jack Faulkner joined the Southend Borough police in 1951 and completed nearly 28 years service with the force. Next month Mr. Faulkner, who lives in Southend, will celebrate his 70th birthday. Here he recalls his brush with death when, as a 20-year-old Seaman Gunner, he took part in the historic D-Day landings on June 6, 1944.

this hail of fire before we could land the tanks.

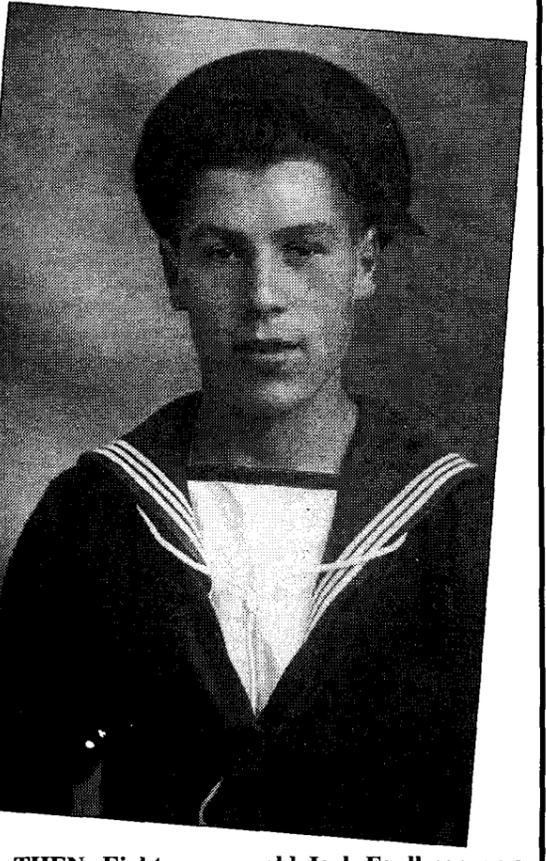
As we neared the beach I was aware of shells exploding all around us and of damaged and burning boats and dead bodies floating in the water.

My duty on board was to control the stern anchor brake drum to ensure that the anchor would stop our

craft from going broadside onto the beach.

As we touched the beach and lowered the bow door, I went to go into the wheelhouse to report to the bridge that the anchor was holding.

As I reached the door an RAF officer who was to go ashore as a beach liaison officer shouted to me, "Get



THEN: Eighteen-year-old Jack Faulkner, as a new recruit in the Royal Navy in 1942.

Down". I dropped to my knees.

From that day to this I cannot explain why I acted upon his shout. As I did so, I heard a roar and a crash.

Looking up I saw a hole in the wheelhouse door where my head and shoul-

ders would have been had I remained standing.

The shell passed through the door and through two bulk heads and out the other side of the boat without exploding.

June 6, 1944, was my lucky day.

Chorus Lines

MAY was a hectic month for the Essex Police Choir. Our first engagement was a concert at Essex Police's parish church, All Saints, Springfield, where we were delighted to welcome our president, the Chief Constable and Mrs Burrow as guests.

As this was Friday the 13th perhaps we were tempting providence but the ghost of a previous Chief Constable, Captain Unett, whose memorial adorned the south wall, did not appear.

The following day saw a trip further afield to Dersingham, Norfolk at the invitation of former Deputy Chief Constable, Ron Stone, to sing in St. Nicholas' Church.

Interloper

One member of the audience was sufficiently moved to compose a poem in our praise in which she made reference to "the young conductor". Choir members are still trying to identify this young interloper.

The next weekend saw two concerts nearer home. The first was at Little Waltham United Reformed Church and the second at Rivenhall parish church.

We included "The Lost Chord" in our programme but never succeeded in finding the "c" sharp missing from Rivenhall's piano.

Paris

Friday 27 May saw 48 members leave headquarters at 5am for a weekend in Paris. Bill Fancourt used his excellent French and knowledge of Paris to point out the sights as we drove to our hotel.

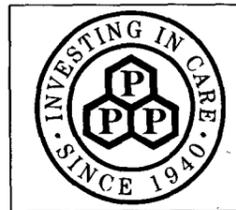
On Saturday we spent the morning in the town of St. Germain before driving to Croissey sur Seine for a rehearsal in a 13th century chapel with the local choir, before giving concerts at 5pm and 8.30pm. Our hosts offered us lavish hospitality at the home of one of the choristers between the concerts and a magnificent buffet after the second.

The final morning was spent in Paris before our return to Essex.

We crammed so much into our short stay and a thoroughly enjoyable time was had by all, marred only by a series of lost and found: Sue Peck lost her trousers, Roger Richardson lost his passport but found true love, Fred Dyson lost his voice but Molly Giggins didn't, but "C'est la vie".

Improved package on offer with Essex Police Private Medical Scheme

Special deal on health care



NEW members of the Essex Police Private Medical Scheme can take advantage of a special offer if they join up during the month of July.

The PPP (Private Patients Plan) scheme is offering new members immediate cover for existing medical conditions if they sign up next month. Under normal terms of membership, existing conditions such as hernias or back problems are not eligible for treatment for two years.

The Private Medical Scheme is open to both police and civilian staff, with special rates and benefits negotiated annually.

In addition, members' partners and dependent children up to the age of 21 can be included in the health insurance package, and retired officers and civilians may remain in the scheme.

A 47-year-old Essex officer explained how the Private Medical Scheme helped resolve his persistent back problem. "If I had waited for an operation on the NHS, it would have been low priority. In the private scheme, it was a top priority," he said.

"Straight away I was referred to the best possible consultant, and the operation was performed extremely quickly. Now there is no more pain, I am back to work and have resumed many activities I had had to give up, particularly sport."

Your PPP Health Plus

cover could cost as little as £13 per month if you choose to take out an excess, or you can choose a no excess policy.

More than 600 officers and support staff are already members of the Private Medical Scheme, and group secretary Sgt. Dave Jones, who negotiated this year's deal, stressed that all members would receive enhanced cover, including:

- *Full refund for surgeons' and other specialists' fees;
- *Full refund for private hospital charges within the chosen hospital band;
- *Full refund for complex operations in any hospital;
- *Full refund for daycare and outpatient treatment.

Previously some of these payments were limited to a ceiling figure.

Sgt. Jones said, "You can get cheaper deals outside if you shop around, but you have to look at what the package will give you."

Head of personnel, Chf. Supt. John Rhymes, stressed, "We have been able to negotiate an improved deal because we are a valued customer, and the more members we have the more valued we become."

"People may feel they can get a better deal elsewhere, but it invariably means the level of cover is less, and they are not comparing like

with like. I would urge them to talk to us before committing themselves elsewhere."

Prices vary according to age, number of dependants, chosen hospital band (this tends to reflect the cost and location of various private hospitals and quality of accommodation rather than the quality of medical treatment), and the level of excess chosen.

Examples of monthly costs for Hospital Band D (the lowest band) are shown in the table below. These costs can be reduced by agreeing to pay an excess of between £65 and £155 on your first claim in any year, qualifying for discounts from 15 to 32 per cent.

The same level of cover with PPP for an individual outside the Essex Police scheme would cost an additional £4.87 a month for the 20-year-old single subscriber, and £24.60 a month more for the 35-year-old subscriber with a 40-year-old partner and two dependent children.

For a chart showing the different membership costs, contact Trish Morley in the Federation office at HQ on ext. 2799. The Federation office also holds claims forms.

Alternatively, consider joining up at the Federation Open Meeting on Monday, June 20, when details and application forms will be available.

Sample monthly subscriptions to Private Medical Scheme

Band D No Excess			Monthly Subscriptions		
Subscriber Age	Spouse Age	No of Children	Subscriber	Spouse	Children
(a) 20	-	-	£14.60	-	-
(b) 35	40	2	£27.10	£29.30	£17.40
(c)*50	40	-	£33.60	£29.30	-

Note

* Net of Tax Rates when subscriber (c) reaches 60:-
£31.05 £25.20

Seafront gets new image



Divisional Commander Chief Supt. Mick Benning with Southend Councillor Charles Latham (right) and supporters of the campaign.

POLICE at Southend-On-Sea have teamed up with traders, Thamesway Transport and the Borough Council to stem crime and anti-social behaviour along the famous seafront.

The scheme known as the 'Family Friendly Initiative' seeks to erase the tainted image that the seafront has suffered in the past. Organisers hope their efforts will encourage more families into the area which in turn will keep away trouble-makers, meaning less disorder and a better environment.

Under-age pub drinkers have already been targeted by the campaign as have youngsters who are found in possession of drink. Details of the teenagers are taken and letters are sent to their parents, enquiries are also made as to who sold the drink to them.

Inspector Bert Wallace from Southend Police said: "Further initiatives are planned throughout the summer, the scheme is expected to gain momentum and support and we help it will promote the seafront as a pleasant area for visitors to the town."

Praise for sea and air rescue

THE COASTGUARD has thanked Essex Police marine and air support units for their help in rescuing stranded sailors after a sudden squall of storm force winds put lives at risk in the Blackwater estuary over Easter.

The Alert III twice assisted a stranded yacht, as well as helping many capsized sailors, including several youngsters.

The police helicopter helped search for those reported "missing".

Coastguard officer Mr. R. Townshend praised the excellent cooperation received from the Essex Police units.

All clued up

TWO ESSEX POLICE fingerprint officers have been awarded a diploma and expert status after successfully completing a tough three week course in Durham.

Stephen Bowles and Julia Mills have both worked at Essex Police for six years. Their new qualification now means they will be able to prepare and give vital fingerprint evidence in court.

Both officers were put "through hell" as Julia described it with the students being put through hours of continual questioning and testing. A mock court was also set up where the two were quizzed on law relating to fingerprints and the Police and Criminal Evidence Act.

Julia said the knowledge gained from the course added a new dimension to the job and made it more worthwhile.



OFFICERS from Hatfield Heath toast the end of an era.

Sad day for a section of the community

AFTER 26 years the Hatfield Heath Section is no more. And last month the sergeant, four constables, and one special toasted the end of an era.

Hatfield Heath became a section in 1968 and most saddened by the change is Dave Smith, sergeant there for 14 years.

Having helped reduce crime in the area by a third Sgt Smith is now concerned that the public may suffer from the move.

As part of the restructuring programme the area was split in two with the parishes of Sheering and

Matching staying with the Harlow division while the remaining four parishes became part of Braintree.

But Chief Inspector Steve Nessling of Braintree said: "The reorganisation of Braintree has taken into account the additional responsibilities of the four parishes of Hatfield Heath.

"There will still be two officers carrying out section duties with additional officers on a response basis so there is absolutely no need for the policing in the area to suffer."

Of the officers who worked at Hatfield Heath constables Mick Charles and Brad Healey remain

while John Lace and Alistair Cuthbertson transfer into Braintree and Sgt Smith awaits relocation.

Station Inspector at Harlow, Tony Hall said: "One of the saddest parts about the changes is that the team has been so successful. They have worked exceptionally hard and were probably the most effective section in the force with a quality community relationship second to none."

Meanwhile Special Constable Ken Hadley, who worked at Hatfield Heath for several years has sold off all his possessions to tour the world in a mobile home with his wife.

Flight of terror

A CHRISTMAS surprise turned into a mid-air nightmare for firearms clerk Jackie Elliott and her parents John and Hilary.

As a yuletide gift Hilary decided to treat her husband to a half-hour flying lesson at Southend Flying Club last month, with mother and daughter along for the ride.

But no sooner had their Cherokee reached 700ft with John "at the wheel" when the engines cut out and the plane began to fall slowly but surely to earth.

A mayday went out but the flying instructor managed to land the plane safely in a crop field in Stambidge without any damage or injuries.

Panicking

Jackie (26), who works at Headquarters, said afterwards: "I was more worried about my mum than myself. She was panicking and said she couldn't breathe. It was only when I thought about it afterwards, about what could have happened, that it really sunk in.

"I can't remember it all that clearly. All I remember is seeing the fields get closer and closer. But it all seemed quite slow, we didn't plummet out of the sky."

As compensation for the misadventure, Southend Flying Club have given Mr Elliott an hour's free flying and Jackie said: "My mum's definitely going back up. I haven't made up my mind yet, I know I probably should otherwise I might never go again."

On the buses

THAMESWAY bus company has put its weight behind Neighbourhood Watch by providing a free bus pass to the co-ordinator of the Castle Point scheme.

Mrs Maria Awang will use the pass when visiting Benfleet police station, where the scheme is based, and for all her co-ordinator duties.

Sold Secure scheme set to go nationwide

Car crime PACT drives ahead

by Jenny Grinter

A CAR crime initiative which started in Essex is set to achieve nationwide coverage by next year.

The "Sold Secure Partnership Against Car Theft" scheme now operates in 19 police force areas across England, Wales and Northern Ireland, and other forces - including the Metropolitan Police and the Garda in Ireland - are planning to launch the initiative.

The origins of the award-winning scheme go back to the Home Office's Car Crime Prevention Year two years ago, when Essex officer Sgt. Ken Dodd devised "Sold Secure".

A year ago it merged with Northumbria Police's PACT scheme. This month a new logo is introduced, as the scheme goes from strength to strength. Its main aim is to reduce the opportunity for car crime, by heightening drivers' awareness and involving the motor trade in

the fight against autocrime.

Several insurance companies now offer discounts to drivers with "Sold Secure" cars, and nearly 600 businesses around the country have joined the scheme, including new and used car dealers, and retailers of car security products. There are 40 members of the Essex scheme.

Security

At these Autocrime Prevention Centres, all new and used vehicles sold will be supplied with an agreed minimum security package. Customers will always be offered security products from a registered list, which have passed a stringent test including withstanding attack for five minutes.

Only some 20 per cent of car security systems sent for testing have made it on to

Youth band for beginners

FOLLOWING the success of the Essex Police Youth Band, it is now hoped to set up a beginners group. If you know someone between the ages of 9 and 13 who would like to learn how to play a brass instrument, Pc. Paul Holford would like to hear from them on (0245) 490296 or ednet 3651. Instruments can be provided, but they must be able to read music. Rehearsals are Wednesdays 6.15pm to 7pm at HQ.

Disorder of the day



ABOVE: Essex Police specials play the part of demonstrators in a public order training exercise watched by Sri Lankan visitor Ignatius Canagaretnam and Deputy Chief Constable Jim Dickinson (below).



WHEN the Sri Lankan Police Force decided to improve its public order techniques, Essex Police were put forward by The British Commonwealth Office as the ideal tutors.

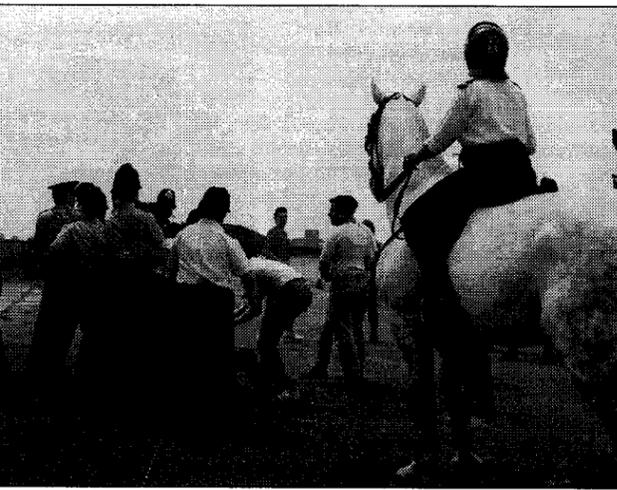
And this week Ignatius Canagaretnam, from Colombo, visited a training exercise at Wethersfield.

He explained: "We have a public order problem in our country and we are keen to see the latest techniques."

"Our resources are limited and we are interested in the system used over here whereby each county has its own public order resources which are pooled together in the event of a national incident."

After watching a simulated animal rights activists demonstration, Mr Canagaretnam sat in on long truncheon training.

● Special Constable Neil Hopkins from Colchester was taken to Broomfield Hospital with leg injuries after being trampled by a police horse during the Wethersfield exercise.



HORSES on standby to break up trouble.

Purple book is made redundant

POLICE support staff are tickled pink that the unpopular "Purple Book", which spells out conditions of service for civilians, is to be made redundant.

It represents success in the long battle by union representatives to achieve separate negotiation rights for police support staff.

Conditions

Until now, police support staff have been tied to Town Halls when negotiating pay and conditions. But a new national body, the Police Support Staff Council, has now been set up.

Secretary of the Essex Police branch of the public service union Unison, Mr. Jim Hibbert, explained, "When we come to negotiate pay for next April, we will

be negotiating only for police staff."

But the Police Support Staff Council's immediate task is to rewrite the "Purple Book", to provide conditions of service specific to police employees.

Mr. Hibbert said, "That has got to be a great step forward. It is a chance for all the aggravations to come up for discussion, such as Bank Holiday pay and unsocial hours. We hope the negotiations will be to the benefit of all civilian staff." A national procedure for grading appeals will also be agreed.

A communications officer from Manchester and a traffic warden from Devon and Cornwall will be negotiating on behalf of Unison, and Mr. Hibbert stressed, "They know the arguments for police

civilians."

A statement of intent and constitution for the Police Support Staff Council have already been drawn up by the Association of Chief Police Officers, Association of County Councils, Association of Metropolitan Authorities and Unison.

Strike

While Unison would not accept a no-strike clause, the constitution states that "National disputes will be resolved wherever possible by negotiation, conciliation or arbitration."

Anyone who would like a copy of the Statement of Intent, or further information about Unison, should contact Mr. Hibbert in the Information Room at Police HQ on ext. 2222 or their divisional liaison officer.

**SOLD
SECURE**



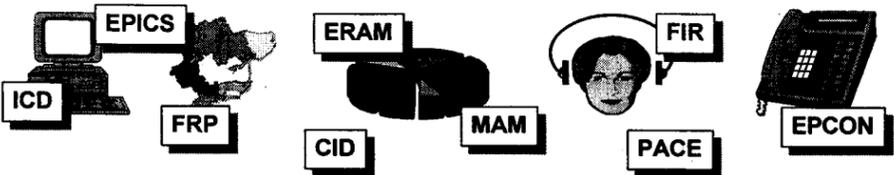
**PARTNERSHIP
AGAINST
CAR THEFT**

the list of around 40 registered immobilisers, alarms and locks.

A trust has been set up nationally to administer the scheme, with local panels covering each force area. Businesses pay an annual membership of £100, to cover administrative and promotion costs.

Sgt. Dodd, who is secretary of the Essex panel, urged all Essex officers to recommend "Sold Secure Partnership Against Car Theft" during their dealings with the victims of car crime and with the motor trade.

Every police station in the county should have posters promoting the scheme and a list of Essex members. For further information, contact Sgt. Dodd on HQ extension 2736.



THESE ARE ALL PROJECTS BEING PROGRESSED BY ESSEX POLICE. DO YOU KNOW WHAT THEIR OBJECTIVES AND PROGRESS ARE?

DO YOU WANT TO KNOW? DO YOU NEED TO KNOW?

The Policy Group Projects Sub-Group, in order to strike the correct balance between the need to inform and the need to reduce the unnecessary proliferation of paper, is assessing the need and appropriate level and method of circulating information about projects. (Lists of projects, initiation of new ones, progress and decisions effecting existing ones).

NO COMMENT, NO PAPER

Whatever your role (except PG members), please make sure that your requirement is known to the Project Co-ordination Unit (ext. 2533 or 2133) so that it may be considered. If you fail to respond it is likely to be assumed that you, your station or your department need not be included in any circulation list.

IPA NEWS

WE need your help to make record takings at the force fun day starting with just a display of helmets and uniforms from around the world, our stand has progressed to become a busy tea shop selling tea and cakes.

This year the chosen charity is the children's hospice so we think we should make an extra effort!

Your help is needed by providing some fairy cakes and/or helping at the tea shop. The cakes should be small hun size and we need a variety of at least 2,000 of them.

Help is needed before and on the day by the loan of garden furniture, setting up, tea making, fetching water and serving. This year we hope that some of the serving staff will be dressed in foreign Police uniforms so if you can give an hour or two of

your time we will be grateful.

We will be there on site Saturday afternoon and evening on the 9th July, so if you can come to meet us bring your own beer!!

Dick and Molly Giggings on Chelmsford (0245) 251082 and Gordan and Joan Oakley on Wickford (0268) 734692 are waiting for your offers of help.

By the time you read this we may have made a fortune at our day at Ascot, on the other hand we may blame the jockeys.

The annual bowls competition organised by Derek and Hazel Gibbons was again a successful event, particularly for K division Met whose father and son team won again. Runners-up were Mr and Mrs Ray Skillen of North East Essex.

Our next big event is booked and ready. We have a barbecue at Brentwood bar on 16th July - a family event with children welcome. Cost £3 adult £1 children up to 15 years. Please tell Steve Hunt - Grays division, Helen Fox - Wickford or Gordan Oakley on 0268 734692 if you are coming.

Obituaries

THE Force extends its sympathies to the families of the following officers and support staff:

C/Insp John Brown, Southend, who died 21.5.94.

Ex-Pc Ronald Frost, Southend, who died 14.5.94.

Ex-Pc Walter Watkins, Pitsea, who died 20.5.94.

Ex-Dc Nigel Grainger, Special Branch, who died on 15.4.94.

Ex traffic warden Bill Pratt, Colchester, who died 30.3.94.

Transfers

THE following officers are transferring forces:

Pc Stephen Yates, from Basildon to Cleveland (7.6.94).

Pc David Palmer, from Stansted Airport to Metropolitan Police.

Pc Robert Taylor, from Laindon Traffic to City of London.

Malcolm gets on his bike

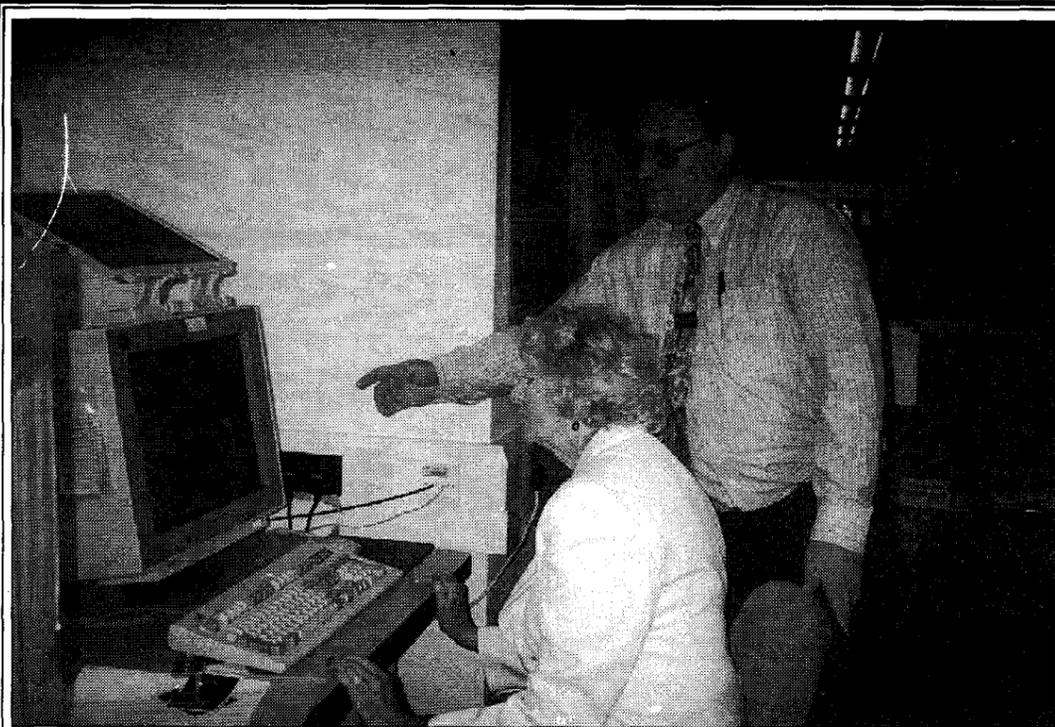
LONG-SERVING Detective Superintendent Malcolm Hargreaves stepped down from his 32-year police career on a high note - receiving his 14th commendation on the day he retired.

Mr. Hargreaves and his team of detectives received their commendations from the Chief Constable last month for the successful investigation of the murder of Barry Bradford in Brentwood. They had earlier been commended by the Judge at Chelmsford Crown Court, where Lawrence Mullins was convicted and jailed for the brutal attack.

Mr. Hargreaves also led, and was commended for, the investigation into the kidnapping of a Tesco store manager and his family in Colchester in 1991. He took on this high-profile case just months after his return to CID following several years in non-operational HQ departments.

The evil kidnap gang were captured after the case - and Mr. Hargreaves - featured on the BBC's Crimewatch programme.

Mr. Hargreaves, 50, served as a cadet for a year before joining Essex Police in 1963. His first CID posting came three years later, at Brentwood. He served on the drugs



● Wayne Campbell-Harvey from the fingerprint bureau demonstrates the Automated Fingerprint recognition system to High Sheriff Mrs Evelyn Ward Thomas.

Thrilling tour of HQ

THRILLER writer Mrs Evelyn Ward Thomas visited Police Headquarters last week in her new capacity as the first female High Sheriff of Essex.

During a six hour tour she was given a presentation of Service Delivery Standards while visits included the Information Room, fingerprint bureau and firing range.

and fraud squads at police headquarters, before being seconded, on promotion to Inspector, to the Regional Crime Squad in Harlow, and later Hatfield.

After promotion to Chief Inspector, his service included a year as Deputy sub-divisional commander at Chelmsford.

A keen cyclist, Mr. Hargreaves' post-retirement plans include starting up a bicycle repair business.

Retirements

D/Supt Brian Hindley, Crime Support, HQ, 31 yrs (30.6.94).

Insp Jeffrey Crowther, Colchester, 26 yrs (30.6.94).

Dc Peter Saunders, RCS Brentwood, 17 yrs (21.8.94).

Pc Debbie Hart, Brentwood, 5 yrs (10.7.94).

Pc Michael Hewitt, Colchester, 32 yrs (28.7.94).

TCP provides a tonic

IF YOU want to add a sparkle to a social event or function, then take TCP. That's the message from three Essex Pc.s who can provide a rousing performance of "words, wit and music" for any occasion.

TCP, better known as Pc.s Taylor, Card and Pheby, are looking for bookings, in return for a donation to police charities.

The musical threesome were "discovered" back in 1989, when the organisers of Great Yeldham and District Primary Schools Music Festival needed three guest artists to fit in with their Law and Order theme.

Since then they have been invited back to the schools' festival every year.

Duties permitting, TCP would be happy to perform their light-hearted repertoire at any function. For further information contact Pc. Taylor on (0787) 277317.

On the wildlife beat



BEAT officers from Epping and Ongar have joined forces with the Keepers of Epping Forest in a bid to protect the forest and its wildlife.

By forging closer links, the keepers and police will be able to build up a better picture of any problems such as nuisances, thefts, poaching and fly tipping.

The aim is to combat behaviour which threatens the wellbeing of the Forest and its visitors.

Officers and keepers are pictured above during a recent police visit to the Forest Headquarters which included a forest tour.

MARKET PLACE . . . MARKET PLACE . . .

ACTIVATOR Mountain bike as new, front and rear lights, guarantee. Paid £300 will sell for £150. Contact Pc Drage on 0268 684322.

BLUE Honda moped 49cc, D reg, 1986, £100 ono. Contact Trudie on

0245 491212 ext 3607.

CITREON AXGT Sportif, F reg, 1.4, full service history, electric windows, central locking, alloys, radio cassette, remote alarm, door locks, economical, £2,600 ono. Contact Dc Brooks on 0268 532212

ext 2971.

CITIZENS band radio equipment wanted. Sufficient to set up one mobile and one base station. Contact Ds Roy Waghorne on 0268 532212 ext 2972.

CLOTHES, books, bric-a-brac for charity shop and anything of auctionable value? Contact Rod Clare at HQ on 2527.

FOR SALE. Two bedroom ground floor maisonette, Pritwell. Full double glazing, gas central heating, fitted kitchen, front and rear gardens, garage, £42,995. Contact 0702 348353.

FOR SALE. Boys mountain bike, 24 inch wheel, very good condition, Dawes make, £99 ono. Contact DI Currell on 0245 491491 ext 2784.

beautiful terraced cottage, two bedrooms, lounge and diner, fitted kitchen, bathroom, gas central heating, garage plus two parking spaces, front and back garden, £58,500. Contact Sue Barley on 0376 551312 ext 3927.

HOLIDAY farmhouse in the South of France, sleeps four plus, available August due to cancellation, £150 per week. Contact Jill Lambert on 0255 815616.

HONDA CR80 scrambler motorcycle. Excellent condition, new engine, hardly used, complete with safety helmet boots goggles, £700 ono. Contact Pc Astbury on 0268 566755.

ICE skates, ladies, size 5, white and gents size 9, black, good condition, £20 each pair.

Contact Insp Gordon Nisbet on 0268 532212 ext 3116.

TASMAN blue Sierra Sapphire GLSi, 1990 G, very good condition, alarm, rear spoiler, £5,600 ovno. Contact Wpc Byrne at Brentwood or 0245 450986.

TO RENT, large two bedroom flat, partly furnished, ensuite bathroom, off street parking, Westcliff, £80 per week. Contact Judith Robertson on 0245 491212 ext 3558 or 0245 260423.

BLOCK LETTERS PLEASE - ONE WORD PER BOX

Name and Rank
Station Home Tel
Date Signed

GREAT Baddow,

Charity concert

Choirwood are staging a spectacular new concert at the Cliff's Pavilion, Southend, on Wednesday, July 27, in aid of the Little Haven Hospice Appeal.

The choir have been busy since the very enjoyable and successful concert with the Essex Police Band at the Brentwood Centre.

January saw them appearing in the West End production of Joseph and the

Amazing Technicolour Dreamcoat and at Easter they made their television debut on BBC's Pebble Mill.

On July 27, Choirwood will perform a blend of rock and pop songs from the 60s to current chart hits.

Also featured are Junior Choirwood. Compered by Peter Holmes of Essex FM, the show starts at 8pm. Tickets from the Pavilion Box Office - £5.

British selections

FIVE Essex officers have been selected to represent the British Police. Pc Michelle Picot, Chelmsford, has been selected to swim against the German police in Dortmund and Pc.s Trevor Deer, Grays, and Jason Stephen, Basildon, have been selected for the British basketball squad in the European Police Club championships to be held in Belgium.

Pc. Daniel Stotten, South Ockendon (boxing) and Pc. Deborah Grainger, Pitsea (hockey) were also due to represent the British Police this month.

The great indoors

NORFOLK hosted the National PAA Indoor Games Championships this year with officers from Essex Police competing in six events.

The table tennis proved the highest standard seen at national level.

In the men's doubles Peter Layzell and Chris Jacob did well to beat a highly rated Norfolk duo but were beaten by the No2 seeds from the Mets.

In the men's singles Chris Jacob was unlucky to find the No2 seed Jeff Craighill in his group and lost.

In the veterans Chris was drawn against Dick Mussett from Norfolk in the second round and, despite having beaten Dick and his partner earlier in the doubles, lost a tight three set match 22-20.

The darts saw Julian Chadband falling in the men's singles groups but

not before he got to the semi-finals along with Mo Chaplin. They lost to Cleveland.

In the ladies singles Mo dominated the competition to reach the final when her heavy scoring deserted her and she was beaten by Karen Kearns from Manchester.

Mo then paired up with Sue Jenkins in the ladies doubles to reach the final when they beat the Manchester pair to regain the trophy and Mo made it four years in a row to win a National title and maintain the splendid record of Essex Police.

Sorry! Wrong number

DETAILS of discounts of up to 12.5 per cent on flights and holidays through membership of Club Excel Discount Travel Club were given in last month's Law.

Unfortunately the telephone number was printed wrong. The correct number is 081 958 3919, or fax 081 958 3931.

Ipswich Town tickets up for grabs

THE Force Sports Association have kept their six season tickets for all the Premier League football matches at Ipswich Town Football Club for the 1994-95 season.

These seats are situated near the centre of the pitch and are among the best in the stadium.

This year one pair of these seats will be an adult and juvenile pair (under 16), as last year many members took a juvenile with them.

A draw will be made at the beginning of the season to allocate members two tickets each and the list will be published to all who are interested.

A supplementary charge of £12 per pair of tickets will be made, which will include free car parking.

Any person interested in being included in the draw must submit their names in writing to the force Sports Secretary before July 23. Please indicate on this whether you wish to be included in the adult/juvenile list.

Win a weekend break

Sue shines on the Moors

THE Blue Knights Rally Season is now in full swing with members of our Chapter demonstrating to our French colleagues how to ride and socialise at Mont St Michel at the beginning of April.

This was closely followed by a tremendous weekend in Co. Durham, when we were entertained by our Geordie Cousins.

Despite the weather we were offered a choice of two rides, 150 miles of spectacular scenery across the North Yorkshire Moors or a 200 mile 'scratch' up to Scotland and back - not for the faint-hearted.

To the delight of our members and to the surprise of our hosts our 'secret weapon' namely Sue Kelly showed a clean pair of heels with some spectacular riding, earning her admiration from some very seasoned and experience campaigners.

Plans are well underway for our sortie to Switzerland on June 16 while Redmire Revisited on July 6 is almost fully booked.

For further information or Rally Booking forms contact Dave Knight on 75691 or Dick Greaves on 72222.

Swim success

Sgt Paul Eveleigh, based at Canvey, has formed a new swimming club - Kingfisher - based at the Waterside Farm Pool.

As well as early morning coaching sessions (5.45am - 7.15am), the club competes, having already gained medals in the Essex Masters Swimming Championships.

Among Paul's pupils is county councillor Tony Wright.

WIN a weekend break for two at the luxurious Selsdon Park country house hotel in Surrey in our special competition for Law readers.

Ideally located in 200 acres of landscaped gardens and wooded parkland at Sanderstead, Selsdon Park offers an 18-hole championship golf course, four tennis courts and a 1.25 mile jogging track. Other outdoor pursuits include boules, croquet and putting.

As weekend guests, you will be given membership of the leisure club for the duration of your stay. Here you can enjoy the 40-metre circuit swimming pool, work off a few pounds in the well-equipped gym, indulge yourself in the sauna and solarium, or try some of the beauty treatments that are available.

Award-winning

On Saturday night, a table will be reserved for you and your guest in the restaurant for the popular dinner dance where you can enjoy a meal prepared by the award-winning chefs and dance the night away to music from the resident band.

To win your two-night weekend break at Selsdon Park, just unscramble these six anagrams taken from the description above:

1. lebou
2. psnadlcade
3. krogc tanjgig
4. moslriau
5. dwodoe kplaandr
6. tintgup

Send your entries on a postcard, remembering to include your name, address and daytime phone number, to Selsdon Park competition, The Law, Press Office, Police HQ, PO Box 2, Springfield, Chelmsford, CM2 6DA. Closing date for entries is Monday, July 4.

SPECIAL WEEKEND OFFER FOR LAW READERS

IF you are not the lucky winner of our competition, Selsdon Park Hotel is offering special weekend rates to readers of The Law.

GOLF WEEKENDS: For £60 per person per night, available from Friday evening to Sunday morning (minimum two night stay). Included in the price is bed, breakfast and dinner, including the Saturday night dinner dance, one round of golf on Saturday and Sunday with extra rounds at a reduced residents' rate. Also full use of the hotel's leisure facilities.

STAY-AWAYS: for just £55 per person, per night, available Friday through Sunday nights (minimum two nights). Includes bed, breakfast and dinner - dinner dance on Saturday - and full use of leisure facilities.

For further information and reservations, call 081-657-8811 and quote The Law reader offer.



A DELIGHTFUL setting for Selsdon Park Hotel in Surrey.

Force Sports Association

Force lottery

THE result of the May lottery is as follows: £1500 Mrs Lynda Barkway, Headquarters; £1000 Sgt John Bowman, Headquarters; £500 Nichole Mathews, Harlow; £300 Pc Robert Lynch, Pitsea; £200 Moira Green, Colchester; £100 Ds Paul Mullaly, Brentwood.

The following will receive £50 consolation prizes: Pc Phillip Pasfield - Colchester Dog Section, Sgt Anthony Rayner - Harlow, Dc Alan Brieley - Colchester, C/Insp Duncan Bright - Headquarters, Sheila Parker - Colchester, Pc Barry Davison - Witham, Pc David Whitehead - Stanway Traffic, Brenda Newman - Grays, Sgt David Ashbolt - Basildon, Beverly Johnson - Headquarters, Pc Richard Williams - Stansted, Pc Julian Chadband - Westcliff.

THE result of the June lottery is as follows: £1500 Supt Robert Ward, Chelmsford; £1000 Pc Joseph Middleton, Canvey; £500 Ds Godfrey O'Toole Headquarters; £300 Pc Ian Lander, Chelmsford Traffic; £200 Pc Brian Arnell Southend; £100 DI Steven Bright Headquarters.

The following will receive £50 consolation prizes: Dc Nicholas Treadway - Headquarters, Pc David Vigors - Clacton, Frederick Elvy - Colchester, Sgt Paul Hand - Headquarters, Pc Paul Schwartz - Westcliff, Pc Gordon Bennett - Headquarters, Pc Philip Watson - Colchester CSB, Pc Elliot Zaggar - Grays, C/ Supt Michael Benning -

Southend, Lynda Hart - Headquarters, Pc Paul Holford - Boreham, Pc Vincent Atkinson - Stanway Traffic.

Life savers

THE elimination competition for the ACPO National Life Saving Championships was held on April 23 at the Peel Centre, Hendon.

A team representing Essex won through to qualify for the National Finals to be held in Tipperary, Eire on Sunday and Monday. T

his team consisted of the following officers: WPC Lynnette Smith, Braintree; WPC Patricia O'Toole, Harwich; WPC Sarah Wadforth, Harlow; WPC Melanie Koya, Southend; WPC Helen Kosky, Colchester.

PAA squash

THE P.A.A. National Squash Championships were held in Edinburgh, Scotland on March 26 and 27, with Pc Jason Foster, of Stansted Village winning the men's singles title.

DC John Stewart, Stansted Airport, and Pc John Anderson, Harlow Traffic, have both been selected to represent the P.A.A. at Bowls against the Midland Counties Bowls Association on Thursday, Nuneaton, Warwickshire.

PAA Bowls

DCI Walter Whitehill, Grays, has been selected to represent the P.A.A. at Bowls against the British Fire Service on

Wednesday, August 10, at Sandwich, Kent.

PAA Athletics

PC Damon Bainbridge, Southend, Pc Susan Harries, Westcliff, Pc Samantha Barr, Pitsea and Pc Tanya Payton, South Ockendon were all selected to represent the P.A.A. at an athletics meeting held at Loughborough on Wednesday, May May.

Croker Cup

BILLIARDS: Southend obtained a walkover against Headquarters. No Croker Cup points to Headquarters.

The following Croker Cup matches should have been played by June 1. As the results have not yet been given to the Force Sports Secretary, it will be assumed that they have not been played and the matches will be awarded to the away Divisions.

Billiards: Rayleigh w/o Basildon. No Croker Cup points to Basildon.

Bowls: Headquarters w/o Thurrock. No Croker Cup points to Thurrock.

Cricket: Rayleigh w/o Southend. No Croker Cup points to Southend.

Squash: Thurrock w/o Chelmsford. No Croker Cup points to Chelmsford.

Squash: Harlow w/o Southend. No Croker Cup points to Southend.

Table Tennis: Tendring w/o Harlow. No Croker Cup points to Harlow.

Table Tennis: Southend w/o Headquarters. No Croker Cup points to Headquarters.

Snooker: Chelmsford beat Harlow.

Cricket: Harlow beat Tendring.

Football: Braintree beat Headquarters.

Bowls: Colchester beat Chelmsford. 1 Croker Cup point to Chelmsford.

Darts: Southend beat Braintree. 1 Croker Cup point to Braintree.

Snooker: Southend beat Rayleigh. 1 Croker Cup point to Rayleigh

Fishing comp

PC Robert Hunter, Chelmsford Traffic, was selected to represent the English Police at the European Police Freshwater Angling Championships held at Kortrijk, Belgium last week.

Pc Alan Diver, Halstead, and Dc Philip Brochen, Shoebury, were selected to represent the No 5 Region at these championships.

Discount CD's

THE Essex Police Sports Association can now obtain for members CD's or cassette tapes at substantially discounted prices.

Any CD's or cassettes can be obtained including all the latest releases. Anyone who requires any further information please contact the Force Sports Secretary on Ednet 2718.

Three in a row

Southend squad clinch the cup once again

HE came, he saw, and again he conquered complete with increasingly wonky legs. I am, of course, referring to Mick Benning and his team from Southend squad as they brushed away the challenge from the rest of the County to take the Charrington Athletics Cup for the third year in a row.

Only Braintree, masterminded by Bob Miller, Chelmsford and Basildon mustered any real challenge.

It must have been particularly satisfying for Mick and his right hand man Barry Ansell to win the trophy in the year when the whole event was dedicated to the memory of the sadly missed Maurice Brazier.

To this end every one of the 103 competitors who made the pilgrimage to Thurrock Stadium to take part, must be wholeheartedly thanked.

Although Southend won the trophy, force sport was the true winner, on an emotional day for all of us who knew and loved Maurice the athlete, the practical joker, the certified nutcase, of whom memories we all have many.

There were many fine performances throughout the afternoon. There was Vic Murphy's achievement by winning the Veterans 200 metre event, to become the first recipient of the Maurice Brazier Cup. His "ding dong" battles with Mick Hicks, was certainly one of the highlights of the afternoon.

Veteran participation is so important to police sport, as was proved by Barry Ansell and Moira Ainsley in the longer distance events. Samantha Barr proved her pedigree once again, by winning the ladies 100, 200 and 400 metre events, closely pursued by her old adversary Sue Harries, who also proved to be a winner in the ladies Long Jump.

Mick Bond won the 5000 metres and finished second to Mick Kliskey in the gruelling 3k Steeple Chase. This was Mick Kliskey's third successful defence of the John Hedgethorpe Shield.

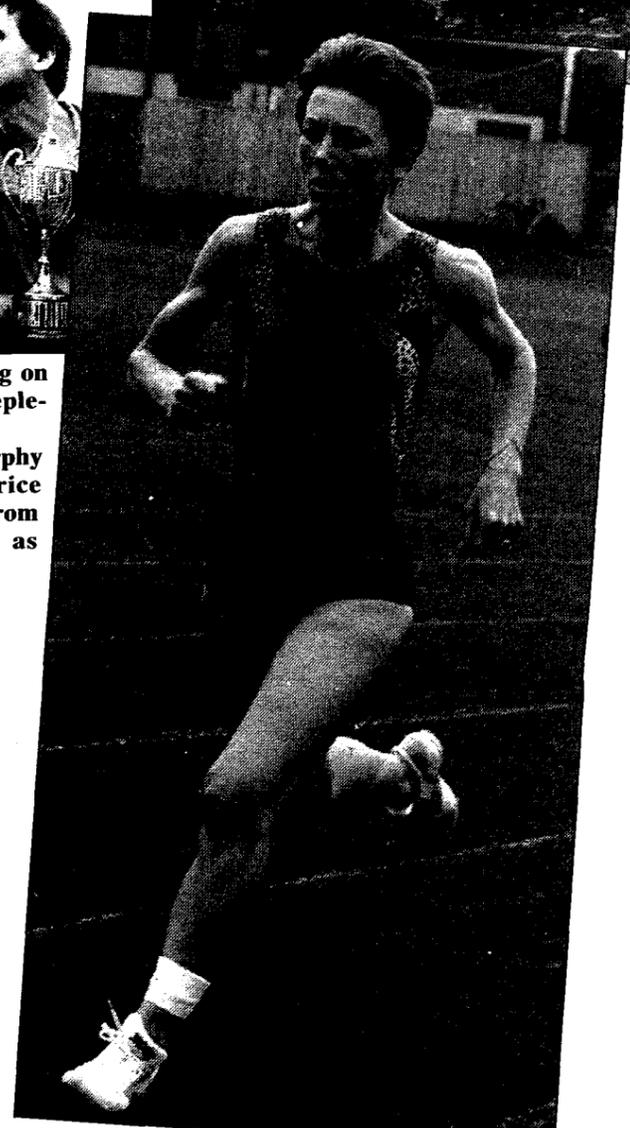
Sue Schwartz (formerly Payton) competed in her own pentathlon, with fine perfor-



Athletics secretary Laurie rampling presents a medallion and tankard to Alan Lerwill at Felsted School (full report below right). Photo courtesy of Les Brand.



FAR TOP: Battling on in the 3000m steeplechase. **ABOVE:** Vic Murphy accepts the Maurice Brazier Trophy from Diane Brazier as 200m vets winner.



"Supreme athlete" Moira Ainsley gained 26 points for her division of Colchester.

Final points:			
Southend	191 points	Colchester	51 points
Braintree	97 points	Tendring	40 points
Chelmsford	92 points	Headquarters	33 points
Basildon	72 points	Rayleigh	18 points
		Thurrock	11 points

mances in the ladies 200, 400, 800 and 1500 metres and also found time for the Long Jump.

She was twice beaten into second place in the 800 and 1500 events by the supreme athlete of the afternoon, Colchester's Moira Ainsley. Moira not only won the 800 and 1500 metres, she finished second in the 5000 metres veterans race, and gained useful points for her Division, in the ladies Javelin and Long Jump. For her superb overall performance in attaining 26 points during the competition, she was awarded with the new

Victor Luderum award.

A fitting award to a truly dedicated athlete, and that coming on top of an intense and gruelling cross-country and Road Racing season.

Finally, thank you once again to all of you who turned up to compete, to John Hedgethorpe, Pam Dawson, Joe Alexander and my wife Marian. To all the County Officials who gave their services for free, and everyone at Thurrock Harriers for having us, and helping to make the day a success.

Veteran victory

VETERAN footballers concluded their third season with a third victory, perhaps their finest.

Having previously lost 2-0 to Herongate Vets

earlier in the year - a team that won a vet's league without a single defeat - the police gave an outstanding performance to win 3-0.

Micky Allen, as sweeper, was particularly effective in what was a determined team effort.

The match also marked

the last game for Essex Police of Martin Thomerson who captained the side.

Following the game, the veteran team "player of the season" award was presented to Steve bright, a selection that received the approval of all the team.

The team (pictured) once again retained the May memorial trophy by defeating Old Chelmsfordian vets 2-0.

Doug Adams, team manager supported by John Rhymes, have provided the managerial skills to keep the team in order throughout the season and the 'lads' are now looking forward to season number four.



Small but admirable

The first triangular athletics meeting between Felsted School, the Achilles Club of Cambridge, and Essex Police, took place at Felsted School last month.

The turn out from Essex was a little disappointing given the hard work put in by Bob Miller Alan, Lerwill and Laurie Rampling, but "all's well that ends well" proved to be very fitting.

The small Essex squad of Moira Ainsley, Mick Bond, Simon Halford, Martin

Gormley and Neil Phimister acquitted themselves admirably and contested all but one event.

We even managed a one/two in the 1500 metres with Martin Gormley (4.36.76) edging out Mick Bond

(4.38.88). Simon Halford finished third in the long jump, with a jump of 5 metres 60, and Moira Ainsley battled gamely in all the long distance event to gain useful early season training.

The final totals were:

Achilles Club - 121 points, Felsted School - 100 points and Essex Police - 37 points.

It is hoped to stage this event annually, but that can only be achieved with more input and dedication from the Essex athletes.

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